

Outline

Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)
Intake session: questions about developing identity
Strategies to establish rapport and comfort
Tips for discussing sex and sexuality

Talk About Sex!

Don't miss out on key info by ignoring the sex talk
Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions
Varieties of sexuality
Protect the client from your own biases and assumptions

Coming Out

Stigma and its impact on mental health from childhood to adulthood
6 distinct stages with interventions
Navigate the 3 phases of coming out to avoid isolation and alienation
Fear, shame and rejection unique to this population
Relationship concerns: family, friends, school or workplace
Finding a sense of belonging in LGBTQ community
Harmful and dangerous effects of conversion therapy

LGBTQ Adolescence

Coming out issues
It gets better but not before coming out
Bullying and other safety issues contributing to PTSD
Harm reduction adult dating apps such as Grindr, Scruff, etc.
Risk assessment for substance abuse
Assess for suicidality
Finding support

Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male
Accurate assessment of alcohol use with this high risk population
HIV & STI prevention strategies and risk and harm reduction
Generational differences informing different treatment plans
Internalized homophobia
Learn specific sexual terminology to avoid alienating your client

Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian
Specific terminology that is helpful and damaging in this population
Sex and sexuality: what to know, what to ask
Strategies to manage gender dynamics
Internalized homophobia manifests in development

Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships
Internalized biphobia and bisexual development from childhood into adulthood
Compare and contrast male and female bisexuality

Transgender

Overcome the knowledge barrier
Avoid using outdated treatment plans
Learn and differentiate correct terms such as gender queer, gender fluid and cisgender
Strategies to help your client tell their partner, families, friends and employers
Tips to discuss hormone treatments and surgical procedures
Crucial points for transgender teens medically and psychologically and how to create best treatment plan

Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path
Differentiate between sexual fluidity from bisexuality, gay and lesbian identities
Differentiate between sexual identity, sexual behavior and sexual fantasies

Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths
Coming out discrepancy causing turbulence for couples
Recognize and identify how internalized homophobia creates conflicts
Open relationships in gay male couples
Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

Working with Mixed Orientation Couples and Relationships

Specific stages of coming out as a mixed orientation couple
Specialized treatment programs for the straight spouses
Helping LGBTQ spouse integrate their identity into their mixed orientation relationships
Learn how to identify which couples will succeed and which won't

Learning Objectives can be viewed at pesi.com/webcast/87833

Live Webinar Schedule (Times listed in Eastern)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

Live Interactive Webinar
Thursday, November 17, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.



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Earn 6.25 Cultural Competency CE Hours



Featuring Joe Kort PhD, LMSW
International Speaker, Author and Expert

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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients. I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn't know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts.

Don't be a therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, PhD, LMSW

Don't miss this valuable opportunity to learn from a leading expert in the field!



“Brilliant presenter, could have kept listening for days!”

Tamara – Counselor



“Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!”

Sue – Social Worker



“Best program I have been to!”

Christina – Psychologist



“I feel that I gained a lot of good info for my clients.”

Angie – Counselor



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Meet Your Speaker

Joe Kort, PhD, LMSW, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and “sexual addiction”. Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy*, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.



Speaker Disclosure:

Financial: Dr. Joe Kort maintains a private practice. He receives royalties as a published author, and he receives a speaking honorarium and book and recording royalties from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Joe Kort is a member of the National Association of Social Workers (NASW), the Institute for Imago Relationship Therapy, and the American Association of Sexuality Educator, Counselors, and Therapists (AASECT).

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers • Physicians
Marriage & Family Therapists • Nurses • Addiction Counselors • Other Mental Health Professionals

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CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Physicians, Psychologists, and Social Workers.**

For specific credit approvals, details, and planning committee disclosures, please see the “credit approvals and details” URL below. For speaker disclosures, please see speaker bios.

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

*includes up to 6.25 hours of cultural competency instruction.



This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.



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PESI, Inc., #1062, is approved to offer social work continuing education

by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Cultural Competency continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

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*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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November 17, 2022 [PWZ87832]

\$219.99 tuition

8am Eastern time

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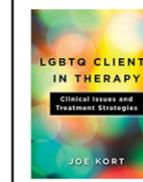
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DVD Experience:

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CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability and pricing

Recommended Reading:



LGBTQ Clients in Therapy
Clinical Issues and Treatment Strategies

By Joe Kort, PhD, LMSW

~~\$29.95~~ \$24.99*



LGBTQ+ Youth
A Guided Workbook to Support Sexual Orientation and Gender Identity

By Lee-Anne Gray, PsyD

~~\$29.99~~ \$22.99*

*Discount Included with purchase of the Webinar

OTHER WAYS TO REGISTER

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Fax: 800-554-9775

Mail: PESI, Inc.
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*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

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QUESTIONS

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