

## Outline

### Behaviors that Make Us Crazy

Tantrums  
Running out/away  
Noncompliance  
Nagging  
Refusing to work/help  
Yelling/screaming  
Bullying  
Panic/anxiety reactions  
Lack of follow through  
Not following directions

### Disorders

Oppositional Defiant Disorder  
ADHD  
Mood disorders  
Anxiety disorders  
Attachment issues/disorder, conduct disorder, autism spectrum disorders

### Assessment

#### The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)  
Escape  
Attention  
Sensory  
Pain  
Control

### Mental Health Disorder or Behavior Problem

The power of skilled observations  
The interview  
Comparison to the group  
The FBA-Incredibly powerful assessment tool  
The art of choosing a diagnosis (if you have to at all!)

### Limitations of the Research and Potential Risks

#### Treatment Strategies Part I

##### Proactive

Behavior plans  
Motivational incentives  
Set the stage for success  
Remember the initial goal

## Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Appropriately address the functions of the behavior

### Reactive

Corrective measures  
It's like playing chess in a tornado

### Treatment Strategies Part II Specific Strategies for the Following Behavioral Challenges:

Tantrums  
Running out/away  
Noncompliance  
Nagging  
Refusing to work/help  
Yelling/screaming  
Bullying  
Panic/anxiety reactions  
Lack of follow through  
Not following directions

### Treatment Strategies Part III Specific Strategies for the Following Disorders:

ODD  
ADHD  
Mood disorders  
Anxiety disorders  
Working with unsafe behaviors

### Treatment Strategies Part IV Special Populations & Circumstances

Asperger's disorder  
Divorce, separation  
Abuse and neglect  
Parent misbehavior  
Foster care

### Live Webinar Schedule (Times listed in Eastern)

**8:00** Program begins

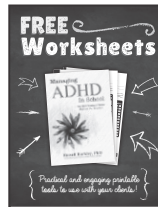
**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

## Non-medication Approaches to the Most Challenging Behaviors

## LIVE Interactive Webinar Thursday, October 19, 2023

Can't Attend Live? Get the On-Demand Training!

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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

## Non-medication Approaches to the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids

## Live Interactive Webinar Thursday, October 19, 2023

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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

- Tantrums
- Refusing to work/help
- Panic/anxiety reactions
- Running out/away
- Yelling/screaming
- Lack of follow through
- Noncompliance
- Bullying
- Not following directions
- Nagging

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Robert Marino is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

### Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists  
Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers  
Nurses • School Administrators • Physicians • Educational Paraprofessionals  
Occupational Therapists & Occupational Therapy Assistants  
Other Helping Professionals who Work with Children



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## Meet Your Speaker

**Robert J. Marino, MS, NCSP, ABSNP**, is a nationally certified school psychologist with an advanced certificate in school neuropsychology. He has been working as a school Psychologist for over 30 years and has experience in the assessment and programming for children from infant through high school age. Robert specializes in cross battery assessment and the assessment of children with emotional regulation difficulties.

Robert divides his time between assessment and consultation with preschool programs and his role as school psychologist in an elementary school setting. He conducts assessments, consults with school staff and parents, and develops specialized programs for children with a broad range of identified needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School Psychologist Association, primarily for his extensive work with traumatized children in the Romanian orphanage system.

Robert developed the mentor program for new psychologists in one of the largest school districts in the nation, and has also supervised numerous interns from graduate programs throughout the country. Robert has served as an adjunct professor for the University of Missouri where he developed and instructed several units for graduate level coursework on "Learning and the Brain."

#### Speaker Disclosure:

Financial: Robert Marino has an employment relationship with Prince George's County Public Schools. He receives recording royalties and a speaking honorarium from PESI, Inc. He has no relevant financial relationships with ineligible organizations.  
Non-financial: Robert Marino has no relevant non-financial relationships.

### CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage and Family Therapists, Nurses, Occupational Therapists, Occupational Therapy Assistants, Physicians, Psychologists, Social Workers, and Speech-Language Pathologists.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



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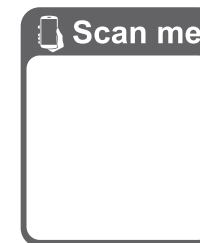
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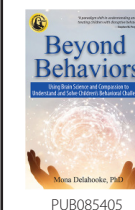
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