

Outline

Why Play Therapy Works

Therapeutic power of play
Facilitates communication
Fosters emotional wellness
Enhances social relationships
Increases personal strengths

Assessment and Diagnosis

Common myths of behavior disorders
Systemic assessment of emotional and behavioral distress
 School, home, and community relationships
 Impact of inconsistent and harsh parenting/relationship practices
Race, gender, ethnicity, culture issues and bias
Trauma assessment

TREATING DISRUPTIVE BEHAVIOR DISORDERS

Oppositional Defiant Disorder

Recurrent behavioral and relational patterns
Impact on the family system
Shame and vulnerability (in the family) - The Kryptonite!
 Cycle of disconnect, rejection, and attachment ruptures
Environmental risk factors

Play Therapy Interventions to Combat Negative Behaviors

Play-based regulation and co-regulation techniques
 Calm down jars
 Lemon squeezies
 Blast It!
 Guided imagery
Repair and enhance relationships
 Shame shields
 Feeling monsters

Conduct Disorder Treatment

Misdiagnosis and misunderstandings
 Gender and racial bias in diagnosis
Trauma history of the child
Impact of trauma on brain development and maladaptive coping response
Patterns of engagement in the home, school, and community
Impact on family relationships

Trauma Treatment

Etiology of trauma in disruptive behavior disorders
Impact on neurological functioning and development
PTSD - the most overlooked diagnosis contributing to Disruptive Behavior Disorders (DBD)
Assess for attachment ruptures and relational trauma
Shame-based punitive parenting
Repair and restore safety in the home

Play Therapy Interventions to Address Underlying Trauma

Increase emotional intelligence and understand trauma symptoms
 Bound and rebound
 Sandtray
 Expressive arts in play
Repair and rebuild relationships
 Nurturing spoons
 Volcano inside of me

Play-Based Interventions to Promote Parent/Child Attachment

Building bridges of connection and communication
Create emotional safety
My safe place
Telling my story
My many colors of me

Inviting the Parent in the Playroom

Help the parent become a resource to their child
Decrease shame and vulnerability in the relationship
Improve healthy attachment-seeking behaviors
Repair attachment wounds and ruptures
Teach positive parenting strategies

Learning Objectives can be viewed at pesikids.com/webcast/87911

Live Seminar & Webinar Schedule (Time listed in Central) Both days

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

FREE BONUS OFFER!

Self-Regulation & Mindfulness Worksheets



Access these practical and engaging printable tools at pesirehab.com/mindfulnessworksheets

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



www.pesikids.com/inhouse

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE, WI
PERMIT NO. 32729

PESI Kids
P.O. Box 1000
Eau Claire, WI 54702-1000
A Division of PESI, Inc.

2-Day Conference:

Play Therapy

Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma

Dallas, TX

Monday & Tuesday

December 5 & 6, 2022


Live Interactive Webinar

Monday & Tuesday

December 5 & 6, 2022

 PESI Kids


REGISTER NOW:
pesikids.com/express/87911

 We Are Back!
Join In Person or Online for this 2-day live conference!

2-Day Conference:

Play Therapy

Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma



Featuring
Clair Mellenthin, LCSW, RPT-S,
International Speaker, Author and Family Trauma & Attachment Expert

- Decrease aggression, outbursts, and improve parent-child relationships
- Help stop the cycle of disconnect, rejection, and attachment ruptures
- Co-regulation play-based activities to promote healthy coping and attunement

Dallas TX


Monday & Tuesday

December 5 & 6, 2022


Live Interactive Webinar

Monday & Tuesday

December 5 & 6, 2022

 PESI Kids

REGISTER NOW:
pesikids.com/express/87911

 PESI Kids

www.pesikids.com

A NON-PROFIT ORGANIZATION
CONNECTING KNOWLEDGE WITH NEED SINCE 1979

REGISTER NOW:
pesikids.com/express/87911

Play Therapy

Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma

Childhood Disruptive Behavior Disorders are on the rise! Tantrums, anger, defiance, threatening behavior...

