The NEED TO KNOW Arrhythmias
Cardiac Conditions: What is Actually Happening?
The ABCs of Cardiac Medications

Heart Failure: Which Organs are Really Affected?
- Neurohormonal Activation
- Sympathetic Nervous System
- Renin-Angiotensin System
- Aldosterone System
- Perfusion & Congestion Assessment
- Differentiating Chronic from Acute HF
- The Importance of Unloading the Heart
- Non-Invasive Diagnostic Evaluation
- Evidence-Based Treatment
- What are the BUN & Creatinine Saying?

Valvular Heart Disease: Why the Left Side
- Contrasting Stenotic Valvular Dysfunction from Insufficiency
- Physical Assessment Clues
- Signs & Symptoms
- Associated Murmurs

Other Cardiac Disease Pathologies
- Precordial
- A Good Impactor of Myocardial Infarction
- Cardiomyopathies
- Contrasting Dilated from Hypertrophic

Advanced Skills in Assessment & Decision-Making
- Creating a Hemodynamic Profile without a PAC
- Assessing Volume Status
- Jugular Vein Distention
- Importance of Pulse Pressure
- The Value of Heart Sounds

Guarantee
Your satisfaction is our goal — and our guarantee! If you are not satisfied with this seminar, we'll make it right.

1. Describe the basic electrophysiology of the heart: Electrical versus mechanical function.
2. Utilize the “Thumbs Technique” to determine the ventricular axis of the heart.
3. Review the more common cardiac arrhythmias and discuss the causes.
4. Define hemodynamic principles in the body.
5. Relate coronary artery perfusion to cardiac musculature and the conduction system.
6. Interpret ischemia, injury, and infarction patterns on a 12-lead ECG, 15-lead, and right-sided ECG.
7. Integrate new evidenced-based guidelines to treat Acute Coronary Syndrome.
8. Explain the process of valvular dysfunction and state treatments for aortic and mitral valve disease.
9. Describe heart failure and relate physical assessment findings to hemodynamic parameters in a patient with decompensated heart failure.
10. State the evidenced-based treatments to include medications and invasive procedures for chronic and acute heart failure.
11. Differentiate dilated from hypertrophic cardiomyopathy.
12. Discuss precordial to include causes, ECG changes and treatment modalities.
Do you ever wonder why your patient with a myocardial infarction will have dyspnea? Or have a hard time explaining how beta-blockers work? Or become confused about ejection fractions, let alone hemodynamics? Or have a hard time explaining how beta-blockers work? If you have a hard time explaining to your patients about which blood vessel is causing their kidney problems, then you need to join Cathy Lockett, RN, MHA, AACN Emeritus, a mentor who can really make the information easy and understandable.

Designed with the bedside clinician in mind, this seminar is appropriate for all healthcare professionals wanting to improve their assessment skills, build a firm foundation of cardiac anatomy and physiology and apply these skills in daily patient care. Understanding these essential concepts will help you find patient complications faster and respond to them more appropriately. Cathy’s teaching style allows for an individual interactive discussion. You will leave with a systematic approach to interpreting ECGs, an understanding of common cardiac pathologies, and a renewed commitment to achieving excellence in patient care.

Cathy Lockett, RN, MHA, BSN, AACN Emeritus, has been practicing critical care nursing for over 35 years. Her critical care background includes working in medical-surgical, neuro, cardiac and cardiovascular care with most of her clinical experience in the areas of medical cardiac and cardiovascular surgery. She has provided cardiovascular care in the role of staff nurse, preceptor, educator and supervisor. Utilizing her vast knowledge and experience, Cathy has presented on numerous topics related to cardiac and pulmonary care, including ECG interpretation, hemodynamic monitoring, basic and advanced arrhythmia, pulmonary diseases and IABP therapy. Additionally, Cathy is a Training Center Faculty member for the American Heart Association in the disciplines of Basic Life Support, Advanced Life Support, and Pediatric Advanced Life Support. Cathy’s teaching style is dynamic and high-energy while remaining informal and easy to understand. Attending this one-day seminar will enhance your learning experience and improve your long-term retention of key concepts. Cathy’s teaching style indeed personifies bringing your care into focus. Cathy’s teaching style allows for an informal interactive discussion. You will leave with a systematic approach to interpreting ECGs, an understanding of common cardiac pathologies, and a renewed commitment to achieving excellence in patient care.

Save by including these PRODUCTS with seminar registration!

Clinical Nursing Assessment Skills Pocket Guide
By Cyndi Zarbano, RN, BSN, CCRN, CMORN, CLNC, NLCP.
This full-color pocket guide provides portable, quick and easy access to essential reference information on nursing assessments. Filmed with descriptive images. (2013)

Cardiovascular Disorders: Disease & Drug Consult
By Disease & Drug Consult
Cardiovascular Disorders, is part of the unique new reference series: Disease & Drug Consult. This practical and convenient handbook provides monographs of a number of relevant cardiovascular diseases plus monographs of the drugs used to treat them. For example, a nurse can read a full description of heart failure, and then turn to the drug monographs for a full discussion of each of the drugs used to treat that pathology. Part 1 of the handbook presents each disease alphabetically, including a description, causes, signs and symptoms, complications, diagnosis, treatment options, drugs used to treat that particular disorder, and the rationale for using each drug. Part 2 presents, in alphabetical order, monographs for each drug mentioned in the disease section.

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