

Vestibular Rehabilitation

3-DAY LIVE VIRTUAL INTENSIVE TRAINING COURSE

Dizziness, tinnitus, gait disturbances, sleeplessness, double vision...

This vast range of symptoms makes vestibular rehab complex. And getting treatments wrong can severely delay your outcomes, leaving even the most seasoned clinician frustrated, intimidated, and **apprehensive to take on new vestibular cases.**

But when patients show up at your clinic looking for answers, it's disappointing to always need to refer them to other providers.

That's why we partnered with Jamie Miner, PT, DP, GCS, a leading expert in vestibular dysfunction, to bring you a **3-day intensive training** with **everything you need to know** about treating this patient population.

In this intensive training, Jamie shares **powerful new techniques** you can use – **no matter your discipline** – to navigate the essential elements of vestibular rehab.

In just 3 days, you'll **walk away with an adaptable, sure-fire approach** to help these patients – without spending thousands of dollars on countless education courses.

You'll discover:

- **A step-by-step comprehensive assessment** and screening process to lead you to the right diagnosis
- How to **identify red flags** most clinicians miss and **rule out competing symptoms**
- Actionable, **easy to apply treatment strategies** for the most complex hypo/hyperfunctions of vestibular dysfunction

Register today and unlock the skills you need to immediately transition your treatment interventions and stand by your clinical decisions.

What Fellow Clinicians Have to Say About This Speaker!

★★★★★

"I enjoyed her use of examples, questions to audience experts, and multi-modal teaching methods."

— Andrea P, Physical Therapist

★★★★★

"Dr. Miner did an excellent job in describing treatment techniques."

— Jenny F, Physical Therapist

★★★★★

"The speaker was very knowledgeable & quick to the point."

— Kelly M, Physical Therapist

★★★★★

"Presenter provided excellent information and was engaging and articulate."

— Carol M, Physical Therapist

★★★★★

"Excellent use of teaching and then lab to follow for practical use."

— Lauren V, Physical Therapist

Why you should attend!

- ✓ **Learn from a leading Vestibular Rehab Expert**
- ✓ Establish **current standards** and best Vestibular care practices
- ✓ Expand your clinical skills to **deliver the very best care**
- ✓ **Easy-to-integrate strategies** you can use on your patients the next day
- ✓ Earn up to **18.0 CE hours**

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3-Day

Vestibular Rehabilitation

INTENSIVE TRAINING COURSE



Featuring
Jamie Miner, PT, DPT, GCS

- Evaluating latest/best BPPV practices
- Strategies for - dizziness, double vision, gait disturbances, tinnitus, balance, and MORE!
- Managing concussions and return to sport
- Step-by-step techniques, maneuvers, and in-depth assessments
- Interactive hands on labs and case study analysis

LIVE INTERACTIVE WEBINAR

Monday - Wednesday, June 12 - 14, 2023

Can't Attend Live? Get the On-Demand Training!

Register Now: pesirehab.com/webcast/89169

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KNOWLEDGE WITH NEED SINCE 1979

Outline

Hot topics and innovations in treatment of dizziness, vertigo, and vestibular disorders

- How your patients can benefit from cutting edge research

HANDS-ON LAB

Upgrade your assessment and clinical reasoning skills

Get to the root cause of impairments faster with today's best tests and evaluations for:

- Dizziness
- Pain
- Lightheadedness
- Sleeplessness
- Gait disturbances
- Visual hallucinations
- Drop attacks
- Double vision
- Oscillopsia
- Tinnitus
- Motion sensitivity
- Gaze stability
- Balance

HANDS-ON LAB

Revolutionize your rehab toolbox for dizziness, vertigo, and vestibular disorders

Practice effective techniques you can use immediately to:

- End years of vertigo and dizziness in as little as one session
- Significantly improve functional mobility and stability
- Manage concussion symptoms more effectively
- Return athletes to sport faster
- Prevent falls
- Improve balance and gait
- Restore gaze stability and focus
- Reduce migraines, neck pain, nausea, anxiety, and other related symptoms

HANDS-ON LAB

Combine techniques more effectively for better outcomes

Practice integrating:

- Epley maneuver and variations
- Head thrust technique
- Brandt-Daroff exercises
- Roll technique
- BBQ roll
- Liberatory maneuver
- Ocular motor assessment
- Vestibular ocular reflex/gaze stabilization treatments
- Saccade exercises
- Optokinetic treatments
- Subjective visual vertical assessment
- Progressive advancement of visual motion
- Treatment for exertional intolerance
- Smooth pursuit neck torsion test
- Joint mobility for cervicogenic dizziness

HANDS-ON LAB

Design advanced, innovative plans of care for your patients

Practice developing comprehensive treatment strategies for common impairments, including:

- Cervicogenic dizziness
- Concussion
- Benign paroxysmal positional vertigo (BPPV)
- Vestibular hypofunction
- Vestibular neuritis
- Vestibular migraine
- Labyrinthitis
- Meniere's disease
- Acoustic neuroma

CASE STUDIES

Put knowledge to practice

- Case study 1: Correctly identify the root cause of impairment
- Case study 2: Differentiate cervicogenic dizziness, BPPV, and vestibular hypofunction
- Case study 3: Problem solve a complex case of vestibular hypofunction
- Case study 4: Develop an effective treatment plan for Meniere's
- Case study 5: Navigate pharmacological side effects and comorbidities
- Case study 6: Accurately measure patient outcomes
- Case study 7: Overcome barriers to strategy implementation

Maximize Your Reimbursement

- Coding and billing updates
- Justify rehab with the right progress measures
- Avoid denials and audits with these tips

Learning Objectives can be viewed at pesirehab.com/webcast/89169

Live Webinar Schedule - all 3 days

(Times listed in Central)

8:00 Program begins

12:00-1:00 Lunch Break

3:30 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience:

- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Audiologists
- Athletic Trainers
- Physicians
- Chiropractors

Meet Your Expert



JAMIE MINER, PT, DPT, GCS, is an expert in vestibular rehabilitation with over 25 years of experience treating vestibular patients in hospitals, rehab centers, home health, and other practice settings. She earned her doctorate in physical therapy from Shenandoah University, where she now serves as an adjunct professor and clinical instructor for its DPT program. Over the years, she has also maintained a busy outpatient clinical practice, and she provides therapy services to older adults in several skilled nursing facilities.

Dr. Miner travels nationally to present seminars on vestibular rehabilitation, and she is known for her dynamic, hands-on teaching style. A credentialed clinical instructor, she has completed Emory University's renowned Vestibular Rehabilitation Competency Course, is certified in LSVT BIG, and is a Geriatric Certified Specialist through the American Physical Therapy Association.

Speaker Disclosures:

Financial: Jamie Miner has an employment relationship with Shenandoah University. She receives a speaking honorarium, recording royalties, and a consulting fee from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Jamie Miner is a member of the American Physical Therapy Association, the Neurology Section and Academy of Geriatric Physical Therapy, the Vestibular Disorders Association, and serves on the North Carolina Board of Physical Therapy Examiners.



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This continuing education activity is designed to meet state board requirements for the following professionals: **Athletic Trainers, Audiologists, Chiropractors, Occupational Therapists, Physicians, and Physical Therapists.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



Intermediate level
1.8 ASHA CEUs

**** Please note that Audiologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

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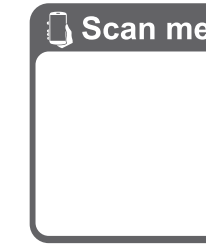
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QUESTIONS

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Taxes and shipping apply where applicable, see website for details

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