

2-DAY: 2022 GERIATRIC CONFERENCE

Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Steven Atkinson, PA-C, MS, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Steven is passionate about his work and looks forward to sharing his expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

Get Management Strategies and More for:

Alzheimer's Disease & Dementias	Managing Challenging Behaviors
Pain Management	Caregiver Stress & Burnout
Geriatric Pharmacology	And Much More
Geriatric Emergencies	

You will be able to demonstrate your expertise caring for this patient population as you **earn your certification as an Evergreen Certified Dementia Care Specialist (ECDCS) through Evergreen Certifications**. In just two days, you will meet the educational hours to qualify for this respected certification.

Sign up today....before this training is at capacity!

Target Audience:

Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians



CONFERENCE SPEAKER

Steven Atkinson, PA-C, MS, is a Board Certified Physician Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.



Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years, primarily speaking about geriatric-related syndromes. Steven is the author of *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations, Second Edition* (PESI, 2016) and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians and Midwest Geriatrics Services, and he is the owner of Mindful Geriatrics, LLC. He provides legal counseling services to medical professionals and receives compensation. Mr. Atkinson receives a fee for course development from Executive Links. He is adjunct faculty at the University of Utah. Mr. Atkinson receives a speaking honorarium and recording royalties from PESI, Inc. He owns stocks/shares in Moderna, Inc. All relevant financial relationships with ineligible organizations have been mitigated.

Non-financial: Steven Atkinson is a member of the board for MDMA. He is a member of AMDA/PALTC, GMPA, and others. For a complete list, please contact info@pesi.com.

Live Seminar Schedule For both days

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
5:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
 Actual lunch and break start times are at the discretion of the speaker.
 A more detailed schedule is available upon request.



If you are not satisfied, please contact our customer service team at www.pesihc.com/info or 800-726-3888 and we will make it right.

Questions? Visit our FAQ page at www.pesihc.com/faq or contact us at www.pesihc.com/info.

Can't attend in person? You can still join us!

Watch on-Demand – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit pesihc.com for availability).

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Missy Cork** at mcork@pesi.com or call 715-855-8194.

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We Are Back! Join In Person!

2-DAY
**2022 GERIATRIC
 CONFERENCE**

Honolulu, HI
 Thursday & Friday
 December 1 & 2, 2022



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We Are Back! Join In Person!

2-DAY
**2022 GERIATRIC
 CONFERENCE**

**BECOME CERTIFIED
 IN DEMENTIA CARE!** *Earn your CERTIFICATION Today!*

This seminar meets ALL requirements to become an Evergreen Certified Dementia Care Specialist through Evergreen Certifications!

Professional standards apply, visit www.evergreencertifications.com/ECDCS for full certification details.

Get Management Strategies and More for:

- Alzheimer's Disease & Dementias
- Pain Management
- Geriatric Pharmacology
- Geriatric Emergencies
- Managing Challenging Behaviors
- Caregiver Stress & Burnout
- And Much More!

Up To 14.5 CE Hours, including 6.3 CE Hours of Pharmacology Credit

Honolulu, HI
 Thursday & Friday
 December 1 & 2, 2022

OUTLINE

DAY ONE

SESSION 1: Differentiating Dementias

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care you provide.

- Normal vs. Abnormal Aging
- Types of Dementias
- Alzheimer's Disease
- Parkinson's Disease Dementia
- Substance-Induced Neurocognitive Disorder
- Pharmacological Management

OBJECTIVES

1. Appraise the signs and symptoms of Alzheimer's disease and other dementias.
2. Determine appropriate diagnostic tests to achieve accurate diagnosis.
3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

OBJECTIVES

1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk medications.
3. Appraise at least three new guideline recommendations related to geriatric pharmacology.

SESSION 3: Pain Management in the Elderly

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

OBJECTIVES

1. Implement controlled substance/pain management contracts into practice.
2. Prepare to manage symptoms of controlled substance and alcohol misuse and abuse in geriatric patients.
3. Develop best practice methods for prescribing in the geriatric population.

DAY TWO

SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
- Physical Aggression
- Inappropriate Sexual Behaviors
- Eating Issues & Nutrition in Elders with Dementia
- Sleepless Nights & Sundowning
- Professional Issues

OBJECTIVES

1. Determine strategies to diminish the occurrence of behavioral problems in individuals with dementia.
2. Apply behavioral and environmental techniques to diminish challenging behavioral problems.
3. Analyze how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

SESSION 2: Geriatric Emergencies

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
- Common Underlying Chronic Illness
- Cardiovascular Emergencies
- Pulmonary Emergencies
- Cerebrovascular Emergencies
- Orthopedic Emergencies
- Abdominal Emergencies

OBJECTIVES

1. Develop strategies to identify abuse and neglect.
2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
3. Differentiate between typical aging and complex management of co-morbidities in the elderly.

SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

- The BEERS List
- Risks Associated with Anticholinergic Drugs
- The TOP TEN
- 5 Things Patients & Physicians Should Question

OBJECTIVES

1. Develop age-sensitive principles for medication dosing and management to clinical scenarios.
2. Propose key questions useful for identifying and managing polypharmacy in older adults.

CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be an Evergreen Certified Dementia Care Specialist (ECDCS) through Evergreen Certifications is complete.*

Attendees will receive documentation of ECDCS designation from Evergreen Certifications 4 to 6 weeks following the program.

* Professional standards apply. Visit evergreencertifications.com/ecdcs for professional requirements.

Recommended Reading:

Purchase this training for these exclusive savings!



Wound Care Pocket Guide: Clinical Reference, Second Edition

~~\$39.99~~ **\$29.99**



Keeping Love Alive as Memories Fade

The 5 Love Languages and the Alzheimer's Journey

~~\$15.99~~ **\$12.99***

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Please see "live seminar schedule" for full attendance start and end times. For the in-person event, after attendance has been verified, pre-registered attendees will need to log into their online account to access the online evaluation and certificate of completion. For those in partial attendance (arrived late or left early), a letter of attendance will be available in the attendee online account after completion of the evaluation. An adjusted certificate of completion reflecting partial credit will be sent within 30 days (if your board allows). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. For planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, PESI UK, PESI AU, and Psychotherapy Networker.

Pharmacology Nurse Practitioners: This program offers 380 instructional minutes of pharmacology content which is designed to qualify for 6.3 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of professional development. Course approval ID# 000002557. This Live is offered at 1.45 CEUs Intermediate, OT Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Physical Therapists & Physical Therapist Assistants: This activity consists of 14.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Hawaii Physical Therapists & Physical Therapist Assistants: CE credit is available. This course consists of 14.5 continuing education credit hours for Hawaii Physical Therapists. The Continuing Competence Requirements Under HRS Chapter 461J-10.13 for Hawaii Licensed Physical Therapists part III. A. 3. confirms acceptance of continuing education programs that are recognized by other state physical therapy licensing boards. PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers.

Physicians and Physician Assistants:

Physicians: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME such as PESI. Physician assistants may receive a maximum of 14.5 hours for completing this program.

Speech-Language Pathologists:



Intermediate Level
1.45 ASHA CEUs

** Please note that Speech-Language Pathologists and/or Audiologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

Social Workers (NASW): This live program is approved by the National Association of Social Workers (Approval #886759332-4636) for 14.5 Social Work continuing education contact hours.

Other Professions: This activity qualifies for 880 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

SIGN UP TODAY! 2-Day 2022 Geriatric Conference

SAVE TIME! Express Register Online: pesihc.com/express/87756

1 Please complete entire form if sending by mail *please print legibly*

*Email address _____
*Email required to receive registration confirmation, CE certificate, and/or digital product.

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2 Live Training Options

(make copy for your records)

A SELECT LOCATION

- HONOLULU, HI • December 1 & 2, 2022**
Hyatt Regency Waikiki
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B SELECT TUITION includes downloadable seminar manual

- \$419.99** standard

3 Home Study Options

- On-Demand Digital Seminar \$419.99***
- DVD \$419.99****

* plus applicable sales tax, visit www.pesihc.com/faq for more information

4 Recommended Reading

- ~~\$39.99~~ **\$29.99**** *Wound Care Pocket Guide: Clinical Reference, Second Edition* reference cards
- ~~\$15.99~~ **\$12.99**** *Keeping Love Alive as Memories Fade* book

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

5 Select Payment Method

All registrations must be prepaid.

- Check enclosed payable to **PESI, Inc.**
- Purchase order enclosed (Fed ID # 26-3896894)

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IN-PERSON SAFETY

As you prepare to make face-to-face learning a part of your professional development, we want you to know that your safety is ALWAYS our top priority. We are fully committed to monitoring and implementing all best practices outlined by state and local regulations.

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

• **Get a Group Discount!** Contact us at pesihc.com/info to save for groups of 5 or more

• **FREE Military Tuition:** Free live seminars for veterans and active duty military, limited seats available, advanced registration online required

• **\$100 Tuition (for both days):** If you are interested in being our registration coordinator for the day, go to: www.pesihc.com/coord for availability and job description, first come, first serve.

• **Discounted Student Rate:** 50% off standard tuition on live events for students. Current student schedule with registration form required or visit www.pesihc.com/students for details.

QUESTIONS

Visit pesihc.com/faq or contact us at pesihc.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

OTHER WAYS TO REGISTER

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