Outline

Biological Psychiatry
Neurotransmitters: The theoretical-emotional signaling chemicals of the brain

DSM-5® and Psychotropic Med Use
Depression
Antidepressants: How they are thought to work
Cycles
SSRIs
SNRIs
Other common antidepressants—and why they are used
Side effects and risk factors
Herbal and depression

Treatment-resistant depression
Improving patient compliance with mental health medications
What you and your clients should know

Bipolar Spectrum
Medicating Bipolar disorder
Current “gold standard” treatment and side effects
Anticonvulsant and antipsychotic use in Bipolar disorder
Anticonvulsant side effects
Risks of medication non-compliance
New! Controversial concepts in treating Bipolar spectrum

Psychopharmacology

The Many Manifestations of Anxiety
Medicating anxiety
Benzodiazepines
Non-benzodiazepines
Medications used to treat insomnia
Using anxiolytics safely
Side effects of the anxiolytics

Schizophrenia
How antipsychotics medications are thought to work
Conventional antipsychotics
Second generation agents
Relapse and non-compliance

Controversy surrounding antidepressants in treating children and adolescents
Antidepressants and suicide in children: The real truth
Medicating anxiety in children
Disruptive mood dysregulation disorder—the new pediatric bipolar disorder?
ADHD Medications—What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!

The evolution of psychostimulants

Bipolar Spectrum
The Many Manifestations of Anxiety

Objectives

• Discuss the clinical uses of the five major psychotropic medication classes—the antidepressants, mood stabilizers, anxiety agents, antipsychotics and psychostimulants—how they work, and their common side effects.
• Describe the potential benefits and risks of using psychotropic medications for a wide array of conditions and patients.
• Address the wide array of mental health disorders for which medications are frequently prescribed.
• Examine what’s coming next as well as emerging and innovative trends in psychopharmacology.
• Implement effective methods for collaborating with clients, families and prescribers.
• Recognize the ethical and legal issues in discussing medications with clients.

Questions? Call customer service at 800-844-8260
Most Up-To-Date Psychotropic Medication Info - Guaranteed!

Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before ... not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

Proven methods to improve clients' understanding of their mental illness, and how medication aids recovery

Identifying treatment concerns with inappropriate, inadequate doses of medication

Tools to help clients manage unpleasant side effects

Strategies to improve client adherence to medication

Depression, bipolar, anxiety, schizophrenia, ADHD — the latest trends in medication management

Sharon Freeman Clevenger, MSN, MA, PMHCNS-BC, is the CEO of the Indiana Center for Cognitive Behavior Therapy in Fort Wayne, Indiana. She has national certification as an Advanced Practice Psychiatric Clinical Nurse Specialist with prescriptive authority, she has senior level international certification as an Advanced Practice Certified Addiction Nurse through the International Society of Nurses on Addictions (IntSNA) and is former president of NAADC, The Association for Addiction Professionals.

She has lectured to professional and military/ law enforcement audiences worldwide. She has authored more than 50 chapters and articles and has been a guest expert on the TV show, The Doctors. She is the co-editor for both the therapist manual and patient handbook of Overcoming Depression: A Cognitive Behavior Approach (Oxford University Press, 2009), senior editor and author of Living and Surviving in Harm's Way: The Psychological Treatment Manual for Pre- and Post-Deployment of Military Members (Routledge, 2008), Behind the Badge: A Psychological Treatment Handbook for Law Enforcement Officers, (Routledge, 2014) and senior editor and author of Cognitive Behavior Therapy in Nursing Practice (Springer Publishers, 2006).

Mrs. Clevenger has a Master’s in Advance Practice Psychiatric Mental Health Nursing, and a Masters in Counseling in Psychology. She is currently pursuing a Doctor in Health Sciences and is the director of the Indiana Center for Cognitive Behavior Therapy. She received a speaking honorarium from PeSi, Inc.

Nonfinancial: Sharon Freeman Clevenger has no relevant nonfinancial relationship to disclose.

Speaker disclosures:

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