

OUTLINE

Normal Aging, Dementia, Depression or Delirium

- Normal aging changes of the mind
- Depression, dementia, and delirium
- Alzheimer's disease and other dementias
- Diagnose, differentiate, and develop a plan of care

Alzheimer's Disease

- Stages
- Assessment
- Getting a diagnosis
- Behavioral issues of early diagnosis
- Management and interventions
- Pharmacological treatments

Driving with Dementia

- Driving safety
- Legal issues
- Assess driving abilities
- How to take the keys away

Wandering

- Reasons why cognitively impaired individuals wander
- Is wandering a bad thing?
- Issues to consider
- Manage a wanderer's behavior

Physical Aggression

- Identify the cause of aggression
- Loss of impulse control
- Regression of the mind/child-like mind
- Manage the problem

Inappropriate Sexual Behaviors

- Normal sexual drive or inappropriate behavior
- Cognitively impaired individuals
- Medication management
- Ethical considerations

Refusing to Eat/Forgetting to Eat

- Reasons why geriatric patients slow or stop eating
- Nutritional needs in a geriatric patient
- Improve nutritional status
- Malnutrition and dehydration
- Alternatives to eating

Sleepless Nights

- Sundowning and behavioral problems in the evening
- Why does sundowning occur?
- Environmental interventions to decrease aggressive behaviors
- Medication management when it becomes problematic

Caregiver Stress

- Physical, psychological, and emotional stress
- Identify caregiver burnout and ways to help
- Assist the caregiver

Other Issues

- Ways to identify potential falls and prevent injury
- Causes for orthostatic hypotension
- Ways to avoid using restraints

Case Studies: Learning from Experience and Mistakes

- How to manage sundowners
- Strategies to improve hygiene
- Reassurance and redirection

Live Seminar & Webinar Schedule (Time listed in Pacific)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch *(on your own)*

4:00 Program ends

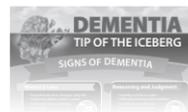
There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

OBJECTIVES

1. Develop strategies to manage difficult behaviors in seniors who have an altered perception of reality.
2. Differentiate between appropriate and inappropriate sexual behaviors in individuals with dementia.
3. Distinguish between normal sleeping patterns and bedtime issues which could lead to increased health problems.
4. Analyze the physical and psychological changes that affect an elder's desire and ability to eat including the changes in nutritional requirements.
5. Apply current research findings to prevent and slow progression of Alzheimer's disease.
6. Determine environmental and behavioral triggers of agitation.
7. Develop strategies to minimize or redirect wandering behavior.

FREE Infographic

Dementia:
Tip of the
Iceberg



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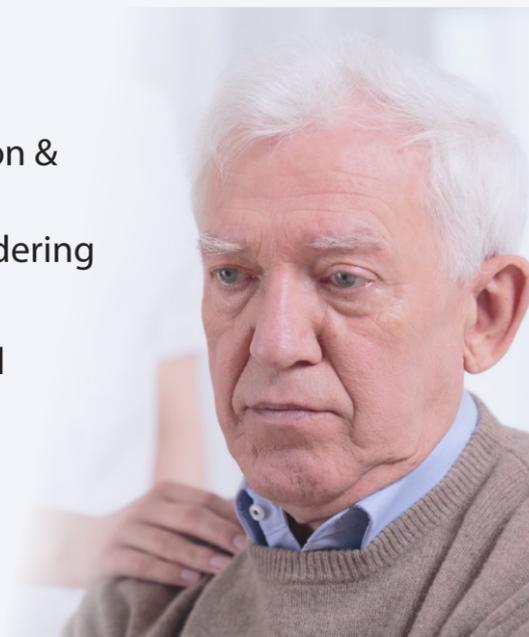


We Are Back! Join In Person or Online!

Challenging Geriatric Behaviors

Featuring Geriatric Internal Medicine Expert, Author & National Presenter
Steven Atkinson, PA-C, MS

- Dementia, depression & delirium
- Sundowning & wandering
- Physical aggression
- Inappropriate sexual behaviors
- Refusals to eat



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Challenging Geriatric Behaviors

Oakland, CA
Monday
March 7, 2022

Live Interactive Webinar
Monday
March 7, 2022

Webinar registration includes access to the video download of this training for 3 months!

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REGISTER NOW:
pesihc.com/express/86094



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Challenging Geriatric Behaviors

This is the best seminar on challenging geriatric behaviors that you will ever attend – GUARANTEED! Join Steven Atkinson, PA-C, MS, nationally-known expert, author and speaker on geriatrics for a high-energy, dynamic seminar filled with interesting case studies, insightful discussions and interactive learning. You will leave this seminar with practical techniques that you can apply the next day!

Dealing with cognitively-impaired geriatric patients can be challenging even for the experienced healthcare professional. You will learn strategies to manage behaviors such as:

- Dementia
- Aggression
- Anxiety and depression
- Refusal of food and fluids
- Inappropriate sexual advances

If older adults are routinely under your care, minimize your risk of escalating the problems associated with troublesome, often irrational behavior by attending this program. Gain valuable insights into the causes of challenging geriatric behaviors and learn innovative and practical intervention strategies to improve the care you provide.



