What You Need to Know Today about Psychiatric Medications

Featuring Dr. Tom Smith, one of the nation’s few credentialed combinations of doctor of Pharmacy & licensed mental Health Counselor

- Improve your clients’ adherence to their meds
- Practical ways to effectively communicate med information
- Best meds for each disorder & age group
- Depression, bipolar, anxiety, schizophrenia, ADHD
- DSM-5® and psychotropic med use
- Side effects and risk factors
- Medication non-adherence
- Herbals and mood disorders
- Treatment-resistant depression
- Antidepressants: How they are thought to work
- Cyclics
- SSRIs
- SNRIs
- Other common antidepressants— and why they are used
- Antipsychotics
- Antidepressants and suicidality
- Bipolar Spectrum
- Medicating Bipolar disorder
- Current “gold standard” treatment and side effects
- Anticonvulsant and antipsychotic use in Bipolar disorder
- Anticonvulsant side effects
- Risks of medication non-compliance
- New! Controversial concepts in treating Bipolar spectrum
- The Many Manifestations of Anxiety
- Medicating anxiety
- Benzodiazepines
- Non-benzodiazepines
- Medications used to treat insomnia
- Using anxiolytics safely
- Side effects of the anxiolytics
- Schizophrenia
- How antipsychotic medications are thought to work
- Conventional antipsychotics
- Second generation antipsychotics
- Antipsychotic side effects
- Relapse and non-compliance
- Controversy surrounding antidepressants in treating children and adolescents
- Antidepressants and suicide in children: The real truth
- Medicating anxiety in children
- Disruptive mood dysregulation disorder – the new pediatric bipolar disorder?
- ADHD Medications – What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!
- The evolution of psychostimulants
- Alzheimer’s medications, treatments, theory and controversy
- What’s Next: Newly Approved Mental Health Medications

Target Audience
- Counselors
- Nurses
- Nurse Practitioners
- Clinical Nurse Specialists
- Psychologists
- Social Workers
- Case Managers
- Marriage & Family Therapists
- Addiction Counselors
- Pharmacists
- School Psychologists
- Other Mental Health Professionals

Objectives
- Discuss the clinical uses of the five major psychotropic medication classes—the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants—how they work, and their common side effects.
- Describe the potential benefits and risks of using psychotropic medications for a wide array of conditions and patients.
- Summarize the wide array of mental health disorders for which medications are frequently prescribed.
- Examine what’s coming next as well as emerging and innovative trends in psychopharmacology.
- List effective methods for collaborating with clients, families and prescribers.
- Recognize the ethical and legal issues in discussing medications with clients.

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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

Most Up-To-Date Psychotropic Medication Info - Guaranteed!

Dilemmas on mental health professionals to expand their knowledge of psychotropic meds are like never before… not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

* Proven methods to improve clients’ understanding of their mental illness, and how medication aids recovery
* Identifying treatment concerns with inappropriate, inadequate doses of medication
* Tools to help clients manage unpleasant side effects
* Strategies to improve client adherence to medications
* Depression, bipolar, anxiety, schizophrenia, ADHD — the latest trends in medication management

Speaker

Tom Smith, P.D., LCHC, NFA, FAPA, BCCP, is a Licensed Mental Health Counselor, a Doctor of Pharmacy, is a Board Certified Clinical Counselor, holds Fellow status in both the American Psychotherapy Association and the American Society of Consulting Pharmacists, as well as Diplomat Status in the American Psychotherapy Association Association.

Tom has spoken on Bipolar Disorder, the DSM-5®, and psychopharmacology throughout the United States, and has had adjunct associate Professor academic appointments at the

Nonfinancial: Tom Smith is nationally published on the Americans with disabilities act and receives no compensation.

financial: Tom Smith maintains a private practice. He will address ‘off-label’ uses of commercial products. Mr. Smith is a

Your satisfaction is our goal —

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Times listed in Eastern

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By Charles Atkins, MD

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