

Outline

Play Therapy – Why Play

Getting Started

Therapeutic benefit
 Limitations & potential risks
 Assessment and diagnostic
 From intake to termination
 An ongoing process
 Therapeutic benefits
 Engaging children in play
 Neurobiology of play
 Repair of developmental trauma
 Tools for self-regulation

Disorders and Client Situations

Trauma/PTSD
 Anxiety
 OCD
 Depression and self-esteem issues
 ADHD
 Abuse
 Divorce
 Loss

Play Therapy Techniques

Non-Directive Techniques:
 Client-centered play therapy
 Sandtray
 Music and art

Objectives

1. Assess anxiety symptoms using play therapy techniques to better inform treatment outcomes.
2. Evaluate the ethical implications and clinical limitations of using play therapy in clinical practice.
3. Integrate attachment-based play activities into your practice to improve client engagement in treatment.
4. Discover how trauma impacts brain development, and how play therapy can strengthen relationships and improve behavior.
5. Demonstrate an effective evidence-based play therapy technique that can treat trauma symptoms and be used with your clients.
6. Determine how play therapy can reframe trauma experiences, increase self-regulation and connect to a mind-body awareness.

Directive Techniques:

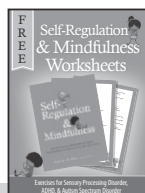
3 Animals
 Red Light / Green Light Scribble
 Fun with feathers
 Puppet Play
 Bubble Tennis
 7 Sentence Story
 Build a House®
 Kinesthetic Storytelling®
 Mind Jars
 Worry Dolls
 Fantasy Island
 Superhero Gadgets
 Mindful Freeze Dance
 Worry Brain Trap
 Self Care Mind Maps
 Labyrinths
 Sandtray Interventions

Areas of Caution

Wet and dry
 Selecting the right mediums
 The Limbic System
 Importance of collaboration
 Children who have been abused
 Sexualized and acting out behaviors
 Importance of self-care

FREE BONUS OFFER!

Self-Regulation & Mindfulness Worksheets



Access these practical and engaging printable tools at pesirehab.com/mindfulnessworksheets

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



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We Are Back! Join In Person or Online!

PLAY Therapy

Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

Featuring Tammi Van Hollander, LCSW, RPT-S, Author, International Presenter and Play Therapy Expert

Powerful techniques for your toolbox:

Sand Tray
 Art Therapy
 Mindfulness
 Bibliotherapy

PLAY Therapy

Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

Plainview, NY
Monday, February 7, 2022

Live Interactive Webinar
Monday, February 7, 2022

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Live Seminar & Webinar Schedule

(Time listed in Eastern)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch *(on your own)*

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience:

Play Therapists • Psychologists • Counselors
 Social Workers • Educators
 Marriage and Family Therapists
 Occupational Therapists
 Occupational Therapy Assistants
 Speech-Language Pathologists



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PLAY Therapy

Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

Play Therapy is an incredible communication tool for children. Children speak the language of play and the toys are their words. Play therapy allows children to:

- Manage anger and express thoughts and feelings
- Improve self-control and boost self-esteem
- Reduce fear, anxiety and depression
- Heal trauma

You will leave with a toolbox filled with ready to use Play Therapy techniques that you can immediately implement in your work with children and also adapt for clients of all ages.

Attend this workshop and you will learn how to communicate with children through play, strengthen relationships, help children regulate their minds and bodies, and to help them create a safe space to heal. Experience the fun-filled power of play therapy and other expressive arts modalities. Tammi Van Hollander, LCSW, RPT-S, will show you how to effectively use sand trays, bibliotherapy, mindfulness and so many other powerful techniques. Much of this conference will include active learning and hands-on participation. Get ready to learn and have fun!

Recommended Reading:

Purchase this training for these exclusive savings!

2,4,6,8 This Is How We Regulate
75 Play Therapy Activities to Increase Mindfulness in Children
Tracy Turner-Bumberry, LPC, RPT-S, CAS
\$24.99 \$19.99

Play Therapy
Engaging & Powerful Techniques for the Treatment of Childhood Disorders
Clair Mellenthin, LCSW, RPT-S
\$29.99 \$22.99



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Questions? Visit our FAQ page at www.pesikids.com/faq or contact us at www.pesikids.com/info.

Can't attend in person? You can still join us!

Watch live webinar from your home or office – Participate live in real-time while connecting and collaborating with peers, ask the presenter questions, earn a live CE certificate, free bonus – replay on demand access for 90 days (live CE is only available when viewed live) OR **Watch on-Demand** – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit pesikids.com for availability).

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Meg Graf** at mgraf@pesi.com or call 715-855-8199.

Meet Your Speaker

Tammi Van Hollander, LCSW, RPT-S, is a licensed clinical social worker and registered play therapist. She is the owner of Main Line Play Therapy in Ardmore, PA. Tammi is an international speaker and play advocate. She is a certified trainer for the Nurtured Heart Approach®, a certified FirstPlay® practitioner, trained in level one Theraplay® and EMDR.

