Normal Aging, Dementia, Depression or Delirium

- Normal aging changes of the mind
- Depression, dementia, and delirium
- Alzheimer’s disease and other dementias
- Diagnose, differentiate, and develop a plan of care

Alzheimer’s Disease

- Stages
- Assessment
- Getting a diagnosis
- Behavioral issues of early diagnosis
- Management and interventions
- Pharmacological treatments

Driving with Dementia

- Driving safety
- Legal issues
- Assess driving abilities
- How to take the keys away
- Wandering
- Reasons why cognitively impaired individuals wander
- Is wandering a bad thing? Issues to consider
- Managing a wanderer’s behavior
- Physical Aggression
- Identify the cause of aggression
- Loss of impulse control
- Regression of the mind/child-like mind
- Manage the problem

Inappropriate Sexual Behaviors

- Normal sexual drive or inappropriate behavior
- Cognitively impaired individuals
- Medication management
- Ethical considerations

Refusing to Eat/Forgetting to Eat

- Reasons why geriatric patients slow or stop eating
- Nutritional needs in a geriatric patient
- Malnutrition and dehydration
- Alternatives to eating

Sleepless Nights

- Sundowning and behavioral problems in the evening
- Why does sundowning occur?
- Environmental interventions to decrease aggressive behaviors
- Medication management when it becomes problematic

Caregiver Stress

- Physical, psychological, and emotional stress
- Identify caregiver burnout and ways to help
- Assist the caregiver
- Other issues
- Ways to identify potential falls and prevent injury
- Causes for orthostatic hypotension
- Ways to avoid using restraints

Case Studies: Learning from Experience and Mistakes

- How to manage sundowners
- Strategies to improve hygiene
- Reassurance and redirection

Objectives

1. Develop strategies to manage difficult behaviors in seniors who have an altered perception of reality.
2. Identify the signs and symptoms of Alzheimer’s Disease and other dementias.
3. Discuss current research on the prevention of Alzheimer’s disease, as well as lifestyle factors to slow the disease progression.
4. Summarize the safety issues associated with geriatric patients who drive and identify individuals who pose a safety threat.
5. Explain why wandering occurs in individuals with cognitive impairment and develop strategies to minimize or redirect this behavior.
6. Describe the environmental and behavioral causes of agitation.
7. Differentiate between appropriate and inappropriate sexual behaviors in individuals with dementia.
8. Distinguish between normal sleeping patterns and bedtime issues which could lead to increased health problems.
9. Analyze the physical and psychological changes that affect an elder’s desire and ability to eat including the changes in nutritional requirements.
10. Identify the signs of caregiver stress and develop intervention strategies to prevent burnout.

You Will Learn…

- Three A’s of Dementia: Anxiety, Agitation, Aggression
- Safe Responses to Aggressive Behaviors
- Depression
- Approaches for Successful Activities of Daily Living
- Dining with Dignity
- Person-Centered Care

You will also learn strategies to:

- Live Seminar Schedule
  - 7:30 Registration/Morning Coffee & Tea
  - 8:00 Program begins
  - 11:50-1:00 Lunch (on your own)
  - 4:00 Program ends
  - 10 – 15 minute mid-morning and mid-afternoon breaks

For locations and maps, go to www.pesihealthcare.com, find your event, and click on the seminar title.

Maple Grove, MN
Monday January 16, 2017
www.pesihealthcare.com

Roseville, MN
Tuesday January 17, 2017

Bloomington, MN
Wednesday January 18, 2017

CHALLENGING GERIATRIC BEHAVIORS

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Featuring Author & Nationally-Known Speaker
Steven Atkinson, PA-C, MS
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You will learn how to:

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- Dining with Dignity
- Person-Centered Care

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A Non-Profit Organization Connecting Knowledge with Need Since 1979
This is the best seminar on challenging geriatric behaviors that you will ever attend!  — GUARANTEED! Join Steven Atkinson, PA-C, MS, nationally respected expert, and speaker on geriatrics for a high-energy, dynamic seminar with interesting case studies, insightful discussions and interactive learning. You will leave this seminar with practical techniques that you can apply the next day!

Dealing with cognitively-impaired geriatric patients can be challenging even for the experienced professional healthcare worker. You will learn strategies to manage behaviors such as:

- Dementia
- Aggression
- Anxiety and depression
- Refusal of food and fluids
- Inappropriate sexual advances

If older adults are routinely under your care, minimize your risk of escalating the problems associated with troublesome, irrational behaviors by attending this program. Gain valuable insights into the challenges of geriatric behaviors and learn innovative and practical intervention strategies to improve patient outcomes.

"Very dynamic speaker! I thoroughly enjoyed the real-life experiences brought to the conversation!"  — Anne from WI

Speaker
Steven Atkinson, PA-C, MS, is a Board Certified Physician Assistant specializing in Geriatric Internal Medicine. He lives and works in Minneapolis, Minnesota interacting with patients in all care settings. He has been on the faculty at the University of Utah since 1994 and involved in medicine for nearly 25 years. He is frequently asked to medically manage the most difficult geriatric patients and help families gain insight into this disease process. Some of his best talents include educating staff about how to manage patients with challenging geriatric behavior. Most recently, Steven was asked by the Medical School at the University of Colorado to participate in a fellowship program. He has also spoken at the distinguished and “invitation-only” Denver Pathological Society.

Sealey Seminar Continuing Education Credit Information
Credits listed below are for full attendance of the live event only. — Certificates are distributed at the close of the program. Certificates are not registered. The event is open to the public and you do not need to be a member of ASHA to attend this program. If you are unable to attend this session, you may purchase a CD of the audio of this session and a digital copy of this course guide. If you purchase a CD of the audio, you may complete the course at your own pace and print the completed certificate of participation. If you have any questions about this program, please email placer@pesi.com. AOTA and NCBTMB providers also accept audio CDs. The cost of the CD is $79.00. The certificate of completion will be mailed to you after you have completed the course. Please allow four to six weeks for delivery. Please note: ASHA does not allow audio CDs or online courses.

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- Colorado state board of health (CDBH) Provider #: 3195-0026
- Florida Board of Physical Therapy Provider #: 00-00028
- Georgia State Board of Occupational Therapy Provider #: 61-00034
- North Carolina Board of Nursing Provider #: 50-12870

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If you are not satisfied with this seminar, we’ll make it right.

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