**Outline**

**Disease Prognostication: An Inexact Art & Science**
- Illness and Dying Trajectory
- Performance Scales
- Prognosis Tools
- Determining Palliative Care vs. Hospice
- National Consensus Project: Eight Domains for Quality Practice
- Crucial Conversations

**Heart Failure**
- Stages
- Treatment options
- Devices to Extend Life
- Symptom Burden/Management
- Prognostic Models
- Living better - or prolonging suffering?

**Advanced Cancer / Neoplastic conditions**
- Staging Cancer
- Spiritual needs
- Complications and interventions
  - Sclerodermia
  - Superior vena cava syndrome
  - Bowel obstruction
  - Hypercalcemia
- Fugitive wound care
- Signs of impending death

**Pulmonary Disease**
- Staging the disease
- Sputum: a required test
- The MMRC Breathlessness Scale
- Treating dyspnea: The pain of non-malignant disease
- The medical toolbox: oxygen, bronchodilators, opioids & steroids

**Amyotrophic Lateral Sclerosis**
- Diagnostic tests
- Post polio syndrome: An ALS mimic
- Advance directives and life support decisions: nutrition & gastrostomy, non-invasive ventilation or invasive?
- Table of useful medications

**Renal Disease**
- Appropriate use of dialysis
- Staging disease with Glomerular Filtration Rate (GFR)
- Hemodialysis mortality predictor
- Symptom burden
- Underutilization of hospice

**Liver Disease**
- Prognostic Determination
- Ethical issues
- Signs of end stage

**Challenging Decisions**
- What do People Want at the End of Life
- Honoring Patients’ Wishes
- Delirium vs near death experience
- Dying Signs, symptoms and needs: is hydration needed?
- Mental health needs of the dying
- Managing pain as death near
- Palliative sedation therapy: for intractable symptoms

**Moral Distress**
- Ethical dilemmas
- Conflicted consciences
- Giving the last dose
- Attending the first death
- Strategies for diminishing death discomfort
- Personal versus professional grieving

**OBJECTIVES**

1. Evaluate two performance and prognostic methods that are predictive of poor survival.
2. Compare palliative care services to hospice care.
3. Differentiate unique palliative care interventions for the complexities of five end stage diseases.
4. Identify two ethical issues often seen in end stage disease.
5. Specify three challenges faced at the end of life.
6. Recognize two strategies to overcome fear of death and moral distress.

**LIVE SEMINAR SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30-10:00</td>
<td>Registration/Morning Coffee &amp; Tea</td>
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<tr>
<td>8:00-11:00</td>
<td>Program begins</td>
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<tr>
<td>11:00-1:00</td>
<td>Lunch (on your own)</td>
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<tr>
<td>4:00-6:00</td>
<td>Program ends</td>
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</tbody>
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**Can’t Miss Topics!**

- Disease Prognostication
- Heart Failure • COPD
- End Stage Renal Disease
- Liver Failure
- Advanced Dementia
- ALS
- Advanced Cancer

**Preserving a patient’s legacy...**

Look inside for Harold’s inspirational story.

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**60 minutes of ethics instruction.**

**End Stage Diseases**

**Care When There is No Cure**

**Featuring**

Nancy E. Joyner, RN, MS, APRN-CNS, ACHPN®

**Sacramento, CA**
- Wednesday, January 25, 2017

**Oakland, CA**
- Thursday, January 26, 2017

**Palo Alto, CA**
- Friday, January 27, 2017

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