Her work and creative interventions in the field of play therapy have been published and internationally recognized. Her Facebook community is internationally recognized for her resources and interventions that are shared with teachers, parents, clinicians and other professionals. She specializes in attachment, sandtray play therapy & sensory integration working with children, families, and adults of all ages. Tammi is the author of an attachment-based multi-sensory story titled *Casey's Greatness Wings: Teaching Mindfulness, Connection and Courage to Children*. For more information on Tammi's publications and work, visit her website at www.mainlineplaytherapy.com

Speaker Disclosure:

Financial: Tammi Van Hollander is the owner of Main Line Therapy, LLC. She receives a speaking honorarium from PESI, Inc.
Non-financial: Tammi Van Hollander is a member of the Association for Play Therapy.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line: "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, webinar can be downloaded after completing the webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law or beyond the boundaries of practice in accordance with and in compliance with your profession's standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

Play Therapists: PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this program will qualify for 6.0 contact hours. Play therapy credit may only be awarded to mental health professionals.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Connecticut Counselors: CE credit is available. This course consists of 6.25 continuing education clock hours for Connecticut Counselors. The Regulations of Connecticut State Agencies confirm acceptance of this program as a qualifying continuing education activity if approved by the Association of Social Work Boards (Sec. 20-195c-3). Please see social work CE statements for this program.

New Jersey Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

New York Counselors: CE credit is available. PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Educators/Teachers: This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Connecticut Educators and Administrators: This program is designed for educators and administrators and may qualify towards your professional development. Please check with your district or Professional Development and Evaluation Committee (PDEC) for approval. This live activity consists of 6.25 clock hours of professional development instruction.

New York Educators: PESI, Inc. is an approved sponsor of CTLE with the New York State Education Department's (NYSED) Office of Teaching Initiatives. Provider #23567. This activity will qualify for 6.25 Approved Continuing Teacher and Leader Education (CTLE) Hours(s), in the area of Pedagogy. Hours are based on full attendance. Board required certificates will be sent after the program.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

New York Marriage & Family Therapists: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists & Physicians:

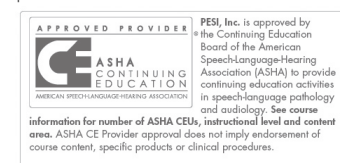
Physicians
PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists
The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

Connecticut Psychologists: CE credit is available. This course consists of 6.25 continuing education credit hours for Connecticut Psychologists. CT Gen Stat Sec. 20-191c Continuing Education (b)(3) confirms acceptance of continuing education programs relevant to psychology from a nationally recognized provider of continuing education seminars. PESI, Inc. is a nationally recognized provider of continuing education seminars with multiple national CE approvals.

New Jersey Psychologists: CE credit is available. This course consists of 6.0 continuing education credit hours for New Jersey Psychologists. The New Jersey Administrative Code, Title 13 Law and Public Safety, Chapter 42, Board of Psychological Examiners, Section 13-42-10.21 Continuing Education Programs, confirms acceptance of continuing education programs relevant to psychology from providers approved by the American Medical Association (AMA). This live activity is certified for a maximum of 6.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACCME provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

New York Psychologists: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0014. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.



Speech-Language Pathologists: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area). ** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Social Workers (NASW): This activity is pending approval from the National Association of Social Workers.

New Jersey Social Workers: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/86510.

New York Social Workers: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

SIGN UP TODAY!

Play Therapy
Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

SAVE TIME! Express Register Online: pesikids.com/express/86510

1 Please complete entire form if sending by mail please print legibly

*Email address _____ ***Email required to receive registration confirmation, CE certificate, and/or digital product.**

Name _____ Profession _____

Billing Address _____ Home Work

Company Name (if work address): _____

City _____ County _____ State _____ Zip _____

*Cell Ph () _____ Work Ph () _____ ***Required for event updates**

2 Live Training Options (make copy for your records)

A SELECT LOCATION

- PLAINVIEW, NY • February 7, 2022** [86510PNV]
Holiday Inn Plainview-Long Island
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- LIVE VIDEO WEBINAR • February 7, 2022** [PWZ86510]
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3 Home Study Options

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- DVD \$219.99**** [RNV063470]

* plus applicable sales tax, visit www.pesikids.com/faq for more information

4 Recommended Reading

- \$24.99 \$19.99**** *2,4,6,8 This Is How We Regulate* book [PUB085710]
- \$29.99 \$22.99**** *Play Therapy* book [PUB085380]

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

5 Select Payment Method

All registrations must be prepaid.

- Check enclosed payable to **PESI, Inc.**
- Purchase order enclosed (Fed ID # 26-3896894)
- MC 16 digits VISA 13-16 digits AE 15 digits Discover Novus 16 digits

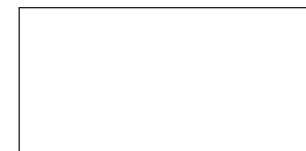
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Signature _____

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Total Payment:



QUESTIONS

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OTHER WAYS TO REGISTER

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Online: pesikids.com/express/86510

For all credit approvals and details, visit: www.pesikids.com/express/86510