Preventing Post-operative Complications

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Friday, June 24, 2016

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- Anticipating patient’s needs once on the med-surg floor
- Implications of pharmacological & anesthetic agents after surgery
- Patient education for discharge readiness
- Management strategies for acute post-op pain
- Increased risks for compromised airway
- Assessing for abrupt cardiac changes
- Special needs for geriatric and bariatric patients

Anesthesia and Sedation
Post-Operatively
Monitoring patients once on the med-surg floor

Post-operative Assessment
The first 8 hours
The first 24 hours
Ongoing post-operative assessments

Physical Assessment by System
Neurological
Cardiac
Respiratory
Genitourinary
Other

Pain Management
Assessing pain
Acute pain
Chronic pain
Interventions

Post-operative Complications
Airway: Airway compromise, airway obstruction
Breathing: Hypoxia, pulmonary embolism
Circulation: Heart failure, common cardiac dysrhythmias
Disability: Post-operative cognitive dysfunction (POCD)
Other: Sepsis, post-operative nausea/vomiting, thermoregulation

Specialty Populations
The geriatric patient
The bariatric patient
Case studies

Earn 2.0 CE hours of Pharmacology credit!

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**OBJECTIVES**

1. Appraise how unresolved legal issues might affect post-operative care.
2. Compare and contrast the potential implications from various types of anesthetics and sedation.
3. Summarize the assessment and treatment differences between acute and chronic pain.
4. Evaluate the essential components of managing the post-operative patient including airway, breathing, circulation and disability assessment.
5. Prioritize the needs of the post-operative patient experiencing respiratory distress.
6. Analyze critical findings related to post-operative complications.
7. Explain the role of cardiac monitoring in the post-operative patient.
8. Recognize early and subtle signs of sepsis in the post-operative patient.
9. Differentiate the post-operative assessment variations in the geriatric patient.
10. Discuss challenges in managing the post-operative bariatric patient.

**SAVE by Including these Products with Seminar Registration!**

- **Med-Surg Pocket Guide**
  - Cynthia Zarbano, MSN, RN, CCRN, CMSRN, CLNC
  - Full-color pocket guide for focused assessments, treatments, interventions and right- by-right your fingertips.
  - Loaded with references and tools to assist you with cardiovascular, W/tracheostomy, multisystem and shock, mechanical, and critical nursing skills. An easy to use resource for you to deliver high quality care.

**SPEAKER**

**MARIA GAMALY, MSN, MBA, RN, RCN, CEN, PCNP, CCNS, CCRN, CLNC, PCCN, CEN, PNFA, CEN, PCCN**

Maria currently works as a Clinical Nurse Educator at St. Mary Medical Center in Langhorne, Pennsylvania. In her current role, she oversees and plans the educational needs for over 230 nurses and support staff on a variety of units, including a step-down, trauma and medical surgical units. She has developed and presented on a variety of topics including certification courses for critical care, post-operative care, medical-surgical, oncology and emergency nursing. Other presenters include telemetry skills day, medical-surgical skills day, cardiology dysrhythmia interpretation, post-operative care, heart failure, compartment syndrome, emergency post-operative care of the bariatric patient, nursing documentation, musculoskeletal trauma and injury.

She is an instructor for BLS, ACLS, PALS, TNCC, ENP and ASL. In addition to working in staff development, she works as a per diem emergency room staff nurse.

Maria holds a Bachelor of Science in Nursing from Sacred Heart University in Fairfield, CT, a Master’s of Healthcare Administration from the Avenell School of Business at Western Connecticut State University in Danbury, CT, and a Bachelor’s in Nursing Education/Contemporary RN from Drexel University in Philadelphia, PA. She is a doctoral student at Villanova University, with a research interest in bariatrics. She is certified in medical-surgical nursing, progressive care, medical-surgical, oncology and emergency nursing. She is a member of the Emergency Nurses Association, American Association of Critical Care Nurses, and American Academy of Metabolic and Bariatric Surgery.

**PRESIDENTIAL RECOGNITION**

*American Nurses Association; American Society of metabolic and Bariatric Surgery; and emergency Nurses Association.*

*Ms. Gamaly is an instructor for BLs, ACLs, PALS, TNCC, ENPs and ASLs. In addition to working in staff development, she works as a per diem emergency room staff nurse.*

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**Costs of Post-operative Complications**

- Care nursing, emergency nursing, and professional staff development.
- Certified in medical-surgical nursing, progressive care, medical-surgical, oncology and emergency nursing.
- Member of the American Nurses Association, American Society of metabolic and Bariatric Surgery, and Emergency Nurses Association.

**SPEAKER**

**MARICA GAMALY, M.SN, M.HA, RN-B,C, C EN, PCCN,**

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