MASTERING PHYSICAL ASSESSMENT SKILLS

Identify Cardiac, Respiratory and Neurological Disorders

- Can’t Miss Topics!
  - Strategies to detect and identify abnormal heart and lung sounds
  - Case studies actual sounds to enhance learning
  - Crackles, wheezes, rubs, gallops, clicks and snaps
  - Full disclosure and how this leads to proper differential diagnoses
  - Characteristics and causes of heart murmurs
  - Neuro exam made simple
  - Work-up for mental status

Outline

Respiratory Exam
- Abnormal Lung Sounds
- Pneumonia
- Atelectasis
- URI
- Bronchial Breathing
- Bronchophony
- Epiglottis
- Whistled Vesicular Breath Sounds
- Death Rattle
- Absent Breath Sounds
- Pneumothorax
- Hemothorax
- Crackles
- Rhonchi
- Stridor
- Wheezes
- Asthma
- COPD
- Emphysema
- Pleural Friction Rub

Strategies for Detection
- Chronic Bronchitis
- Pneumonia
- Emphysema
- Acute Asthma

Neurological Exam
- Mental Status
  - Mnemonic to Cover All Bases
  - Stroke
  - Overdose
  - Infection
  - Toxic states
  - Mental Illness
- Cranial Nerves
  - Techniques to Cover I-XII Quickly and Completely
  - Motor
  - Evaluate Strength and Symmetry
  - Sensory
  - Quick Field/Bedside Assessment
  - Coordination
  - Simple Test to Assess
  - Reflexes
  - Systematic Approach/Technique

Objectives

1. Assess where and why vesicular, bronchovesicular and bronchial sounds can be normal or abnormal and the significance of the abnormalities.
2. Interpret pathophysiology and differential diagnoses for crackles, wheezes, rhonchi, and rubs.
3. Discuss management of obstructive vs. restrictive lung disease.
4. Practice a thorough 6-part neurological exam and document findings.
5. Evaluate primary causes of mental status changes and patients most at risk for delirium for quick intervention.
6. Distinguish whether abnormal S1 and S2 heart sounds are pathological or benign.
7. Determine whether systolic and diastolic murmurs or indicate cardiac disease.

Target Audience: Nurses • Nurse Practitioners • Clinical Nurse Specialists
Respiratory Care Practitioners • Paramedics • Physician Assistants
MASTERSHIP PHYSICAL ASSESSMENT SKILLS
Identify Cardiac, Respiratory and Neurological Disorders

Attendants Seminar: Mastering Physical Assessment Skills Identify Cardiac, Respiratory and Neurological Disorders. National speaker and expert, Angelica F. Dizon, MD, BSN, RN, will teach you the origin and significance of these disorders. Differential diagnoses are considered and a systematic six-part neurologic assessment is reviewed and demonstrated for you. Case studies will be presented for discussion to help reinforce the physical assessment skills and teaching techniques. Angelica will also illustrate the proper methods to document your assessments and findings. You will feel confident leaving this seminar with information you can utilize for your future patient assessments.

Speaker:
Angelica F. Dizon, MD, BSN, RN, is a registered nurse and a doctor of medicine with two decades of experience in clinical practice and academic teaching, predominantly in the hospital setting. Angelica has been well recognized for her past work in medical surgical roles, and has also gained experiences working in home health care and skilled nursing. More recently, serving as the director of clinical services in one of the leading home health agencies in Maryland. Her diverse experiences have provided her with a unique patient perspective to facilitate the highest level of care — anticipated findings, as well as identification and monitoring of various disease states. Her passion and talent for educating and mentoring other healthcare professionals will make this an event you don’t want to miss!

Disclosures:
Financial: Angelica F. Dizon is a faculty member for Radicus College. She receives a speaking honorarium from PESI, Inc.
Nonfinancial: Angelica F. Dizon has no relevant nonfinancial relationships to disclose.

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