OUTLINE

Pre-eclampsia, Eclampsia and HELLP
- Tips for timely intervention: Know when you MUST intervene
- Maximize maternal and fetal outcomes: Latest available medical treatments & interventions
- Morbidity and mortality associated with diagnosis
- Case Studies

Preterm Labor: Rapid Diagnosis and Intervention Can Make All the Difference
- Who is at the highest risk - and what you can do to lower it
- Preterm labor or just contractions?
- Beta-mimetics, Mag, Calcium channel blockers, NSAIDS, antibiotics: Who gets what?

The Perils of Shoulder Dystocia
- Can we predict shoulder dystocia?
- When a shoulder dystocia occurs: The essentials of management
- Best first line maneuvers
- Risk management considerations

Post-Partum Hemorrhage
- Patients at risk for postpartum hemorrhage
- New tips for assessing blood loss accurately

- New medications/meds with new protocols
- Interventions for rapid response
- Algorithms for treatment
- When to call the OR

High Risk Induction
- Which patients are too “high risk” for induction?
- Alternatives to pitocin
- The newest options for inductions
- Risks and benefits for induction patients
- How to change your hospital policies
- Examples of informed consent

Venous Thromboembolism in Pregnancy and Postpartum
- 41 cause of maternal death in the US
- Work up and evaluation
- Anticoagulation
- Treatment in pregnancy
- Timing delivery

Placenta Accreta
- Why is this condition on the rise?
- How to identify accreta prenatally
- Newest aggressive therapies to save lives

- Pre-eclampsia, Eclampsia, and HELLP
- Preterm Labor
- The Perils of Shoulder Dystocia
- High Risk Induction
- Venous Thromboembolism
- Placenta Accreta
- Amniotic Fluid Embolism
- Case Studies

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Jamie Otremba, MSN, RN, CNM, has over 20 years of maternal-child nursing experience and is currently practicing full scope nurse-midwifery at a progressive OB/GYN clinic in suburban Minnesota. Jamie has been active in program development and benchmarking in both clinic and hospital settings. She is also one of the medical directors for the Women’s and Children’s Service Line at a large hospital and medical center in Minnesota. Jamie served as an assistant professor at Minnesota State University and has practiced in women’s health-care in a variety of settings, including labor and delivery, postpartum, antenatal, and community health nursing. She has consulted for area health care facilities on clinical and legal practice topics, and she continues as an investigator for several medication trials pertinent to obstetric and gynecologic issues. Additionally, Jamie has enjoyed sharing her vast knowledge and experiences as a preceptor for both medical and advanced practice nursing students. She has treated obstetrical patients facing all of the high risk conditions presented during this seminar day. Her goal is to provide you with the current trends, treatments and issues pertinent to high risk obstetrics to ultimately improve the maternal and fetal outcomes of your obstetrical patients!

Jamie Otremba, MSN, RN, CNM, will delve into the most common obstetrical emergencies presenting in today’s obstetrical patients. She will provide you with a comprehensive look at pre-eclampsia, eclampsia, HELLP, the pitfalls of diagnosing and treating preterm labor, shoulder dystocia, abruptio, previa, postpartum hemorrhage, placenta accreta, amniotic fluid embolism, venous thromboembolism, VBACs, and inductions. Jamie’s extensive experiences in high risk obstetrics have provided her with keen insight into these often challenging and frightening situations. She is eager to share with you many of the effective interventions that she has acquired throughout her career!

Through enlightening case studies, persuasive evidence-based research, and an engaging presentation style, she will teach you the current trends, treatments and issues in high risk obstetrics. Attend this seminar to learn new strategies and techniques that can immediately impact the maternal and fetal outcomes of your obstetrical patients!

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Topics include assessment of fetal well-being, pregnancy loss and perinatal grief, ethical decision making, legal issues and risk management, sexually transmitted infections, infectious disease, adolescent pregnancy and complications in pregnancy. New features include patient safety and risk management strategies, a chapter on Venous Thromboembolic Disease and standardized terminology and definitions.

Neonatal Pocket Guide for NICU Nurses
By Pamela Ann Harris-Hamman, BSN, CRNP, NNP-BC, RNC-NIC
A collection of quick take-of-references. Topics include neurodevelopmental factors, cultural indicators, measurement techniques, end-enducthales, thermoregulation, respiratory, medication and radiology, cardiology, fluids, electrolytes & nutrition. Infectious disease, pharmacology, bible, Neonatal nurses' favorite visual aids.

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