"I have never in 38 years as a RN learned as much in other courses as I did in this course. Loved it. Steven is smart as a whip, and very likable!"

Karen, RN

"VERY knowledgeable and presented the information in a way that engaged his audience."

- Michelle, NP

"Great info that I can implement with my treatment of patients in PT."

- Laura, PT

"Excellent and very informative course! The instructor is a gem and I learned so much!"

- Veronica, RN

"Wonderful course, I learned a great deal!"

- Maria, OT

Recommended Reading:

Purchase this training for these exclusive savings!



Keeping Love Alive as Memories Fade

The 5 Love Languages and the Alzheimer's Journey

~~\$15.99~~ **\$12.99**

Questions? Visit our FAQ page at www.pesihc.com/faq or contact us at www.pesihc.com/info.

Can't attend in person? You can still join us!

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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Missy Cork** at mcork@pesi.com or call 715-855-6366.

MEET YOUR SPEAKER



Steven Atkinson, PA-C, MS, is a Board-Certified Physician Assistant specializing in geriatric internal medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.

Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years, primarily speaking about geriatric-related syndromes.

Steven is the author of *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations*, Second Edition and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

Speaker Disclosure:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians; and owner of Mindful Geriatrics, LLC. He is an Adjunct Faculty at the University of Utah. Mr. Atkinson receives royalties as an author for PESI Publishing and Media. He receives a speaking honorarium from PESI, Inc.

Non-financial: Steven Atkinson has no relevant non-financial relationship to disclose.

Target Audience:

Nurses • Physical Therapists • Physical Therapist Assistants • Occupational Therapists
Occupational Therapy Assistants Speech-Language Pathologists • Social Workers
Nursing Home Administrators • Registered Dietitians & Dietetic Technicians Recreation Therapists



If you are not satisfied, please contact our customer service team at www.pesihc.com/info or 800-726-3888 and we will make it right.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, Webinar can be downloaded after completing the Webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

Registered Dietitians & Dietetic Technicians: PESI, Inc. PE001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from July 1, 2019 through June 30, 2022. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6.0 CPEUs continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. This program/material is designated as LEVEL 2.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours. Partial contact hours will be awarded for partial attendance.

California Nurses: PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 17118 for 6.0 contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance.

Pharmacology Nurse Practitioners: This program offers 90 instructional minutes of pharmacology content which is designed to qualify for 1.5 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

California Physical Therapists & Physical Therapist Assistants: PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers. This lecture qualifies for 6.25 continuing competency hours.

Speech-Language Pathologists:



Intermediate Level
.6 ASHA CEUs

*** Please note that Speech-Language Pathologists and/or Audiologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

California Speech-Language Pathologists and Audiologists: PESI, Inc. is an approved provider with the California Speech-Language Pathology and Audiology Board, #PDP 319. This course meets the qualifications for 6.0 hours of continuing professional development credit for Speech-Language Pathologists or Audiologists, as required by the California Speech-Language Pathology and Audiology Board.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this live course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

California Social Workers: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licenses/cont_ed.html under "Where to find CE Courses." This Intermediate level activity consists of 6.0 clock hours of continuing education instruction.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

SIGN UP TODAY!

Challenging Geriatric Behaviors

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1 Please complete entire form if sending by mail *please print legibly* ©2021

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*Cell Ph () _____ Work Ph () _____ ***Required for event updates**

2 Live Training Options (make copy for your records)

A SELECT LOCATION

- OAKLAND, CA • March 7, 2022** [86094OKD]
Holiday Inn Hotel & Suites Oakland
77 Hegenberger Road • 94621 • (510) 638-7777
- LIVE VIDEO WEBINAR • March 7, 2022** [PWZ86094]
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- On-Demand Digital Seminar \$219.99*** [POS073670]
- DVD \$219.99**** [RNV073670]

* plus applicable sales tax, visit www.pesihc.com/faq for more information

4 Recommended Reading

- ~~\$15.99~~ **\$12.99**** *Keeping Love Alive as Memories Fade* book [SAM086220]

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

5 Select Payment Method

All registrations must be prepaid.

- Check enclosed payable to **PESI, Inc.**
- Purchase order enclosed (Fed ID # 26-3896894)
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IN-PERSON SAFETY
As you prepare to make face-to-face learning a part of your professional development, we want you to know that your safety is ALWAYS our top priority. We are fully committed to monitoring and implementing all best practices outlined by state and local regulations.

ADA NEEDS
We would be happy to accommodate your ADA needs; Please notify us at time of registration.

SAME DAY REGISTRATION
Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS
Advance registration required. Cannot be combined with other discounts.

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- **FREE Military Tuition:** Free live seminars for veterans and active duty military, limited seats available, advanced registration online required
- **\$50 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesihc.com/coord for availability and job description, first come, first serve.
- **Discounted Student Rate:** 50% off standard tuition on live events for students. Current student schedule with registration form required or visit www.pesihc.com/students for details.

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