



Certification Requirements

A. The candidate must be a State licensed:

- a. Psychiatrist
- b. Psychologist
- c. Social Worker
- d. Therapist
- e. Marriage and Family Therapist
- f. Counselor
- g. Alcohol and Drug Counselor
- h. Psychiatric Nurse

(Note: This category is meant to be inclusive of all State licensed mental health providers with minimum of a Masters level education)

B. The licensed professional in (A) must:

- a. Be in good standing with the State Board that licenses him/her, including not being on probationary status for any reason.
- b. Not have been ethically or professionally denied application to or renewal of his/her professional membership in local, state or national associations to which he/she is qualified within the past 5 years.
- c. Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

C. The candidate must meet the following education criteria:

- a. Complete a minimum of 18 education hours in Dialectical Behavior Therapy including 6 hours specific to Dialectical Behavior Therapy skills training. Examples include but are not limited to:
 - i. Dialectical Behavior Therapy coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
 - ii. Approved Continuing Education in Dialectical Behavior Therapy as documented by certificates of completion from vendor.
- b. Complete a minimum of 3 Education Hours in Suicide/Risk Assessment and Intervention. Examples include but are not limited to:
 - i. Suicide/Risk Assessment and Intervention coursework from an accredited college or university as documented by a copy of a course syllabus and a transcript showing completion of the course.
 - ii. Approved Continuing Education in Suicide/Risk Assessment an Intervention as documented by certificates of completion from vendor.

D. The candidate must attest that he/she has read the following:

- a. At least 2 practitioner books on the practice of Dialectical Behavior Therapy (i.e., not texts focused on Dialectical Behavior Therapy skills, but focused on Dialectical Behavior Therapy as a theoretical orientation)
 - b. At least two Dialectical Behavior Therapy skills training manuals
 - c. The American Psychological Association (APA) policy on the Evidence Based Practice of Psychology (EBPP)
- E. The candidate must attest that he/she has conducted a minimum of 500 therapy hours using Dialectical Behavior Therapy as a theoretical orientation.
- F. The candidate must attest to the use of clinical outcome evaluation procedures to monitor and adjust therapy consistent with the APA policy on evidence-based practice.

Documentation of Eligibility and Requirements

1. A completed application form
2. A copy of the candidate's State license
3. Copies of completion of training as requested in the certification requirements
4. A signed attestation that the candidate has met all the requirements to be Certified in Dialectical Behavior Therapy

Evergreen Certification Institute will certify candidates who meet and attest to the above requirements. Certified therapists can choose to be listed on our national registry of certified Dialectical Behavior Therapy providers.