

ETHICS AND DISTANCE THERAPY

Navigating the Most Challenging Issues with Teletherapy

January 21, 2022: 8:30 - 11:45 am Eastern (with 15 minute break)

This three-hour training will equip you with essential knowledge, tools, and resources that you need for the ethical and legal provision of distance therapy services and, additionally, will provide an effective method for navigating any type of professional problem or dilemma.

Join Terry Casey, PhD, ethics expert, and learn what he has identified during his years of experience as the important Six Keys to Distance Therapy as well as other need-to-

know ethical, legal, and professional issues pertaining to distance therapy. Using an easy-to-use decision-making method, you will be guided through several distance therapy-related scenarios illustrating how to arrive at ethically and legally sound decisions.

In addition, this seminar provides numerous supplemental resources and links designed to aid you in finding the answers you need beyond the day of the seminar...sign up today!

Outline

Navigating Ethical Issues

The Multiple Perspective Model®:
An effective and easy-to-use method

Step #1 – Evaluate the problem from the five key perspectives

Ethical issues – applicable code(s) of ethics
Legal issues – federal laws, state laws & licensing rules

Clinical-therapeutic issues
Institutional policies
Therapist's variables & issues

Step #2 – Identify, search & review the appropriate code(s) of ethics

Foundational principles
Standards
Glossary or list of definitions

Step #3 – Consultation

Consult with colleagues who you know well
Consult with professionals who can be fully objective

Step #4 – Decision and documentation – Show your work!

Who, what, where & when
Narrative descriptions
A guide for how to make your decision

Navigating Distance Therapy:

The Six Keys to Distance Therapy

Key #1 – Technology must meet HIPAA requirements

What HIPAA compliance means
Business associates & BAAs
When FERPA applies rather than HIPAA

Key #2 – Interjurisdictional practice

Authority limits of state licensing boards
Therapy for a client/patient who is in another state
When the provider is in a state other than the one in which she/he is licensed

Key #3 – Competence

State-mandated training requirements
Actual competence to practice

Key #4 – Informed Consent

Setting up a distance therapy-specific process
Topics & issues to include in the process

Key #5 – Institutional / private practice policies

The purpose of policies
Considerations for writing policies

Key #6 – Insurance related issues

Clients' health insurance policies
Coverage for distance therapy
Limitations of benefits
Provider's liability insurance: Possible limitations

Distance therapy-related vignettes

Strategies & Methods for Avoiding Ethical and Legal Problems

Secure Internet access
Importance of business associate agreement (BAA)
Telehealth laws app
Certification in distance therapy
Establish a separate informed consent process
A communication and social media policy
And lots more...

Learning Objectives can be viewed at pesi.com/webcast/86401

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Navigating the Most Challenging Issues with Teletherapy

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ETHICS WITH MINORS

An Essential Guide for Mental Health Professionals

January 21, 2022: 1:00 - 4:15 pm Eastern (with 15 minute break)

Working with minors and their parents presents unique challenges and problems but also provides unique rewards for therapists. **There is often confusion and misunderstanding about myriad ethical and legal issues to consider when working with minors.**

This training will dive into some of these key issues and how to navigate them:

- **Vulnerability** of minors & power differentials
- **Consent:** Who can provide it and when
- **Special rights of older adolescents**
- Challenges of **divorced parents**
- **HIPAA vs FERPA**
- Boundary, **Social media & texting** issues
- **Parental access to child's records**
- **Mandatory reporting** of abuse

You will learn how to **use an effective and easy-to-use decision-making model that can be used in any situation when working with minors.** Vignettes are used to illustrate how to navigate challenging situations involving minors and you'll receive additional resources to assist you beyond this training.

Outline

Navigate Challenging Situation with Minors: How to do it!

The five key perspectives and how to use them
Consultations: Two important types
Essentials of how to document your decision

Boundaries and Multiple Relationships: "Thin Ice!"

Social media & communication policies
Power differentials and why they matter
Virtual relationships
Texting and messaging
Vignette: Ashley's Tweets: Social media hazards
Vignette: Client in a Bind: Multiple Relationships

Legal Matters: Consent, Records and Reporting

Consent vs assent
Who can provide consent and when?
Parents' rights

Special rules for older adolescents
Informed consent process
Mandatory reporting of abuse
Vignette: Robert's separated parents

Strategies for Avoiding Problems and Reducing Risk

Establish your role at intake
Keep all involved on the same page
Determine if HIPAA or FERPA applies
Obtain the parenting plan before treatment
Use psychotherapy notes when appropriate
Know state laws about minors' rights and more!

Learning Objectives can be viewed at pesi.com/webcast/86401



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Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists
Addiction Counselors • School Counselors • School Social Workers
School Psychologists & Other Mental Health Professionals who work with minors

Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

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Meet Your Speaker

TERRY CASEY, PhD, is a licensed psychologist, HSP with over 30 years of professional experience, including a 16-year tenure as the director of counseling & psychological services for a non-profit agency with over 30 counselors at over a dozen locations. He is in private practice in Franklin Tennessee, teaches ethics and professional issues in counseling at Lipscomb University's graduate program in clinical mental health counseling, and guest lectures at Trevecca University's PhD program in Clinical counseling.

Dr. Casey also served for several years as the chair of the ethics committee for the Tennessee Licensed Professional Counselors' Association and in an advisory capacity for graduate counseling programs at two universities. He has presented frequently on ethics to organizations such as the American Counseling Association, the Tennessee Licensed Professional Counselors Association, the Nashville Area Association of Christian Counselors, and others. For more information, visit his practice website at rencounselingtn.com.

Speaker Disclosure

Financial: Dr. Terry Casey maintains a private practice. He is an adjunct faculty member at Lipscomb University. Dr. Casey receives a speaking honorarium from PESI, Inc.
Non-financial: Dr. Terry Casey is a member of the American Psychological Association and the American Counseling Association

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This continuing education activity is designed to meet state board requirements for the following professionals:
Addiction Counselors, Counselors, Marriage and Family Therapists, Physicians, Psychologists, Social Workers


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Ethics and Distance Therapy

National CE Credit Approvals For Live Webinar
Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

*includes up to 3.0 hours of general ethics instruction.

 This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 3.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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January 21, 2022 PWZ86400

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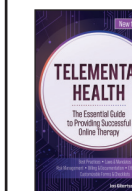
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Recommended Reading:



Telemetal Health
The Essential Guide to Providing Successful Online Therapy
Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH
~~\$24.99~~ **\$19.99***

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