How can we as therapists more effectively decrease acting-out behaviors and help repair, rebuild and create strong parent-child relationships?

Join me, Clair Mellenthin, expert in child and family trauma and attachment, as we dive into the impact of Oppositional Defiant Disorder and Conduct Disorder on children, teens, and their families. **You'll learn effective, powerful, evidence-based play therapy interventions including guided imagery, mindfulness, expressive arts, and sandtray play**—all of which include parent-child relationship enhancement activities.

This workshop will show you how:


- the impact of attachment plays a role in the etiology of childhood disruptive behavior disorders
- to utilize attachment-centered play therapy techniques to treat these diagnoses in children
- to strengthen parent-child relationships
- to improve overall self-esteem and confidence—giving the child tools to control their challenging symptoms and help heal the family system.

Register today to explore the power of play therapy—and incorporate these strategies into your mental health practices with young clients and their families!

Target Audience:

Mental Health Clinicians • School Counselors • Psychologists • Physicians • Counselors
Social Workers • Occupational Therapists • Marriage and Family Therapists • Play Therapists
Speech-Language Pathologists

Recommended Reading:



Play Therapy
Clair Mellenthin, LCSW, RPT-S
\$29.99 \$22.99



Big Behaviors in Small Containers
Paris Goodyear-Brown, MSSW, LCSW, RPT-S
\$36.99 \$27.99

Purchase this training for these exclusive savings!


Questions? Visit our FAQ page at www.pesikids.com/faq or contact us at www.pesikids.com/info.

Can't attend in person? You can still join us!

Watch live webinar from your home or office – Participate live in real-time while connecting and collaborating with peers, ask the presenter questions, earn a live CE certificate, free bonus – replay on demand access for 90 days (live CE is only available when viewed live) OR **Watch on-Demand** – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit pesikids.com for availability).

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Meg Mickelson Graf** at mgraf@pesi.com or call **715-855-8199**.


Meet Your Speaker



Clair Mellenthin, LCSW, RPT-S, is an international speaker, author, psychotherapist, and Registered Play Therapist Supervisor. Throughout her career, she has specialized in providing play therapy to children, teens, and their families. She is currently the Director of Child & Adolescents at Wasatch Family Therapy. Ms. Mellenthin frequently presents professional play therapy and family therapy trainings on Attachment-Centered Play Therapy, Family, and Trauma issues both nationally and internationally.

Ms. Mellenthin is a sought-after supervisor, training graduate students and interns in play therapy, and an adjunct faculty member at the University of Southern California MSW program. She is the past-president of the Utah Association For Play Therapy and remains an active member on the Board of Directors. She is the author of the books *Attachment Centered Play Therapy*; *Play Therapy: Engaging & Powerful Techniques for the Treatment of Childhood Disorders*; *My Many Colors of Me Workbook*, and has authored several chapters and articles. In addition to being an experienced play therapist and professor, Ms. Mellenthin also appears on local and national TV and radio as an expert on children and family issues. She holds a Master's Degree in Social Work from the University of Southern California.

Speaker Disclosure:
Financial: Clair Mellenthin has an employment relationship with Wasatch Family Therapy. She receives a speaking honorarium, recording royalties, and book royalties from PESI, Inc. Ms. Mellenthin is a published author and receives royalties. She has no relevant financial relationships with ineligible organizations.
Non-financial: Clair Mellenthin is a member of the National Association of Social Workers and the Association for Play Therapy.



If you are not satisfied, please contact our customer service team at www.pesikids.com/info or 800-726-3888 and we will make it right.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Please see "live seminar schedule" for full attendance start and end times. For the in-person event, after attendance has been verified, pre-registered attendees will need to log into their online account to access the online evaluation and certificate of completion. For those in partial attendance (arrived late or left early), a letter of attendance will be available in the attendee online account after completion of the evaluation. An adjusted certificate of completion reflecting partial credit will be sent within 30 days (if your board allows). The CE certificate for the live webinar can be downloaded after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. For planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, PESI UK, PESI AU, and Psychotherapy Networker.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

