### Outline

#### Strategic Approach to Protect Yourself, Your **Practice and Your Clients**

Awareness of codes, laws and regulations Have a prevention mindset Skills to navigate confusing systems Decision-making process

Access to resources and tools to help

#### Sorting Out Codes of Ethics and Codes of Conduct

How ethics codes are established and why this

Ethical principles vs ethical standards at an advanced level

Key overlooked and misunderstood terminology

#### Deciphering Laws/Statutes, Rules, and Regulations

Federal laws – Which laws apply and why (e.g., HIPAA vs. FERPA)

Untangling state laws, statutes, rules, and

States' laws and regulations are not the same across states

Jurisdictional Issues - Practicing across state

Civil suits – What a plaintiff must demonstrate Think like a licensing board and how to avoid disciplinary actions

How to respond to subpoenas and court orders Risk - Knowing yourself and when you are

The law of unforeseen consequences Vicarious liability

#### Strategies for Reducing Risk, Avoiding **Problems, and Maintaining Your Sanity**

Social media and communication policy Teletherapy-specific informed consent process Exceptions to confidentiality on your practice website

Maintain a case load that is sustainable How to ethically make referrals to other providers

VPN for security for online work Boundaries, multiple relationship, and power differentials BAAs with all HIPAA business associates

**Advanced Tools and Resources for the Current Times** 

> A framework to easily navigate dilemmas Cloud-based practice management systems Online resource regarding distance therapy and COVID-19.

App for sorting out teletherapy interjurisdictional practice issues

Psychotherapy notes - An underutilized HIPAA-authorized tool

#### **Case Studies of Advanced/Challenging Issues and Vignettes**

Practice operational issues - Referral streams & fee splitting; Legal and Ethical Boundaries - Boundary crossing: variables: physical boundaries & gifts

Social media, email and texting -Tweets; Emails and the at-risk client; texting and boundaries

Multiple relationships- Dual relationships & power differentials

Distance therapy related- Distance therapy & COVID-19; out-of-state counseling Minors, confidentiality, consent, & records

Combined issues-Testimonials, websites, supervision; distance therapy dilemma; the play therapy request

### **Live Webinar Schedule**

11:50-1:00 Lunch Break

**4:00** Program ends

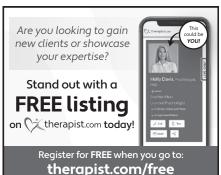
There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request

### (Times listed in Pacific)

8:00 Program begins

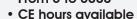
# Objectives

- 1. Describe the interrelationships among codes of ethics, federal and state laws, and licensing regulations.
- 2. Demonstrate familiarity with accessing and using tools and resources for compliant practice including secure, HIPAA, compliant internet access, business associate agreements, and telehealth law applications.
- 3. Analyze ethical and legal aspects of key technology-related topics including social media & communication policies, nuances of distance therapy, email & texting, and practice management systems.
- 4. Integrate specific strategies for mitigating risk and avoiding ethical and legal problems.
- 5. Identify the five essential perspectives for navigating all ethically problematic situations.
- 6. Describe a process for effectively navigating ethically and legally challenging scenarios.



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- The complexities of telehealth practice
- Develop effective policies for ethical & legal practice
- Advanced strategies for mitigating risk
- Navigating whether to utilize practice management systems

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You will leave with a guide that will help establish a process for managing ethical, legal, and other types of risk. Also covered, is an exploration of related advanced topics. For example:

- Making sense of the relationship between ethics, laws, and licensing regulations
- Codes of ethics: Seeing beyond the surface
- How to think like a licensing board
- Navigating your practice through the ethical, legal and operational maze
- Operational decision-making: (e.g.) Can I and should I offer distance therapy?"

Additionally, you will receive a variety of useful and timely information, tools, and resources to take back to your clinical practice immediately. Some of the topics covered:

- Establishing a communication and social media policy
- Cloud-based practice management systems
- Distance therapy/telehealth
- Practicing across state lines
- Education on training non-clinical staff (e.g., receptionists/schedulers)
- Developing policies and procedures: How to make use of codes of ethics and licensing
- Strategies for avoiding problems and improving operations.

You will leave the course with useful tools, resources, insight and examples of how to work through real-life ethical, legal and related dilemmas from advanced perspectives.

#### Target Audience:

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# Meet Your Speaker

**TERRY CASEY, PhD, HSP,** is a Licensed Psychologist, HSP (Health Service Provider) with over 30 years of professional experience, including a 16-year tenure as the director of counseling & psychological services for a non-profit agency with over 30 counselors at over a dozen locations. He is in private practice in Franklin Tennessee, teaches ethics and professional issues in counseling at Lipscomb University's Clinical Mental Health Counseling program, and guest lectures at Trevecca Nazarene University's clinical counseling Ph.D. program.

Dr. Casey also served for several years as the chair of the ethics committee for the Tennessee Licensed Professional Counselors' Association and in an advisory capacity for graduate counseling programs at two universities. He has presented frequently on ethics to organizations such as the American Counseling Association, the Tennessee Licensed Professional Counselors Association, the Nashville Area Association of Christian Counselors, and others. For more information, visit his practice website at rencounselingtn.com. Speaker Disclosure:

Financial: Dr. Terry Casey maintains a private practice and is a faculty member of Lipscomb University. He is a published author and receives royalties. Dr. Casey receives a speaking honorarium and recording royalties from Psychotherapy Networker and PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Terry Casey is a member of the American Psychological Association, the Tennessee Psychological Association, the Tennessee Licensed Professional Counselor Association, and others. For a complete list, please contact info@pesi.com.

#### **CE CREDITS AVAILABLE FOR LIVE WEBINAR**

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction** Counselors, Counselors, Marriage and Family Therapists, Nurses, Psychologists, and Social Workers.

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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#### \*includes up to 6.25 hours of general ethics instruction.

Psychologists: PESI, Inc. is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required no partial credits will be offered for partial attendance. Course Level: Intermediate

> This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal. Ethical and Professional Development skill group, NAADAC

Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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# **Recommended Reading:**



#### Telemental Health

The Essential Guide to Providina Successful Online Therapy Joni Gilbertson, MA, NCC, LCPC, LMHC,

BC-TMH, CTMH

\$24.99 \$19.99\*



of Trauma: A Workbook for Survivors and Therapists

Transforming The Living Legacy

Janina Fisher, Ph.D.

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#### **OTHER WAYS TO REGISTER**

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