

Outline

The Many Faces of Grief:

Types, Presentations and Clinical Implications

Kübler Ross' Stages of Grief
 Normal grief and acute reactions
 Complicated or prolonged grief
 Persistent Complex Bereavement Disorder – chronic, masked, distorted
 Ambiguous grief in the face of changes in the living
 Traumatic grief following sudden or violent loss
 Anticipatory and disenfranchised grief
 Delayed, inhibited, abbreviated other types of commonly overlooked grief

Assessment Tools for Grieving Clients:

Identify Grief Intensity, Suicidality, Depression and Other Co-Occurring Disorders

Grief intensity scale
 Hogan grief reaction checklist
 Uncover trauma, depression, and anxiety
 How to assess for suicidal thoughts or ideation
 Isolation, sleep, and nutrition concerns for grieving clients
 The caregiver grief inventory

Culture, Spirituality and Mourning:

The Clinicians' Quick Guide to Grief Work with Clients of Diverse Cultures and Beliefs

Continuing relationships with the deceased
 How culture impacts length of mourning
 Spiritual impacts of grief
 Cultural expectations of grief to be aware of

Grief Counseling and Treatment Approaches:

Promote Healthy Grieving for Clients Across the Lifespan

Grief counseling vs. grief treatment – what's the difference?
 Working with grief in kids, adults, and the elderly
 Dual Process Model – loss and restoration
 Companionship Model – being present for the mourner
 Task Based Model - accommodating a new life
 The ATTEND Model for increased attunement
 Complicated Grief Treatment Model
 Ethical and professional boundary issues

The Grief and Bereavement Toolbox:

Enhance Emotional Regulation, Build Connection and Support Adaptation to Loss

How to use narrative interventions in complicated grief counseling
 CBT techniques for guilt, blame and other maladaptive cognitions following loss
 Family sculpting techniques for grief
 Creative tools to support emotional regulation and expression
 Ways to build social support
 Research and treatment risks
 Case studies

Live Seminar & Webinar Schedule (Times listed in Eastern)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
 Actual lunch and break start times are at the discretion of the speaker.
 A more detailed schedule is available upon request.

Objectives

1. Analyze how types of grief and grief reactions inform clinicians' choice of counseling or treatment.
2. Investigate appropriate grief symptomology and employ assessment tools to uncover clinical concerns like trauma, depression, and suicidality.
3. Utilize best practices to enhance grief counseling and treatment with clients from diverse cultures and with diverse beliefs.
4. Investigate the needs of bereaved children, families, and the elderly to individualize treatment and promote healthy adaptation following loss.
5. Apply CBT techniques to help clients manage guilt, blame, and other maladaptive cognitions following loss.
6. Apply narrative approaches to help clients cope and empower them to construct meaning following loss.

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Grief Counseling and Treatment Certification Training

- Confidently handle the most intimidating elements of grief work
- Assessments to identify grief intensity and uncover suicidality
- Specific interventions to manage guilt, blame and other maladaptive cognitions following loss
- Creative tools to support emotional regulation and expression

Independence, OH

Monday, December 5, 2022

Pittsburgh, PA

Wednesday, December 7, 2022

Erie, PA

Tuesday, December 6, 2022

Live Interactive Webinar

Wednesday, December 7, 2022



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We Are Back! Join In Person or Online!

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Grief Counseling and Treatment Certification Training

Assessments and Interventions to Support Healthy Grieving and Adaptation to Death and Loss



Featuring **Tiffani Dilworth, LCPC**, psychotherapist, author, and sought-after speaker



BECOME A CERTIFIED GRIEF INFORMED PROFESSIONAL!

This seminar meets ALL requirements to become a Certified Grief Informed Professional (CGP) through Evergreen Certifications!
 Professional standards apply, visit www.evergreencertifications.com/cgp for full certification details.

Independence, OH

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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

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Grief Counseling and Treatment Certification Training:

Assessments and Interventions to Support Healthy Grieving and Adaptation to Death and Loss

It has always been your calling to help the suffering.

And today a growing wave of grieving clients is looking to professionals like you for assistance as dramatic rises in death and loss have left millions in anguish.

You're eager to lead those in pain out of their dark places and give them a glimmer of hope, but working with death and loss can be intimidating. One wrong step can break the therapeutic alliance and some forms of grief are easy to overlook, preventing you from pursuing the most beneficial treatment path.

How can you ensure you're prepared?

This one-day certification training will give you step-by-step guidance on identifying specific manifestations of grief and individualizing counseling and treatment so you can normalize clients' pain, listen in a way their family and friends cannot, and help them rebuild fulfilling lives!

Full of ready to use assessment tools, therapeutic approaches and specific clinical interventions, you'll finish this training feeling ready and capable to improve grieving clients' ability to express their emotions, build support, and process their grief in a healthy way.

Best of all, you can add a valuable certification to your resume and become a **Certified Grief Informed Professional (CGP) through Evergreen Certifications upon completion of this training at no additional cost to you!**

Sign up today!

