

# Outline

## Executive Skills

- Underlying theory
- Executive skills in the context of brain function and child development

## Assessment of Executive Skills

- Parent/teacher/student interviews
- Behavior rating scales
- Observations
- Informal assessment
- Formal assessment

## Intervention Strategies

- Environmental modifications to reduce the impact of weak executive skills
- Teaching strategies to help children develop/improve executive functioning
- Using incentives to help practice or use skills that are difficult

## Keys to Effective Intervention Design

- Match the child's developmental level
- Use the child's innate drive for mastery and control
- Begin with environmental modifications
- Effortful tasks and ways to make them less difficult
- Use incentives to augment instruction

# Objectives

- 1 Assess the relationship between the executive skills and brain development/ function in relation to assessment and treatment planning.
- 2 Propose strategies to accommodate and strengthen weak planning and organizational skill, to improve client level of functioning.
- 3 Appraise assessment tools used to identify deficits in executive functioning to better inform your choice of treatment interventions.
- 4 Determine how executive skills impact performance and activities of daily living at home and school for the purpose of client psychoeducation.
- 5 Utilize environmental modification strategies to support deficits in executive skills thus improving treatment outcomes.
- 6 Implement strategies that transition children from being externally prompted to internally regulated.

- Provide the minimum support necessary
- Apply supports and interventions until the child achieves mastery or success
- Gradually fade supports, supervision and incentives

## Coaching: An Effective Strategy for Building Executive Skills

- Description of 2-stage process
- Coaching with younger children
- Clinical case examples
- Research studies supporting the efficacy of coaching

## Limitations of the Research and Potential Risks

- Limited empirical evidence for the approach
- Approach integrates evidence-based practices such as ABA and RTI
- No "one size fits all" for any treatment modality

### Live Seminar & Webinar Schedule *(Time listed in Central)*

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch *(on your own)*
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

**FREE**

**The Parts of a Task Game**

Video and Worksheet

Get yours today at [pesi.com/1318video](http://pesi.com/1318video)

**Group Training Solutions Made Easy!**

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available

[www.pesikids.com/inhouse](http://www.pesikids.com/inhouse)

NON-PROFIT ORGANIZATION U.S. POSTAGE PAID EAU CLAIRE, WI PERMIT NO. 32729

PESI Kids P.O. Box 1000 Eau Claire, WI 54702-1000 A Division of PESI, Inc.

# Smart but Scattered

## EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Featuring  
**Peg Dawson, Ed.D., NCSP**



**Downers Grove, IL**  
Friday  
March 25, 2022

**Live Interactive Webinar**  
Friday  
March 25, 2022



**REGISTER NOW:**  
[pesikids.com/express/86682](http://pesikids.com/express/86682)



**We Are Back! Join In Person or Online!**

# Smart but Scattered

## EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

### Effective Strategies to Boost Any Child's Ability to...

- Get organized
- Resist impulses
- Stay focused
- Use time wisely
- Plan ahead
- Manage emotions
- Persist with tasks
- Improve memory

Featuring  
**Peg Dawson, Ed.D., NCSP**

- A leading expert in executive dysfunction assessment and intervention strategies
- Co-author of the best-selling books, *Executive Skills in Children and Adolescents*, 3rd Ed., *Smart but Scattered* and *Smart but Scattered Teens*



**Downers Grove, IL**  
Friday  
March 25, 2022

**Live Interactive Webinar**  
Friday  
March 25, 2022



**REGISTER NOW:**  
[pesikids.com/express/86682](http://pesikids.com/express/86682)

Children who have deficient executive skills often have trouble getting started on tasks, get distracted easily, lose papers or assignments and forget to hand in homework. They make careless mistakes, put off work until the last minute and have no sense of time urgency. Workspaces are disorganized and teachers often refer to their backpacks or lockers as “black holes.” Often considered chronic underachievers, these children are at risk for academic failure as well as emotional and behavioral difficulties.

