Anesthesia & Sedation
- Minimal sedation/analgesia
- Moderate (conscious) sedation
- Deep sedation (MAC)
- General anesthesia
- Regional anesthesia
- Malignant Hyperthermia
- Triggers
- Cascade
- Symptoms
- Treatment

Legal Implications
- Medical malpractice
- Key elements
- Safeguards
- Standards
- Perianesthesia case studies

Perianesthesia Documentation
- The good, the bad, and the ugly
- Electronic vs. Narrative
- The audit reveals...

Challenging Populations
- The elderly patient
- The pediatric patient
- The pregnant patient

Discharge Assessment
- Discharge instructions
- Appropriate teaching
- Medication reconciliation
- Appropriate documentation
- Accountability
- Safe/outcome-oriented discharge

Acute Post-operative Pain Management
- Assessment
- Complications
- Treatment

Post-operative Complications
- PONV/PDNV
- Pulmonary edema
- Pulmonary embolism
- Airway compromise
- Obstruction
- Hypoxia
- Laryngospasm
- MI
- Hyper/hypotension
- Hyper/hypovolemia
- Hyper/hypoglycemia
- Arrhythmias

• Implications of pharmacological & anesthetic agents after surgery
• Patient education for discharge readiness
• Malignant hyperthermia challenges
• Management strategies for acute post-op pain
• Increased risks for compromised airway
• Assessing for abrupt cardiac changes
• Anticipating special needs: Elderly, pediatric, pregnant
Preventing Post-Operative Complications

Objectives

1. Analyze the regulatory issues and standards driving changes in perianesthesia practice.

2. Explain new protocols emerging as evidence-based practice.

3. Differentiate the pharmacology and physiology of frequently-used medications, inhalation, neuromuscular blocking, and reversal agents used in the perianesthesia setting.

4. Evaluate the key elements involved in medical malpractice.

5. Analyze effective perianesthesia documentation.

6. Demonstrate why certain populations pose challenges in the perianesthesia setting.

7. Develop appropriate management strategies for acute pain in the post-operative setting.


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By: Daphne Stensland RN, BN, MCN, CEN, CCNS, FNCAN

Fresh A. Kuchinski, PhD, RN, ANA AAS, CAPA

PeriAnesthesia Nursing Care: A Bedside Guide for Safe Recovery is a reference guide for clinicians practicing in perianesthesia. This new, one- and two-phase PACU nursing areas, and nurses working in critical care units, OB, and other specialty recovery units. Ideal for perianesthesia nursing orientation and perianesthesia cross-training programs, this text is beneficial for all those caring for pre- and post-anesthesia patients. Divided into three sections that cover the lifecycle, the first section focuses on core concepts applicable to all perianesthesia patients and families, the second section addresses the specific and third section on particular patients and processes that follow body systems.

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A surgical patient presents to the PACU with tachycardia and tachypnea, and is clenching his teeth tightly while shivering uncontrollably. On the medical-surgical unit, a postoperative nephrectomy patient begins to complain of severe abdominal pain with guarding and hypotension. Post-surgically, a child presents with restless chest movement and crouping respirations. Prompt diagnosis and treatment of these and many other potential post-operative complications can mean the difference between life and death for the surgical patient. Nurses in the postoperative period must remain vigilant to ensure good outcomes.

In this seminar, Delores “Dolly” Ireland, MSN, RN, CAPA, CPN, has over 38 years of experience committed to the specialty of Perianesthesia nursing. She has provided pre- and post-op care for all types of patient cases. In her current clinical practice role, she is Assistant Clinical Manager/Nursing Educator for Perianesthesia/Surgical Services. Dolly has served as an expert witness and has authored several leading articles in journals, book chapters and association newsletters.

She is the Lead Faculty/Area Chair for the College of Nursing at the University of Phoenix-Detroit Metro Campus and also serves as adjunct faculty in the Nursing, Health & Wellness and Health Care Administration programs. Dolly has lectured extensively on a variety of topics nationally and internationally related to her specialty area of practice.

Disclosures: Financial: Delores (Dolly) Ireland is Lead Faculty/Area Chair, College of Nursing at University of Phoenix. She receives a speaking honorarium from PESI, Inc.

Nonfinancial: Delores (Dolly) is a member of the American Society of PeriAnesthesia Nurses (ASPA).

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