**Outline**

**Mind and Body Health**
- Dyslexia, Dysgraphia and Dyscalculia
- Common causes, similar approaches
- The Pyramid of Potential - brain development
- Nutritional needs for healthy brain function
- Role of exercise
- Stress: Physical and emotional and the toll on cognition

**Brain Development and the Primitive Survival Reflexes**
- Testing and remediating the reflexes
- Moro and Dyscalculia
- Palmer Reflex and Dysgraphia
- Tonic Labyrinthine Reflex and Dyscalculia
- Spinul Galant, Dyslexia and Sensory Integration
- Asymmetrical Toneic Neck Reflex
- Symmetrical Toneic Neck Reflex vision and coordination

**Sensory Motor Development**
- Large and small motor development
- Sensory Integration Therapy

**Auditory Processing Disorder**
- Diagnosis
- Listening therapy: - AIT
- Tomatis
- Therapeutic listening
- Samanasi
- The Listening Program
- Interactive Listening Systems:
  - Direct Instruction:
  - Fast Forward
- Earebics
- Hear Builder
- Listening Devices:
  - Phonics Phone
- Tosballo
- Ahiphaphone

**Vision Development**
- A simple screening
- Tracking
- Convergence
- Balan Syndrome - Colored overlays
- Simple eye exercises vs. accommodations vs. vision therapy

**Cognitive Development**
- Skills: Memory, processing speed, visual processing, logic and auditory pre-reading skills, attention and more
- Hands-on activities
- Programs available: PACE, Audiblox, Brain Spark!, BrainSkills, BrainWare Safari
- Create your own program
- Create a sample plan of intervention for LD students

**Objectives**

1. Identify the common causes of Dyslexia, Dyscalculia and Dysgraphia.
2. Explain why an integrated approach works better than a single approach for improving reading, math, and writing delays. Explain how many professions, such as education, occupational therapy, physical therapy, nutrition, psychology, and others, can work together to improve schooling for at least 20% of a school population.
3. List the 4 underlying areas of brain development needed in order to have academic success.
4. List at least 10 different ways to improve test scores of learning disabled students.
5. Explain how the brain works and why each area of the integrated approach relies on the knowledge of how to create new connections.
6. Create a systematic plan of interventions aimed at improving the functioning of a student with Dyslexia, Dyscalculia or Dysgraphia.

**Proven Strategies for...**
- Increasing sequencing and memory
- Reading ability including an instant improvement
- Handwriting
- Increasing words written
- Math skills
- Improving processing speed
- Reducing anxiety, including test anxiety
- Stopping reversals

**An Integrated Approach**

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Dyslexia, Dyscalculia & Dysgraphia: An Integrated Approach

After eight years of research and working with struggling students, Kathy Johnson has witnessed these students becoming successful after just months of an integrated approach to therapy. Although this path is non-traditional, there is success to be gained if more of the same doesn’t work, it is time to find the path that does work.

In this groundbreaking seminar, professionals from many different perspectives come together to learn how their interventions integrate to remediate some of the more complicated dysfunctions of today’s students. The Pyramid of Potential approach starts the remediation with building blocks of mind and body health from nutrition and psychology, followed by brain development and sensory motor development from occupational, physical, and vision therapy, which leads into cognitive skills training (memory, logic, processing speed, etc.) from educational therapy. This program combines lecture and notes with discussion and hands-on exercise to facilitate every learning style. Participants will experience exercises and therapies that are discussed and are provided with extensive notes and resources for further exploration.

I found Kathy Johnson extremely knowledgeable, the course very informative, and the subject matter tremendously beneficial. The materials will prove a valuable resource both professionally and personally. — Sharon D., Counselor

KATHY JOHNSON, MS ed., has worked with several students on their reading struggles, she found an excellent program that brought their decoding abilities to grade level in a month. Unfortunately, she did not have the funds to do level books, so she began her exploration into the trainings and therapies that brought students success. Many increased their IQ and no longer required extra services. Kathy received training in order to bring these therapies to therapists which included the Pivotal Research by Samuel A. Goddard, OD, Therapeutic Listening by Sheila Frick, Samonas Listening by Jill Stowell, PAce by learning struggles, she found an excellent program that brought their decoding abilities to grade level in a month. Kathy Johnson, MS ed., maintains an educational consulting business, Pyramid of Potential. She has a Speaker disclosures:

KATHY JOHNSON, MS ed., Pyramid Your Presenter:

A step-by-step guide for parents and professionals using the Pyramid of Potential to treat the symptoms of Learning Disabilities, ADHD/ADD, Dyslexia, Dyscalculia, and Dysgraphia. There is no silver bullet for this book and in the end up and therapies to overcome them. Most chapters include a quiz to see if you are successful, stories, general information, and resources in all price ranges from do it yourself to finding a professional.

The Roadmap from Learning Disabilities to Success

By Kathy Johnson, MS ed., Your Presenter:

This cutting-edge tips workbook will guide professionals in working with children, adolescents and families across many different age groups and treatment modalities. It includes, finding simple strategies, hands-on activities, and step-by-step proven techniques to foster the relationship working required to effect change and healing.

*SAVE BY INCLUDING THESE BOOKS WITH SEMINAR REGISTRATION:

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