Dr. Dawson, co-author of the best-selling books *Executive Skills in Children and Adolescents*, 2nd Ed. (Guilford, 2010), *Smart but Scattered* (Guilford, 2009) and *Smart but Scattered Teens* (Guilford, 2013), uses case examples along with interactive discussion to demonstrate how the executive skills manifest in daily home and school activities. Learn how to assess these skills and take home evidence-based strategies to help children and adolescents overcome executive skills weaknesses.

Leave this seminar with a set of tools that includes strategies for task/environmental modifications, skill development through cognitive/behavioral techniques and creation of incentive systems. You will be able to give teachers and parents a means for developing and improving the following:

- Organization
- Time management
- Impulse control
- Goal-directed persistence
- Executive skills critical for independent functioning

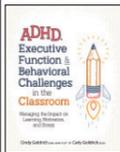
# Smart but Scattered

## EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

**Dr. Dawson developed a widely used assessment, and intervention strategies for executive skill deficits in children and adolescents.**

### Recommended Reading:

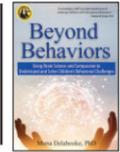
Purchase this training for these exclusive savings!



**ADHD, Executive Function & Behavioral Challenges in the Classroom**

Cindy Goldrich, M.ED., ACAC & Carly Goldrich, BS, ED

**\$29.99 \$22.99**



**Beyond Behaviors**  
Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges

Mona M Delahooke, Ph.D.

**\$29.99 \$22.99**



If you are not satisfied, please contact our customer service team at [www.pesikids.com/info](http://www.pesikids.com/info) or 800-726-3888 and we will make it right.

**Questions?** Visit our FAQ page at [www.pesikids.com/faq](http://www.pesikids.com/faq) or contact us at [www.pesikids.com/info](http://www.pesikids.com/info).

### Can't attend in person? You can still join us!

**Watch live webinar from your home or office** – Participate live in real-time while connecting and collaborating with peers, ask the presenter questions, earn a live CE certificate, free bonus – replay on demand access for 90 days (live CE is only available when viewed live) OR **Watch on-Demand** – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit [pesikids.com](http://pesikids.com) for availability).

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Cyndi Cathey** at [ccathey@pesi.com](mailto:ccathey@pesi.com) or call **715-855-5253**.

## Meet Your Speaker

**Peg Dawson, Ed.D., NCSP**, is a school psychologist and for over 20 years has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders. She is co-author of the best-selling books on executive dysfunction, *Executive Skills in Children and Adolescents: 2nd Edition* (Guilford, 2010), *Smart but Scattered* (Guilford, 2009) and *Smart but Scattered Teens* (Guilford, 2013).

Peg is a past editor of *Communiqué*, the newsletter of the National Association of School Psychologists, and has published numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process and homework.

Peg has many years of organizational experience at the state, national and international levels and served in many capacities, including president of the New Hampshire Association of School Psychologists, the National Association of School Psychologists (NASP) and the International School Psychology Association. She has also participated in many of NASP's leadership initiatives, including the Futures Conference and the development of both the second and third Blueprint for the Training and Practice of School Psychology. She is the 2006 recipient of NASP's Lifetime Achievement Award. Peg received her doctorate in school/child clinical psychology from the University of Virginia.

#### Speaker Disclosure:

Financial: Margaret (Peg) Dawson is an author for Guilford Press and receives royalties. She is an author for Amazon publishers and receives royalties. She receives a speaking honorarium from PESI, Inc.

Non-financial: Margaret (Peg) Dawson has no relevant non-financial relationship to disclose.

### Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Therapists • Marriage and Family Therapists  
Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators  
Educational Paraprofessionals • Occupational Therapists • Occupational Therapy Assistants  
Other Helping Professionals Who Work with Children

## Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line: "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, webinar can be downloaded after completing the webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi.com](http://cepesi.com) or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

**Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Illinois Counselors:** CE credit is available. This course consists of 6.0 continuing education clock hours for Illinois Counselors. The Illinois Division of Professional Regulation, Administrative Code Section 1375.220(c), confirms acceptance of continuing education programs relevant to counseling that are provided by a Social Work Continuing Education Sponsor approved by the Division. PESI, Inc is an approved provider with the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 159-000154. Full attendance at this course qualifies for 6.0 contact hours.