School Counselors: This intermediate activity consists of 12.5 clock hours or 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Texas Counselors: CE credit is available. This activity consists of 12.5 clock hours of continuing education instruction for Texas Counselors. The Texas State Board of Examiners of Professional Counselors no longer approves programs or providers. PESI activities meet the continuing education requirements as listed in Title 22 Texas Administrative Code, Chapter 681, Subchapter J, Section 681.142 Acceptable Continuing Education. Please retain the certificate of completion that you receive and use as proof of completion when required.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Texas Marriage & Family Therapists: This activity consists of 12.5 clock hours of continuing education instruction. Texas State Board of Examiners of Marriage and Family Therapists no longer approves programs or providers. PESI activities meet the continuing education requirements as listed in Title 22 of the Texas Administrative Code, Chapter 801, Subchapter K, Section 801.264 Types of Acceptable Continuing Education. Please retain the certificate of completion that you receive and use as proof of completion when required.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of professional development. Approved provider# 3322. This Live activity is offered at 1.25 CEUs Intermediate, OT Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.


Play Therapists: PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this program will qualify for 12.5 contact hours. Play therapy credit may not be awarded to non-mental health professionals.

Psychologists & Physicians:
Physicians
PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists
The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

Texas Psychologists: CE credit is available. This course consists of 12.5 professional development credit hours for Texas Psychologists. Pursuant to Board rule 461.11, the Texas State Board of Examiners of Psychologists accepts programs by formally organized groups providing professional development that is directly related to the practice of psychology; and professional associations relating to other mental health professions such as social work. PESI is a formally organized group dedicated to providing professional development programs for psychologists, social workers and other mental health professions.

Speech-Language Pathologists:



Intermediate Level
1.25 ASHA CEUs

PESI, Inc.

** Please note that Speech-Language Pathologists and/or Audiologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this live course receive 12.5 Clinical continuing education credits.

Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

For all credit approvals and details, visit: www.pesikids.com/express/87911

SIGN UP TODAY!

2-Day Conference: Play Therapy
Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma

SAVE TIME! Express Register Online: pesikids.com/express/87911

1

Please complete entire form if sending by mail

please print legibly

©2022



*Email address _____
*Email required to receive registration confirmation, CE certificate, and/or digital product.

Name _____ Profession _____

Billing Address _____ ☐ Home ☐ Work

Company Name (if work address): _____

City _____ County _____ State _____ Zip _____

*Cell Ph () _____ Work Ph () _____
*Required for event updates

2

Live Training Options

(make copy for your records)

A

SELECT LOCATION

☐ **DALLAS, TX • December 5 & 6, 2022**
DoubleTree Hotel Dallas-Campbell Centre
8250 N Central Expressway • 75206 • (214) 691-8700

☐ **LIVE VIDEO WEBINAR • December 5 & 6, 2022**
Broadcast LIVE to your computer!

B

SELECT LIVE IN-PERSON TUITION includes downloadable seminar manual

\$439.99 – choose one of the options below:

☐ per person for 2 or more preregistering together —OR—
☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$499.99** standard

WEBINAR TUITION includes downloadable seminar manual

☐ **\$439.99** registration (add tax in HI & NM)

3

Home Study Options

☐ **On-Demand Digital Seminar \$439.99***

☐ **DVD \$439.99****

* plus applicable sales tax, visit www.pesikids.com/faq for more information

4

Recommended Reading

☐ **\$29.99 \$22.99**** *Play Therapy* book

☐ **\$36.99 \$27.99**** *Big Behaviors in Small Containers* book

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

5

Select Payment Method

Total Payment:

Card # _____

Card Exp. _____ CVV#: _____

Signature _____

(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (*American Express: 4-digit # above account # on face of card.)

All registrations must be prepaid.

☐ Check enclosed payable to **PESI, Inc.**

☐ Purchase order enclosed (Fed ID # 26-3896894)

☐ MC ☐ VISA ☐ AE ☐ Discover Novus

16 digits 13-16 digits 15 digits 16 digits