OUTLINE

MUSCULOSKELETAL ANATOMY/PHYSIOLOGY
- Fracture Patterns
- Bone Healing
- Osteoporosis
- Soft Tissue Anatomy

ORTHOPAEDIC WORK-UP
- History
- Physical Assessment
- Diagnostic Studies: X-rays, CT scans, MRIs and Labs

DEGENERATIVE JOINT DISEASE
- Conservative Treatment Options
- Surgical Treatment Options
- Hips
- Knees
- Shoulders
- Other joints
- Prosthesis Types
- Selection Criteria
- Methods of Fixation
- Post-operative Rehabilitation
- Complications

ORTHOPAEDIC COMPLICATIONS
- Osteomyelitis
- Deep Vein Thrombosis
- Pulmonary/Fat Emboli
- Compartment Syndrome
- Immobility

OVERUSE CONDITIONS
- Bursitis
- Tendonitis
- Epicondylitis
- Carpal Tunnel
- Plantar Fasciitis
- Iliotibial Band Syndrome

FRAC TURE MANAGEMENT AND FIXATION TECHNIQUES
- Fracture Types and Stress Fractures
- Clavicle Fractures
- Scapula Fractures
- Humeral Fractures
- Elbow Fractures
- Forearm and Wrist Fractures
- Hand and Finger Fractures
- Pelvis and Hip Fractures
- Femoral Fractures
- Patellar Fractures
- Tibia/Fibula Fractures
- Ankle and Foot Fractures

PEDIATRIC FRACTURES AND CONSIDERATIONS
- Salter Harris Classification
- Slipped Capital Femoral Epiphysis (SCFE)

SPORTS MEDICINE
- Rotator Cuff Injuries
- AC Joint Injuries
- Shoulder Dislocations
- Finger Injuries
- Knee Injuries/Terrible Triad
- OCD Lesions
- Patellar Pain
- Shin Splints
- Ankle and Foot Injuries

SPINAL DISORDERS
- Spinal Fractures
- Degenerative Disc Disease
- Herniated Nucleus Pulposus
- Spinal Stenosis

OBJECTIVES

1. Explain the mechanism of bone and fracture healing.
2. Recognize the essential components of a focused orthopaedic examination.
3. Discuss the basic concepts for degenerative joint disease treatment.
4. Analyze potentially serious orthopaedic complications.
5. Evaluate the impact of overuse conditions on activities of daily living.
6. Discriminate between fracture patterns.
7. Assess common sports injuries and recommended treatment options.
8. Demonstrate an improved clinical competence in orthopaedics.

Can’t Miss Topics!

- The Orthopaedic Work-up
- Fracture Identification and Management: Adult and Pediatric
- Sports Medicine Injuries
- Overuse Conditions
- Degenerative Joint Disorders
The Orthopaedic Patient
Musculoskeletal Concepts for Acute and Chronic Disorders

Healthcare professionals caring for orthopaedic patients must keep abreast of the latest advances in diagnostic techniques and treatment modalities. Attend this seminar to learn the latest in cutting-edge advances in orthopaedic care. Drawing on her extensive clinical experiences as an expert speaker, Amy Harris, MSN, RN, OCNS-C, will teach you the latest in techniques to enhance your orthopaedic assessment, tips and techniques for adult and pediatric fracture care, orthopaedic trauma, the latest in techniques to enhance your orthopaedic care, and more.

Learn the latest tools for identification and management of:
- Fractures
- Overuse Conditions
- Degenerative Joint Disorders
- Orthopaedic Complications

SPEAKER

Amy Harris, MSN, RN, OCNS-C, has spent the past 25 years working in a variety of orthopaedic settings to include level one trauma hospital in patient units, ambulatory care settings, a rehabilitation hospital, operating rooms, and in-patient pediatric orthopaedics. Amy’s roles within these settings have included those of staff nurse, nurse manager, and clinical nurse specialist. As an Advanced Practice Nurse she has conducted independent fracture and gait clinics. She has demonstrated her expertise, holding certification as an orthopaedic clinical nurse specialist. Her commitment to the National Association of Orthopaedic Nurses (NAON) is evident in her participation as a national congress speaker. She has served on the task committee for the Orthopaedic Nursing Certification Board (ONCB) and on NAON’s education committee. She was co-chair of the first full day APN conference held during NAON Congress.

Amy has earned distinction as a sought-after presenter on a variety of orthopaedic-related topics. She has shared her insights nationally at congresses co-sponsored by the National Association of Orthopaedic Nurses and the American Academy of Orthopaedic Nurses. Amy has also presented orthopaedic certification exam review courses around the country.

In addition to her professional practice, Amy is an active member of the American Academy of Orthopaedic Surgeons (AAOS), the American Orthopedic Foot and Ankle Society, the Orthopaedic Trauma Association (OTA), and the Orthopaedic Trauma Association (OTA).

Live Seminar

Live Seminar: Continuing Education Credit Information

Credits listed below are for full attendance at the live event only.

Orthopaedic Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physicians, Physical Therapists, Occupational Therapists, Speech Pathologists...

Weekdays, 7:30 –10:30 am, Registration begins at 7:00 am

Seminar on DVD or CD Package

You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and handouts from the seminar. Each self-study package can receive CE hours for a nominal fee. To determine if currently, credits are available for your profession, go to www.pesihc.com or call 800-844-8260. Check with your board to verify acceptability of self-study credits for licensure in your state. This package includes a return envelope for ordering the order form on this brochure or by calling 800-844-8260.

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