Spend two action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management. Dr. JeanAnne Johnson Talbert teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. JeanAnne’s extensive 25 years of experience in mental health and passion for clients shines through in the depth and thoroughness of her presentation.

Clients often only have a few minutes with their prescriber and require additional support. It’s vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, JeanAnne provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including the experience of the client. JeanAnne’s extensive 25 years of experience in mental health and passion for clients, shines through in the detail and thoroughness of her presentation.

JeanAnne currently practices as a private therapist and professor in the College of Nursing and Health Sciences at Rush University. She provides specialized guidance for geriatric, pregnant or nursing women, and clients with chronic pain. She also holds a position as an administrator who creates interventions at the system level to improve your clinical outcomes. Ideal for both the rubber-meets-the-road practitioner and the administrator looking to optimize your clinical outcomes, this session will equip you with new information and tools to help you focus on mental health.

JeanAnne’s engaging presentation includes many take home “pearls” you can incorporate into your clinical practice. You will find this conference to have a clear direction for treatment and recovery, and the latest in psychopharmacology and modern mental health treatment strategies. In addition to a general “nuts and bolts” review of medications, you will examine case examples, discuss medication controversies and how to effectively collaborate with prescribing practitioners. JeanAnne’s extensive experience in mental health and passion for clients, shines through in the detail and thoroughness of her presentation.

Dr. JeanAnne Johnson Talbert has over 25 years experience in the medical field. She graduated in the treatment of substance use disorders. She graduated from Georgetown University in Washington, DC, with a Master’s Degree in Nursing as a Family Nurse Practitioner. She later received her Doctorate. As a practitioner, she has worked in a variety of specialties and settings, including inpatient and outpatient. She owns her own clinical practice, is the clinical director for an acute detox center. She is a board certified in Family Practice, Oncology and Substance Abuse/Addiction Treatment and Psychiatric/Mental Health. JeanAnne has been active with professional and national speaking on the topics of substance abuse.

Speaker Disclosure:
Financial: JeanAnne Johnson Talbert maintains a private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: JeanAnne Johnson Talbert is a member of the International Nurses Society on Addictions, American Psychiatric Nurses Association, and American Academy of Nurse Practitioners.

Seminar Schedule for Both Days:
7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50 - 1:00 Lunch (on your own)
4:00 Program ends
For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Learn current understanding of how & why mental health medications work and increase your effectiveness communicating and collaborating with prescribing practitioners. Understand which medications are evidenced-based to best treat which disorders. Identify best Tx modalities & treatment protocols to improve clients’ responses and clinical outcomes to medications.

Speaker
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Psychopharmacology: Straight Talk on Mental Health Medications - Third Edition
By Joseph F. Wigram, P.D., LCWS
A definitive guide to medication management in the pharmaceutical treatment of depression, anxiety, obsessive-compulsive, panic attacks, schizophrenia, bipolar disorder, ADHD, and several other mood and anxiety disorders.

Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders
By Charles Atkins, MD
A quick-reference guide for health care professionals that offers tools and techniques to integrate assessment and treatment of mental and substance use co-occurring disorders.

OBJECTIVES

1. Describe how mental health medications work.
2. Explain how medications are chosen for mood disorders and specific patient characteristics.
3. Define the actions, therapeutic uses, and side effects of antidepressants.

ATTENTIONAL DISORDERS
• Differential diagnoses
• Neuropsychology of ADHD
• History of treatment of ADHD with stimulants
• Attention-deficit hyperactivity disorder (ADHD)
• Stimulant medications
• Non-stimulant options

SLEEP DISORDERS
• Sleep disorders
• Medications for insomnia
• Sleep apnea and sleep-related eating disorders
• Insomnia and treatment of insomnia

PSYCHOTIC DISORDERS/ SCHIZOPHRENIA
• Neurochemistry of psychosis and schizophrenia
• Antipsychotics
• Second-generation antipsychotics
• Extrapyramidal symptoms and TD

BIPOLAR DISORDERS
• Neurochemistry and symptoms
• Bipolar disorder vs. schizoaffective disorder
• Manic symptoms
• Hypomania

BIPOLAR DISORDERS
• Neurochemistry of bipolar disorder
• Mood stabilizers
• Lithium carbonate
• Lithium toxicity

DAY TWO

ATTENTIONAL DISORDERS
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DAY THREE

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DAY FOUR

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DAY FIVE

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DAY SIX

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DAY SEVEN

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DAY EIGHT

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DAY NINE

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DAY THIRTEEN

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