Outline

Biological Psychiatry
Neurotransmitters: The theoretical emotional signaling chemicals of the brain
DSM-5® and Psychotropic Med Use
Depression
Antidepressants: How they are thought to work
Cyclics
SSRIs
SNRIs
Other common antidepressants – and why they are used
Side effects and risk factors
Herbal and depression
Treatment-resistant depression
Improving patient compliance with mental health medications
What you and your clients should know
Bipolar Spectrum
Medicating Bipolar disorder
Current “gold standard” treatment and side effects
Anticonvulsant and antipsychotic use in Bipolar disorder
Anticonvulsant side effects
Risks of medication non-compliance
New! Controversial concepts in treating Bipolar spectrum

The Many Manifestations of Anxiety
Medicating anxiety
Benzodiazepines
Non-benzodiazepines
Medications used to treat insomnia
Using anxiolytics safely
Side effects of the anxiolytics

Schizophrenia
How antipsychotics medications are thought to work
Conventional antipsychotics
Second generation agents
Antipsychotic side effects
Relapse and non-compliance
Controversy surrounding antipsychotics in treating children and adolescents
Antidepressants and suicide in children: The real truth
Medicating anxiety in children
Disruptive mood dysregulation disorder – the new pediatric bipolar disorder?
ADHD Medications – What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!

Alzheimer’s medications, treatments, theory and controversy
What’s Next: Newly Approved Mental Health Medications

Psychopharmacology

What You Need to Know Today about Psychiatric Medications

• Improve your clients’ adherence to their meds
• Practical ways to effectively communicate med information
• Best meds for each disorder & age group
• Depression, bipolar, anxiety, schizophrenia, ADHD
• DSM-5® and psychotropic med use

Featuring Dr. Tom Smith
One of the nation’s few credentialed combinations of Doctor of Pharmacy & Licensed Mental Health Counselor

Objectives

• Discuss the clinical uses of the five major psychotropic medication classes—the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants—how they work, and their common side effects.
• Describe the potential benefits and risks of using psychotrophic medications for a wide array of conditions and patients.
• Summarize the wide array of mental health disorders for which medications are frequently prescribed.
• Examine what’s coming next as well as emerging and innovative trends in psychopharmacology.
• Outline effective methods for collaborating with clients, families and prescribers.
• Recognize the ethical and legal issues in discussing medications with clients.

Hassle-Free Cancellation Policy:
If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a $30 cancel fee. Substitutions are permitted at any time.

Target Audience
Counselors • Nurses • Nurse Practitioners • Clinical Nurse Specialists • Psychotherapists • Psychiatrists • Social Workers • Case Managers
Marriage & Family Therapists • Addiction Counselors • Pharmacists • School Psychologists • Other Mental Health Professionals

Questions? Call customer service at 800-844-8260

www.pesi.com

What You Need to Know Today about Psychiatric Medications

• Improve your clients’ adherence to their meds
• Practical ways to effectively communicate med information
• Best meds for each disorder & age group
• Depression, bipolar, anxiety, schizophrenia, ADHD
• DSM-5® and psychotropic med use

Featuring Dr. Tom Smith
One of the nation’s few credentialed combinations of Doctor of Pharmacy & Licensed Mental Health Counselor

www.pesi.com

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979
**Psychopharmacology**

What You Need to Know Today about Psychiatric Medications

**Most Up-To-Date Psychotropic Medication Info - Guaranteed!**

Demands on health medical professionals to expand their knowledge of psychotropic medicines are like never before - not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

- Proven methods to improve clients’ understanding of their mental illness, and how medication aids recovery
- Identifying treatment concerns with inappropriate, inadequate doses of medication
- Tools to help clients manage unpleasant side effects
- Strategies to improve client adherence to medications
- Depression, bipolar, anxiety, schizophrenia, ADHD — the latest trends in medication management

---

**Co-Occurring Disorders**

**Integrated Assessment and Treatment of Substance Use and Mental Disorders**

By Charles Atkins, MD

A practical, step-by-step guide with diverse case studies gives you the tools to improve your clinical outcomes. Ideal for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.

---

**Live Seminar Schedule:**

**November 7, 2016**

**7:30 AM** Registration/Morning Coffee & Tea **8:00 AM** Program begins

**November 8, 2016**

**7:30 AM** Registration/Morning Coffee & Tea **8:00 AM** Program begins

---

**Participants will receive:**

- Continuing Education Credits
- Access to the complete seminar presentation
- Materials on Substance Use, Addiction and Co-Occurring Disorders
- Free Delivery of PDPA Webinars for 6 months
- Free access to PDPA Online Library

---

**Pre-Course Textbook: Integrated Assessment and Treatment of Substance Use and Mental Disorders**

By Charles Atkins, MD

PRE-COURSE TEXTBOOK: A must-have for clinicians seeking to expand their knowledge of psychotropic medications and treatment options for co-occurring disorders. It provides a comprehensive review of the latest developments in the field and practical guidance for clinicians.

