



Certified Mental Health Integrative Medicine Provider (CMHIMP)

1.0 Professional Standards

1.1 State or Nationally licensed as a (or equivalent if practicing outside of the United States):

- Psychologist
- Psychiatrist
- Clinical Social Worker
- Licensed Professional Counselor
- Marriage and Family Therapist
- Registered Dietician
- Registered Nurse
- Nurse Practitioner
- Physician's Assistant
- Medical Doctor
- Naturopathic Doctor
- Chiropractor
- Physical Therapist/Physical Therapy Assistant
- Occupational Therapist/Occupational Therapist Assistant
- Speech & Language Pathologist

Canadian Applicants: Licensed professionals who have met the licensure requirements for Provincial and Territorial Regulatory Bodies are welcome to apply. If you are unsure if your professional background meets the standards for Certification, please email us a copy of your educational background and CV to info@traumapro.net.

UK Applicants: Senior accrediting members who are psychotherapists meet the standards for Certification. Being a BACP member and designation as a counsellor does not meet the standards for Certification.

1.2 The applicant in must:

- Be in good standing with the State or National Board that or Organization licenses him/her, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

2.0 Educational Standards

2.1 The candidate must meet the following education criteria (total minimum of 18 clock hours at a post-graduate level), including hours specific to:

- Scope of practice
- Clinical application & evidence-based research of nutritional therapies, cultural medicine, nutritional supplementation, herbal medicine, acupuncture, aromatherapy, somatic therapies, detoxification for addiction
- Assessments for nutritional food & mood, adrenal stress, basic lab tests
- The relationship of mental and physical health
- How to rule out physical causes mental health presentations

- Addressing under/over eating and obesity
- Comprehensive non-pharmaceutical treatment planning and protocols for DSM-5™ Disorders, including depression, anxiety, PTSD and complex trauma, bipolar, ADHD, body dysmorphia, OCD, bulimia, insomnia and addictions

2.2 Examples of Educational sources include but are not limited to:

- Post-Graduate level coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
- Approved Continuing Education as documented by certificates of completion from training organization

3.0 Certification Client Work and Consolation Attestation

The candidate must attest that, over the course of their career, he/she has conducted a minimum of 20 clinical sessions with clients in which nutritional and integrative medicine approaches were discussed as part of a comprehensive mental health treatment plan.

4.0 Required Documentation for Certification Eligibility

1. A copy of the candidate's license
2. Copies of completion of training as outline in the Educational Standards
3. A signed application form with attestation that the candidate has met all the requirements as detailed herein
4. Payment of certification application fee

MHIMI will certify candidates who meet the above requirements.

Please note: Certification does not imply endorsement of clinical competency. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

5.0 Required Documentation for Renewal of Certification

To maintain Certification, a reapplication is required. The steps to re-apply for a 1-year reapplication are as follows:

1. Submit, via email, a copy of your professional licensure as well as a completion certificate for six (6) clock hours of post-graduate level, nutrition and integrative/complementary and alternative treatment approaches for mental health issues training to info@mhimi.com
2. Payment of re-certification application fee

You can also apply for reapplication for 2 or 3 years. Follow the process above, submitting twelve (12) clock hours of training for a 2-year reapplication, and eighteen (18) clock hours of training for a 3-year application.

Re-certification training hours need to have been taken in the time since you were last certified or recertified.