



# Mental Health Integrative Medicine Institute

## **Certified Mental Health Integrative Medicine Provider (CMHIMP)**

### **Certification Requirements for Non-US based/Licensed Professionals.**

Please note that it is your responsibility to verify with your nation/state accrediting bodies if this Certification is allowable for your professional designation.

**Contact [info@mhimi.com](mailto:info@mhimi.com) to verify that your specific designation can be approved prior to submitting payment and documentation.**

A. The candidate must be a licensed:

- Psychologist
- Social Worker
- Licensed Professional Counselor\*
- Marriage and Family Therapist
- Nurse Practitioner
- Physician's Assistant
- Registered Nurse
- Occupational Therapist/Occupational Therapist Assistant
- Speech & Language Pathologists
- Naturopathic Doctor
- Chiropractor
- Physical Therapist
- Registered Dieticians
- Psychiatrist
- Medical Doctor

\*UK Applicants: Must be BACP Senior Accrediting psychotherapist member to be eligible.

B. The licensed professional in (A) must:

- Be in good standing with the professional organization/board that licenses him/her, including not being on probationary status for any reason.
- Not have been ethically or professionally denied application to or renewal of his/her professional membership in local, state or national associations to which he/she is qualified within the past 5 years.
- Not have had his/her professional or medical privileges restricted, revoked, or revised in any formal institutional setting (e.g., hospital, clinic or other clinical setting) based upon professional malpractice within the last 5 years.

C. The candidate must meet the following education criteria:

- Complete a minimum of 18 CE/CPD hours in Nutrition & Integrative Medicine for Mental Health including hours specific to: (a) scope of practice (b) clinical application & evidence-based research of nutritional therapies, cultural medicine, nutritional

supplementation, herbal medicine, acupuncture, aromatherapy, somatic therapies, detoxification for addiction (c) assessments for nutritional food & mood, adrenal stress, basic lab tests (d) the relationship of mental and physical health, (e) How to rule out physical causes mental health presentations (f) addressing under/over eating and obesity

- Comprehensive non-pharmaceutical treatment planning and protocols for DSM-5™ Disorders to include (a) depression (b) anxiety, PTSD and complex trauma (c) bipolar (d) ADHD (e) body dysmorphia (f) OCD (g) bulimia (h) insomnia (i) addictions
  - Examples include but are not limited to:
    - i. Coursework from an accredited college or university as documented by a copy of the course syllabus and a transcript showing completion of the course
    - ii. Approved CE/CPD as documented by certificates of completion from vendor.
- D. The candidate must attest that he/she has conducted a minimum of 20 sessions with clients in which nutritional and integrative medicine approaches were discussed as part of a comprehensive treatment plan.

#### Documentation of Eligibility and Requirements

1. Completed certification application form
2. A copy of the candidate's license (as applicable to your country/state), or documentation regarding provisional status, or student status.
3. Copies of CE/CPD certificates or transcripts evidencing successful completion of coursework
4. Attestation statement

The Institute of Nutrition & Integrative Medicine will certify candidates who meet and attest to the above requirements. Certification does not imply endorsement of clinical competency.

#### **Renewal of Certification Criteria**

To maintain Certification, a certification holder must have taken an additional six hours of CE/CPD credits annually specific to nutrition and integrative/complementary and alternative treatment approaches for mental health issues.