**REGISTRATION FEES:**

- **Live Seminar:** $465 M/L or $1,405 C/TA
- **Seminar on CD:** $169.99
- **Seminar on DVD:** $169.99
- **Seminar on CD/DVD Package:** $339.99

**Check Locations:**

- ALLENTOWN, PA
- Cherries Plaza Valley Forge
  - 3rd Floor
  - 1035 stroop Way, Spring City, PA 19475
- KING OF PRUSSIA, PA
  - Crowne Plaza Valley Forge
  - 260 Mall Boulevard - 1406
  - King of Prussia, PA 19406
- WILMINGTON, DE
  - DoubleTree Hotel
  - 700 King St - 19801
  - (302) 655-0400

**Online Course:**

- **November 7, 2016**
  - **November 8, 2016**
  - $465 M/L or $1,405 C/TA

---

**Contact Information: PESI, Inc.**

- **Toll-Free:** 800-844-8260
- **Fax:** 715-855-8214
- **Address:**
  - 700 King St, Suite 1901
  - Wilmington, DE 19801

**For your convenience, confirmations are sent via email.**

---

**How to Register:**

- **Complete Online Form:**
  - Please complete entire form (to notify you of seminar changes)
  - Please print; staple duplicate forms

**Mail Code:**

- Deluxe Seminar Package **$799**
- Deluxe Seminar Package **$999**
- Deluxe Seminar Package with Seminar Book **$1,399**

**MAIL A COMPLETED REGISTRATION FORM:**

- **$799** **$999** **$1,399**

---

**Seminar Brochure:**

- To register by phone, call 800-844-8260.
- To register by mail, mail this form to:
  - 700 King St, Suite 1901
  - Wilmington, DE 19801

**For Questions:**

- Please call 800-844-8260 or e-mail us at info@pesi.com

---

**Speakers:**

- **Tom Smith, P.D., LMHC, NCP, FAPA, BCCP**
  - A licensed mental health counselor with a background in pharmacology and experience as a consultant pharmacist.

**Co-Sponsor:**

- **APA: The American Psychological Association**
  - **PSYCHOLOGISTS:**
    - Continuing education opportunities for members and non-members alike.
  - **CHEERLY HILL, NJ: PESI, INC.**
    - A certificate of attendance will be awarded at the end of the program to all social workers who successfully complete the course at no cost.

**Online Course:**

- **November 7, 2016**
  - **November 8, 2016**
  - **3 clock hours of continuing education credit**

**Refunds/Cancellations:**

- **Refunds/Cancellations:**
  - 30% of your payment will be refunded if the seminar is cancelled.
  - 20% of your payment will be refunded if the seminar is rescheduled.

**Registration:**

- **Advance Registration:**
  - Registration is required by phone or online.
  - Online course specifics will be sent by email.
  - Please have payment information available at the time of registration.

**Credit Approval:**

- **State boards:**
  - Approval is pending.
  - Please save course outline and certificate of completion for your records.

---

**For your convenience, confirms are sent via email.**

---

**For Questions:**

- Please call 800-844-8260 or e-mail us at info@pesi.com

---

**Group Training Made Easy:**

- **Professional development, expert presenters, CME credit training materials and more.**
  - www.pesi.com/ih/8hew

---

**Have a seminar idea? A manuscript to publish?**

- *The nation’s top speakers and authors contact us first.* If you are interested in becoming a speaker or have a new topic idea, please contact Teresa Fisher at tfisher@pesi.com or 715-655-8214.

---

**How to Register:**

- **Complete Online Form:**
  - Please complete entire form (to notify you of seminar changes)
  - Please print; staple duplicate forms

**Mail Code:**

- **$199** **Choose one of the options below:**
  - **$199** **$299**

**Toll-Free:**

- **800-844-8260**

**Fax:**

- **715-855-8214**

**MAIL A COMPLETED REGISTRATION FORM:**

- **$799**

---

**Co-Occurring Disorders**

**Integrated Assessment and Treatment of Substance Use and Mental Disorders**

By Charles Atkins, MD

A practical, step-by-step guide with diverse case studies gives you the tools to improve your clinical outcomes. Ideal for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.

---

**Live Seminar Continuing Education Information**

- Fiscal year and course approval for continuing education credits. Social workers participating in this course will receive credit. It is your responsibility to submit your certificate of successful completion and a partial contact hour statement to your state board.

---

**PDPA: Professional Development and Pharmacologic Applications**

- **PDPA Certificate of Attendance:**
  - A certificate of attendance will be awarded at the end of the program to all social workers who successfully complete the course at no cost.

---

**Seminar Brochure:**

- **November 7, 2016**
  - **November 8, 2016**
  - **3 clock hours of continuing education credit**

---

**Refunds/Cancellations:**

- **Refunds/Cancellations:**
  - 30% of your payment will be refunded if the seminar is cancelled.
  - 20% of your payment will be refunded if the seminar is rescheduled.

---

**Registration:**

- **Advance Registration:**
  - Registration is required by phone or online.
  - Online course specifics will be sent by email.
  - Please have payment information available at the time of registration.

---

**Credit Approval:**

- **State boards:**
  - Approval is pending.
  - Please save course outline and certificate of completion for your records.

---

**For your convenience, confirms are sent via email.**

---

**For Questions:**

- Please call 800-844-8260 or e-mail us at info@pesi.com

---

**Group Training Made Easy:**

- **Professional development, expert presenters, CME credit training materials and more.**
  - www.pesi.com/ih/8hew

---

**Have a seminar idea? A manuscript to publish?**

- *The nation’s top speakers and authors contact us first.* If you are interested in becoming a speaker or have a new topic idea, please contact Teresa Fisher at tfisher@pesi.com or 715-655-8214.