Treatment Approaches Using Processing Interventions to Address the Child’s roadblocks created by executive skills deficits regulation environments that manage fidgeting, restlessness working memory and meta-cognitive deficits.

Problem-solving strategies to improve organization, experience how we might set kids up to fail without functioning impact of processing inconsistencies on daily executive Functioning Deficits Social Pragmatics insight and behavior language deficit triggers recognize, validate and problem-solve common Your emotional response to their language challenges meaning = perception = reality = response understanding of behavior.

incorporate language processing into our Language/Learning Deficits manage the environment to reduce sensory overload desensitize strategies to reset the “panic switch” challenges experience your own dysregulation to sensory integration, meaning and perception.

Behavioral and mindful intervention for dysregulation de-escalation strategies and precursors to problem-solving + Ping + Ping = frustration and dysregulation improve self-regulation in children through our perspectives.

TRIGGERS OF DYsRegUlATION
1. Sensory Deficits
    - Integration, meaning and perception
    - Experience your own dysregulation to sensory challenges
    - Reduce sensory triggers
    - Desensitize strategies to reset the “panic switch” manage the environment to reduce sensory overload

2. Language/Learning Deficits
    - Incorporate language processing into our understanding of behavior
    - Meaning = perception = reality = response
    - Your emotional response to their language challenges
    - Recognize, validate and problem-solve common language deficit triggers

3. Social Pragmatics insight and behavior

4. Executive Functioning Deficits
    - Impact of processing inconsistencies on daily functioning
    - Experience how we might set kids up to fail without realizing it

5. Problem solving strategies to improve organization, working memory and meta-cognitive deficits

6. Environments that manage fidgeting, restlessness and inattention and provide positive social-emotional regulation

Roadblocks created by executive skills deficits

Objective:
- Describe the role that sensory processing, language processing, and executive processing play in self-regulation.
- Demonstrate experiential activities that shift your understanding and perception of these children.
- Explain how sensory, language, and executive skills impairments create fight/flight/fear and defensive responses that lead to dysregulation and behavior issues through negative conditioning.
- Practice and apply the “8 Steps Model” to help children self-regulate.
- Tackle sensory, language-learning and executive functioning strategies to minimize processing triggers.
- Employ behavior modification and problem-solving strategies to diffuse escalations and refusals.
- Implement positive environments and accommodations for dysregulated kids using insights gained about processing deficits, emotional triggers and problem-solving.

Target Audience:
- Counselors
- Social Workers
- Psychologists
- Psychotherapists
- Therapists
- Marriage and Family Therapists
- Speech-Language Pathologists
- School Psychologists
- School Guidance Counselors
- Case Managers
- Nurses
- School Administrators
- Educational Paraprofessionals
- Occupational Therapists
- Occupational Therapy Assistants
- Other Helping Professionals that Work with Children

Guarantee:
Your satisfaction is our goal — and our guarantee! If you are not satisfied with the seminar, we’ll make it right.

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Proven Strategies for Children with ADHD, High-Functioning Autism, Learning Disabilities or Sensory Disorders

- Improve processing deficits in sensory, language and executive functions
- Over 50% of the workshop focuses on effective interventions to increase self-regulation in any setting
- Increase self-control, social success, emotional control and task completion
- Brain training exercises to increase self-regulation

Mindfulness, Healing & Transformation

JON KABAT-ZINN
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Laura Ehert, Psy.D. is a child clinical psychologist who has worked with children and adolescents with severe emotional/behavioral issues for over 25 years. She holds a doctorate degree in Clinical Psychology where her training focused on developmental issues of childhood, and child psychopathology issues. Over the years, she has worked with thousands of youth in a variety of settings including hospitals, residential treatment centers, partial hospital programs, school hospital and outpatient mental health settings. Dr. Ehert maintains a private practice in Burnsville, Minnesota, where she specializes in working with clients who struggle with information and sensory processing disabilities and associated emotional, behavioral and mental health issues. Professional who have worked with Dr. Ehert in the past have often commented that Interventions she offers successfully where others have failed.

Speaker Disclosures: Financial: Laura Ehert maintains a private practice. She receives a speaking honorarium from PESI, Inc. Non-Financial: Laura Ehert has no relevant non-financial relationship to disclose.

Self-Regulation Interventions and Strategies:

Keeping the Body, Mind and Emotions on Task in Children with Autism, ADHD & Dysregulated Behavior

By Teresa Garland, MOT, OTR/L

Keeping children bodies, minds, and emotions on task just got easier with this new book from self-regulation expert Teresa Garland. More than 200 practical and proven strategies, interventions and adaptations for helping children gain control over their own lives. Each chapter provides rich background and theoretical material to help the reader better understand the issues our children face. Each chapter provides rich background and theoretical material to help the reader better understand the issues our children face.

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