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Objectives
1. Describe three common misconceptions about older adults and your own attitudes toward aging.
2. Demonstrate four effective methods to engage older adults needing mental health care.
3. State five critical issues to cover in the assessment of older adults.
4. Implement effective treatment approaches for depression and anxiety as well as in the management of cognitive problems.
5. Describe three essential factors for developing and sustaining a geriatric clinical practice.
6. Delineate three common ethical issues associated with care of older adults.

Mental Health Issues in Older Adults
Proven Strategies for Cognitive Deficits, Depression and Anxiety

Gregory A. Hinrichsen, Ph.D., ABPP
Board Certified in Geropsychology and Author

• Strategies to engage older adults and establish credibility
• Assessment tools for cognitive deficits, depression, anxiety and substance abuse
• Proven approaches to treat late life mental health problems
• Critical steps in building a successful geriatric practice including billing Medicare and Medicaid
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**Speaker**

Gregory A. Hinrichsen, Ph.D., ABPP, is board certified in geropsychology by the American Board of Professional Psychology. For almost 40 years, he has provided clinical services to older adults and their families and conducted research on late life mental health issues. For 25 years, Dr. Hinrichsen has presented training workshops in the U.S. and abroad and is a master trainer for the U.S. Department of Veterans Affairs.

As a leading expert in the field of aging, Dr. Hinrichsen was previously the chair of the American Psychological Association (APA) Committee on Aging, president of the APA Society of Clinical Geropsychology, APA Congressional Fellow in the U.S. Senate, and chair of the Council of Professional Geropsychology Training Programs. He is the 2015 recipient of APA’s M. Powell Lawton Award for Outstanding Contributions to Geropsychology.

Dr. Hinrichsen co-authored the books, Older Adult Psychotherapy Treatment Planner, recipient of APA’s M. Powell Lawton Award for Distinguished Contributions to Clinical and Behavioral Health Practice. For almost 40 years, he has provided services to better care for older adults, grow your practice and find more satisfaction and joy in your clinical work!

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