2016 Psychopharmacology Conference

Spend two action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management. From her unique perspective as a psychiatric nurse practitioner, Connie Yip, teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. Connie’s extensive experience in mental health and passion for clients, shines through in the detail and thoroughness of her presentation.

Clients often only have a few minutes with their prescriber and require additional support. It’s vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, Connie provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including attention deficit hyperactivity, eating, and substance use disorders. Take home specialized guidelines for geriatrics, pediatrics, and pregnant or nursing women. In addition to a general “nuts and bolts” review of medications, you will examine specialized guidelines for geriatrics, pediatrics, and pregnant or nursing women.


By Joseph F. Wegmann, PhD, LCSDW

This is the definitive guide and desk reference for healthcare professionals and patients who need the pharmacological and behavioral treatment of psychiatric, anxiety, depressive, bipolar, obsessive, and addictive disorders.

Relapse Prevention Counseling: Clinical Strategies to Guide Addiction Recovery and Reduce Relapse

By Dennis C. Daley PhD & Antoine Douaihy, MD

Written specifically for clinicians, this comprehensive book makes it easy for you to implement strategies proven to reduce relapse and help your clients recognize the warning signs of impending dependence.

Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD

A practical, step-by-step guide will show you how to follow up with the patient to ensure your clinical outcomes. Ideal for the substance abuse and mental health clinician, this step-by-step guide will show you how to follow up with the patient to ensure your clinical outcomes.

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Connie Yip, M.S., PMHNP, is a nationally board-certified Family, Psychiatric, and Mental Health Nurse Practitioner (PMHNP) who received her masters from Columbia University. She maintains a private practice in Manhattan, offers psychiatric consultation to a substance use mental health center, and leads workshops on psychopharmacology for therapists, nurses, and graduate students.

Drawing from years of experience working with adolescents, adults, and families in hospitals, schools, and residential treatment centers, Connie Yip is a psychiatric provider committed to a collaborative approach to providing comprehensive, clinically effective psychiatric care. Within a multidisciplinary team, she has worked with patients with acute, severe, and chronic forms of psychiatric disorders at leading academic institutions such as New York University School of Medicine, Columbia University College of Physicians and Surgeons, and Mount Sinai Hospital.

As a former special education teacher for adolescents with emotional, behavioral, and academic challenges, she uses her passion for teaching to integrate psycho-education in her clinical practice and empower others to do the same with psychopharmacology seminars.

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Connie’s engaging presentation includes many take home “pearls” you can use to help your clients.

The leading magazine for psychotherapists

12.6

The Leading Magazine for Psychotherapists

Straight Talk on Mental Health Medications - Third Edition

By Joseph F. Wegmann, PhD, LCSDW

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Supports and helps you to:

Understand which medications are evidenced-based to best treat which disorders

Increase your effectiveness communicating and collaborating with prescribing practitioners

Learn about new trends in prescribing and new psychotropic medications

Understand current controversies in the field

Visit www.pesi.com/netmag for more info and resources about psychotherapy and mental health!
OBJECTIVES

1. Describe how mental health medications work
2. Explain how medications are chosen for mood disorders and specific patient needs
3. Define the action, therapeutic uses, and side effects of antidepressant medications

ATTENTIONAL DISORDERS

• Differential diagnosis of ADHD
• Psychopharmacology of ADHD
• Controversies concerning use of ADHD with stimulants
• Multimodal treatment
• Conclusions

ATTENTIONAL DISORDERS

• Attention-deficit disorder with hyperactivity
• Attention-deficit disorder without hyperactivity
• ADHD medication
• Effectiveness of stimulant medications in children

SLEEP DISORDERS

• Insomnia
• Sleep disorders
•梦
• Narcolepsy and hypnagogic
• Clinical work

OBJECTIVES

1. Describe medication treatment options for the ADHD
2. Define medication management of sleep disorders.
3. Identify medications effective with sleep disorders.
4. List medication treatment options for insomnia and sleep disorders.
5. Choose effectively to incorporate medication-assisted treatment into an overall treatment plan.
6. Describe the changes in medication management for the treatment of pregnant and nursing women.
7. Disturb the unique medication considerations for geriatric clients.
8. Discuss new therapies in psychiatry.

DAY ONE

PSYCHOPHARMACOLOGY

• Drug mechanism concepts
• Drug mechanisms of action - placebo effects - power and how to get it to work
• Placebo-anti-anxiety medications

PHARMACOLOGY

• Neurochemistry of psychosis and second generation (atypical)
• Distinguishing between first and second generation (typical)
• Antipsychotics: Metabolism and excretion
• Antidepressants and selected others

ANXIETY DISORDERS

• Compulsive disorders & trauma
• Anxiety disorders & obsessive

OBJECTIVES

1. Discuss medication treatment options for anxiety
2. Define medication management of anxiety disorders.
3. Identify medications effective with anxiety disorders.
4. List medication treatment options for worry and anxiety disorders.
5. Choose effectively to incorporate medication-assisted treatment into an overall treatment plan.
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USE DISORDER

• Use disorders and associated difficulties
• Pharmacodynamics 
• Pharmacokinetics

EATING DISORDERS

• Anorexia, bulimia, binge eating disorder
• Comorbidity

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