Target Audience:

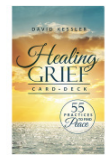
Counselors • Social Workers • Marriage and Family Therapists • Psychologists • Psychiatrists
Addiction Counselors • Nurse Practitioners • Mental Health Nurses • Physicians • Nurses
Nursing Home Administrators • Pastoral Counselors • Chaplains/Clergy • Thanatologists



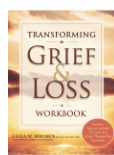
If you are not satisfied, please contact our customer service team at www.pesi.com/info or 800-726-3888 and we will make it right.

Recommended Reading:

Purchase this training for these exclusive savings!



Healing Grief Card Deck
55 Practices to Find Peace
~~\$17.99~~ **\$13.99**



Transforming Grief & Loss Workbook
Activities, Exercises & Skills to Coach Your Client Through Life Transitions
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Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Can't attend in person? You can still join us!

Watch live webinar from your home or office – Participate live in real-time while connecting and collaborating with peers, ask the presenter questions, earn a live CE certificate, free bonus – replay on demand access for 90 days (live CE is only available when viewed live) **or Watch on-Demand** – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit pesi.com for availability).

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Josh Becker** at jbecker@pesi.com or call **715-855-6363**.

CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Grief Informed Professional through Evergreen Certifications is complete.*

Attendees will receive documentation of CGP designation from Evergreen Certifications 4 to 6 weeks following the program.
*Professional standards apply. Visit www.evergreencertifications.com/cgp for professional requirements.

Meet Your Speaker

Tiffani Dilworth, MA, LCPC, is a successful psychotherapist, author, and sought-after speaker on topics related to grief, PTSD, and sexual assault. She has worked across the US with various organizations, schools, universities, and corporations to bring awareness to the grieving process and to teach countless people how to live alongside their grief. In addition to maintaining a private practice, Ms. Dilworth is an affiliate of PsychExperts & Associates Inc, located in Baltimore, MD.

Drawing on her rich clinical experience, Ms. Dilworth incorporates the most current information on the process of grieving with evidence-based and innovative treatment techniques that clinicians can immediately use in their practice. The author of the books *11 Tools to Help Manage the Aftermath of Trauma* and *Types of Grief* she is also the founder and executive director of the non-profit organization, Inspirational Hope Inc. Ms. Dilworth also hosts the Managing My Grief Podcast, to provide support to individuals who want to learn more about ways to manage their own grief.

Speaker Disclosure:

Financial: Tiffani Dilworth has employment relationships with Pristine Advancements LLC and PsychExperts & Associates. She receives royalties as a published author. Tiffani Dilworth receives a speaking honorarium and recording royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.
Non-financial: Tiffani Dilworth has no relevant non-financial relationships to disclose.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Please see "live seminar schedule" for full attendance start and end times. For the in-person event, after attendance has been verified, pre-registered attendees will need to log into their online account to access the online evaluation and certificate of completion. For those in partial attendance (arrived late or left early), a letter of attendance will be available in the attendee online account after completion of the evaluation. An adjusted certificate of completion reflecting partial credit will be sent within 30 days (if your board allows). The CE certificate for the live webinar can be downloaded after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocity approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact ce@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. For planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Health, PESI Kids, PESI UK, PESI All, and Psychotherapy Networkers.

Addiction Counselors: This activity consists of 6.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

(Eric, PA location only)

New York Addiction Professionals: This course has been submitted to OASAS for review.

(Independence, OH; and Pittsburgh, PA locations only)

Ohio Chemical Dependency Professionals:

Pennsylvania Addiction Counselors: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/87969. **No PA ADD available for programs held outside of PA**

Chaplains/Clergy: This activity is designed to qualify for 6.25 continuing education hours.

Certification in Thanatology: This educational offering is recognized by the Association for Death Education and Counseling to meet the thanatology-related educational contact hour requirements to be Certified in Thanatology: Death, Dying and Bereavement. This course will award 6.25 contact hours to participants.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

New York Counselors: CE credit is available. PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Ohio Counselors: PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #: RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of general continuing education credit. Tracking number: 20-TBD

Pennsylvania Counselors: CE credit is available. This course consists of 6.25 continuing education clock hours for Pennsylvania Counselors. The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors confirms under 49 Pa. Code 5.49.36 that CE providers approved by the ACE Program of the Association of Social Work Boards meet the Board standards and qualify as approved providers. PESI, Inc. is an approved provider. Please see social work approvals for this program.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

New York Marriage & Family Therapists: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Ohio Marriage & Family Therapists: PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #: RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of general continuing education credit. Tracking number: 20-TBD

Pennsylvania Marriage & Family Therapists: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

Ohio Marriage & Family Therapists: PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #: RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of general continuing education credit. Tracking number: 20-TBD

Pennsylvania Marriage & Family Therapists: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

For all credit approvals and details, visit: www.pesi.com/express/87967

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* plus applicable sales tax, visit www.pesi.com/faq for more information

4 Recommended Reading

- \$17.99 \$13.99** Healing Grief Card Deck** PUB084295
- \$29.99 \$22.99** Transforming Grief & Loss Workbook** PUB084395

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

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We would be happy to accommodate your ADA needs; Please notify us at time of registration.

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