**Educators/Teachers:** This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

**Illinois Educators:** 6.0 ISBE Professional Development (PD) Clock Hours will be made available through Quincy University.

**Marriage & Family Therapists:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Illinois Marriage & Family Therapists:** PESI, Inc. has been approved as a provider of continuing education by the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. Provider #: 168-000156. Full attendance at this course qualifies for 6.0 credits.

**Nurses, Nurse Practitioners, and Clinical Nurse Specialists:** PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours. Partial contact hours will be awarded for partial attendance.



**Occupational Therapists & Occupational Therapy Assistants:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



**Illinois Psychologists:** CE credit is available. PESI, Inc is an approved provider with the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 268.000102. Full attendance at this course qualifies for 6.0 contact hours.

**Speech-Language Pathologists:**



PESI, Inc.

Intermediate Level  
.6 ASHA CEUs

\*\* Please note that Speech-Language Pathologists and/or Audiologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

**Social Workers:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this live course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.



**Illinois Social Workers:** PESI, Inc is an approved provider with the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 159-000154. Full attendance at this course qualifies for 6.0 contact hours.

**Other Professions:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

For all credit approvals and details, visit: [www.pesikids.com/express/86682](http://www.pesikids.com/express/86682)

**SIGN UP TODAY!**

**Smart But Scattered**  
Executive Dysfunction at Home and at School

**SAVE TIME! Express Register Online: [pesikids.com/express/86682](http://pesikids.com/express/86682)**

**1 Please complete entire form if sending by mail**

*please print legibly*



\*Email address \_\_\_\_\_  
\*Email required to receive registration confirmation, CE certificate, and/or digital product.

Name \_\_\_\_\_ Profession \_\_\_\_\_

Billing Address \_\_\_\_\_  Home  Work

Company Name (if work address): \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Cell Ph ( ) \_\_\_\_\_ Work Ph ( ) \_\_\_\_\_  
\*Required for event updates

**2 Live Training Options**

(make copy for your records)

**A SELECT LOCATION**

**DOWNERS GROVE, IL • March 25, 2022** [86682DWN]  
DoubleTree Guest Suites Hotel  
2111 Butterfield Rd • 60515 • (630) 971-2000

**LIVE VIDEO WEBINAR • March 25, 2022** [PWZ86682]  
Broadcast LIVE to your computer!

**B SELECT TUITION** includes downloadable seminar manual

**\$219.99** – choose one of the options below:

- per person for 2 or more preregistering together —OR—
- single registration postmarked 3 weeks prior to seminar date
- \$249.99** standard

Add tax in HI & NM for Webinar

**3 Home Study Options**

- On-Demand Digital Seminar \$219.99\*** [POS041380]
- DVD \$219.99\*\*** [RNV041380]

\* plus applicable sales tax, visit [www.pesikids.com/faq](http://www.pesikids.com/faq) for more information

**4 Recommended Reading**

**\$29.99 \$22.99\*\*** *ADHD, Executive Function & Behavioral Challenges in the Classroom* book [PUB086045]

**\$29.99 \$22.99\*\*** *Beyond Behaviors* book [PUB085405]

\*\*Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

**5 Select Payment Method**

**All registrations must be prepaid.**

Check enclosed payable to **PESI, Inc.**

Purchase order enclosed (Fed ID # 26-3896894)

MC 16 digits  VISA 13-16 digits  AE 15 digits  Discover Novus 16 digits

Card # \_\_\_\_\_

Card Exp. \_\_\_\_\_ CVV#\*: \_\_\_\_\_

Signature \_\_\_\_\_

(\*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (\*American Express: 4-digit # above account # on face of card.)

**Total Payment:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_