Spending three-action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management from his unique perspective, Dr. Perry Buffington teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. Dr. Buffington’s years of experience in mental health and passion for clients, shines through in the detail and thoroughness of his presentation.

Clients often only have a few minutes with their prescriber and require additional support. It’s vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, Dr. Buffington provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including ADHD, nutrition, medical drug emergencies, and psychopharmacological ethics. Take home specialized guidelines for geriatrics, pregnant or nursing women, and clients with chronic pain. In addition to a general ‘nuts and bolts’ review of medications, you will examine case examples, discuss medication interactions and follow-up with prescribing practitioners. You will find this conference to have the most up-to-date and understandable information and how to use it most effectively with your client.

**SAVE by including these products with Conference Registration!**

- **Psychopharmacology: Straight Talk on Mental Health Medications, 3rd Edition**
  - By Joseph F.wegmann, PharmD, LCsw
  - A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of schizophrenia, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include Opioid use applications, newly released psychiatric meds, new data on factors with antidepressants, and the latest in generic psychopharmacology.

- **Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders**
  - By Charles Akers, MD
  - A practical, step-by-step guide with diverse case studies gives you the tools to improve your clinical outcomes. Ideal for both the novice and the more seasoned clinician, who wants effective strategies and a clear direction for treatment and intervention. This book will also give you cutting-edge, innovative interventions at the system level with attention to regulation and reimbursement demands.

- **Stay Mindful & Color: Find Calm, Clarity, and Happiness**
  - By Donald Altman, M.A., LPC
  - A pioneering coloring book like no other. Integrating easy-to-use, we enhancing coping skills with beautifully detailed and illustration strategies that visually reinforce the meditations practice. Perfect for adults who are looking for ways to better manage stress, anxiety, as well as reduce symptoms related to anxiety, depression, and pain. If your mental hard drive has ever "crashed," let Stay Mindful & Color reboot your brain, stress centering, soothing practice and joyful, optimistic drawing at a time.

**Psychopharmacology Conference**

**Speaker**

Perry Buffington, Ph.D., M.S., has worked for 20+ years in the medical consulting field before turning to teaching and writing. Dr. Buffington teaches psychopharmacology at the undergraduate and graduate levels for the University of Georgia, Georgia Southern University, and the Georgia School of Professional Psychology. He is former chairman of the prestigious Florida Psychiatric Association’s Prescriptive Authority Committee and teaches seminars nationwide on minimizing psychopharmacological errors.

As the author of eight books (currently working on his first psychopharmacology text), his by-line has appeared in hundreds of periodicals including the Saturday Evening Post, Sky, and served as a syndicated newspaper/web columnist for Universal Press. He is a former contributing editor for Delta Airlines’ in-flight magazine, Sky, and served as a syndicated newspaper/web columnist for Universal Press. Perry’s presentation style is engaging, a blend of education and entertainment; as a psychologist, and other mental health professionals, Dr. Buffington provides the information you need in order to best help your clients.

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- **7:30 Registration/Morning Coffee & Tea**
- **8:00 Program begins**
- **12:00 - 1:00 Lunch (on your own)**
- **4:00 Program ends**

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**Pharmacology & Psychology**

**Program Topics**

- **Psychopharmacology**
  - Understand current understanding of how & why mental health medications work
  - Understand which medications are evidenced-based to best treat which disorders
  - Improve your clients’ responses and clinical outcomes to medications
  - Help your clients recognize side effects and learn how to manage them
  - Learn about new receptor-action trends in prescribing
  - Understand current controversies in the field
  - Analyze specific ethics associated with Psychopharmacology
PSYCHOPHARMACOLOGY
Pharmacotherapy vs. psychotherapy
Placebo & nocebo
Clarification of terms
Biogenic amine, cortisol, down-regulation, & neurotropic
the terminal button & neuronal health

1. Describe the mechanism of action of today's psychotropic medications.
   - Antidepressants
   - Antipsychotics
   - Mood stabilizers
   - Anticonvulsants & neuromodulators

2. Describe mechanism of action of today's psychotropic medications.
   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

3. Describe mechanism of action of today's psychotropic medications.
   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

4. Describe mechanism of action of today's psychotropic medications.
   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

5. Describe mechanism of action of today's psychotropic medications.
   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

7. Describe mechanism of action of today's psychotropic medications.
   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

8. Describe mechanism of action of today's psychotropic medications.
   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

   - Anti-convulsants & neuromodulators
   - Mood stabilizers
   - Anticonvulsants & neuromodulators
   - Anti-convulsants & neuromodulators

10. Describe mechanism of action of today's psychotropic medications.
    - Anti-convulsants & neuromodulators
    - Mood stabilizers
    - Anticonvulsants & neuromodulators
    - Anti-convulsants & neuromodulators

11. Describe mechanism of action of today's psychotropic medications.
    - Anti-convulsants & neuromodulators
    - Mood stabilizers
    - Anticonvulsants & neuromodulators
    - Anti-convulsants & neuromodulators

    - Acute vs. chronic pain
    - Pain management
    - Acute vs. chronic pain
    - Pain management

13. Recognize the need for the use of medication in the treatment of mental illness.
    - Medication use
    - Medication use
    - Medication use
    - Medication use

14. Recognize the need for the use of medication in the treatment of mental illness.
    - Medication use
    - Medication use
    - Medication use
    - Medication use

15. Recognize the need for the use of medication in the treatment of mental illness.
    - Medication use
    - Medication use
    - Medication use
    - Medication use

16. Recognize the need for the use of medication in the treatment of mental illness.
    - Medication use
    - Medication use
    - Medication use
    - Medication use

17. Recognize the need for the use of medication in the treatment of mental illness.
    - Medication use
    - Medication use
    - Medication use
    - Medication use

18. Discuss future research and its impact on future prescribing and patient care.
    - Future research
    - Future research
    - Future research
    - Future research

19. Discuss future research and its impact on future prescribing and patient care.
    - Future research
    - Future research
    - Future research
    - Future research

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    - Future research
    - Future research
    - Future research
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    - Future research
    - Future research
    - Future research
    - Future research

22. Discuss future research and its impact on future prescribing and patient care.
    - Future research
    - Future research
    - Future research
    - Future research

23. Discuss future research and its impact on future prescribing and patient care.
    - Future research
    - Future research
    - Future research
    - Future research

OBJECTIVES
1. Differentiate a basic knowledge of the historical antecedents of psychopharmacology products and their relation to today's psychotropics.
2. Describe mechanism of action of today's psychotropic medications.
4. Define side effects including nutritional, cognitive, sexual, and behavioral associated with psychotropic medications.
5. Discuss options for clients including medications and psychotherapy.
6. Explain how medications are chosen for mood disorder and specific patient characteristics.
7. Discuss medication treatment options for ADHD.
8. Define medication management of sleep disorders.
9. Identify medications effective with eating disorders.
10. List medication treatment options for substance use disorders and how to effectively incorporate medication-assisted treatments into an overall plan for care.
11. Distinguish the unique medication considerations for geriatric clients.
12. Differentiate between the use of psychotherapy and medication treatment for specific disorders.
13. Analyze future trends, including preventing side effects vs. managing side effects.
14. Discuss the essential research specifically pertinent to the modern practice of clinical psychopharmacology.
15. Apply standard traditional standards into clinical practice, determining competency, consistency, and variability in the use of psychopharmacology.
16. List specific ethical issues and the role they play in today's practice of clinical psychopharmacology.
17. Examine the role of the prescriber as both the patient advocate and protector.
18. Discuss future research and its impact on future prescribing and patient care.

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