OBJECTIVES

1. Identify behavioral episodes that challenge therapists, educators, professionals and parents.
2. Identify proactive strategies and reactive strategies for oppositional, defiant and disruptive children and youth.
3. Demonstrate how to do a skilled observation of behavior.
4. Explain how to improve your intervention/interview skills with children and youth.
5. Compare to the group

OUTLINE

Behaviors that Make Us Crazy

- Tantrums
- Running out/away
- Noncompliance
- Bullying
- Non-compliance reactions

Assessment

The Functions of Behavior
Fear-based (Fight, Flight, Freeze or Submit)
Escape
Attention
Pain
Control

Mental Health Disorder or Behavior Problem

The power of skilled observations
The interview
Comparison to the group
The IRA—Incredibly powerful assessment tool
The art of choosing a diagnosis if you have to at all!

Treatment Strategies Part I

Proactive
Behavior plans
Motivational incentives
Set the stage for success
Remember the initial goal
Appropriately address the functions of the behavior

Treatment Strategies Part II

Specific Strategies for the Following Behavioral Challenges:
- Tantrums
- Running out/away
- Noncompliance
- Bullying
- Non-compliance reactions
- Lack of follow through
- Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:
- ODD
- ADHD
- Mood disorders
- Anxiety disorders
- Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances
- Foster care
- Parent misbehavior
- Abuse and neglect
- Divorce, separation
- Asperger’s disorder
- Disruptive:
- Appropriately address the functions of the behavior
- Corrective measures
- It’s like playing chess in a tornado

DAY ONE

DAY TWO

Live Seminar Schedule
Both Days

Target Audience
Counselors, Local Workers, Psychologists, Social Workers, Marriage and Family Therapists, Speech-Language Pathologists, Teachers, School Guidance Counselors, Case Managers, Nurses, School Administrators, Educational Psychologists, Occupational Therapists & Occupational Therapy Assistants, Other Helping Professionals that Work with Children.

10 EXPECTED CEUs are authorized for this Live Seminar.

Save By Attending Both Days
ADHD, ASD, ODD & MOOD DISORDERS
Over 50 Proven Techniques for Children and Adolescents
ANCHORAGE, AK Monday, October 10, 2016

- CBT, mindfulness, self-regulation and brain- based intervention designed just for kids
- Strategies for treating distress intolerance, anxiety and impulsivity
- Techniques to promote “whole brain” change in developing minds
- Take home reproducible worksheets to use in any setting!

Free CE
Mindfulness, Healing & Transformation

Jon Kabat-Zinn
1 HOUR VIDEO

HURRY! EXPENSE REIMBURSEMENT
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Day One

Monday, October 10, 2016

Day Two

Tuesday, October 11, 2016

ANCHORAGE, AK Tuesday, October 11, 2016

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Live Seminar Schedule
Both Days

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:30 Lunch (on your own)
4:00 Program ends

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MOOD DISORDERS

3. Develop tools for daily mindfulness and caring, humor, and time-tested approaches will make this day of learning fly by! You will leave

ADHD and mood disorders. Learn how to troubleshoot and adapt techniques for preschool

Join Jennifer Wilke-Deaton, MA, LPA, national speaker and author as she teaches you more than

Hopelessness

Irritability/Temper Tantrums

Over-Activity

Distractibility

Executive Functioning

The Brain-Behavior Connection

Depression/Tranx

Coping with Environmental Change and Transitions

Effective Communication

Alertness

Skills of:

Decrease arousal states with immediate use self-regulation techniques (audio activity)

Effective use of gesture & posture

Awareness of personal space

Task-Focus and Persistence

Effective interpersonal skills

Awareness in Focus By Kids For Kids: Modern Guided Awareness for entire conference. Credit requirements and approvals vary per state

OCCUPATIONAL THERAPISTS & OCCUPATIONAL

PROFESSIONAL TOOL KIT: ADHD, ASD, ODD & Mood Disorders

Parenting Better Children: An 8 Week Skills Training Guide To Reach, Teach & Empower

By Teresa M. OBT, COPs

By Scott D. Walls, MA, LIPC, CCMHC

This seminar qualifies for 6.25 continuing education clock hours. This seminar meets the criteria for a formally approved American Nurses Credentialing Center Course Level: Intermediate.

Provider #: 3322. Full attendance at this course qualifies for 6.25 contact hours or .625 CEU credits for occupational therapists, occupational therapy assistants and speech-language pathologists.

2016

Tuesday, October 11, 2016

Over 50 Proven Techniques for Children and Adolescents

Jennifer Wilke-Deaton, MA, LPA, is a licensed behavioral health therapist in private practice and a nationally recognized speaker with over 15 years of experience working with children, adolescents, and adults. She has a passion for helping children and families, and she developed a unique training program for children who exhibit challenging behavior. She is a certified trainer for the ParentingPlan program, which is a comprehensive, evidence-based approach to address the needs of children and families with varying levels of needs. She has delivered training programs in various settings, including schools, hospitals, and community centers. She is a recognized expert in the field of behavior management and has authored numerous articles and book chapters on the topic. In addition to her work in the community, Jennifer is also a certified trainer for the Mindful Kids curriculum, which is a evidence-based approach to teach children mindfulness and emotional regulation skills. She has a great deal of experience working with children and families with a variety of needs, including those with anxiety, depression, and attention-deficit/hyperactivity disorder. She also has a strong background in mindfulness-based interventions and has trained hundreds of parents and professionals in these techniques. In her free time, Jennifer enjoys spending time with her family, traveling, and writing about her experiences in the field of behavior management. She is a true leader in her field and is dedicated to helping children and families thrive. She is a sought-after speaker and educator, and her engaging style is loved by all who attend her programs. She is a true inspiration and a great resource for parents and professionals alike.