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Sue Johnson



Dan Siegel



Janina Fisher



Peter Levine



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Knowledge with Need Since 1979



Not too long ago, I read a letter from a counselor who thanked us for what she learned at one of our workshops.

She went on to write that she put a few of the training strategies into practice that very next day. It was a particularly challenging client, and she tried just two of the tips she picked up at the workshop. She genuinely felt those new approaches learned at the seminar created a breakthrough in therapy.

I had to take a breath. It's so gratifying to hear when our trainings make a difference.

For 40 years, PESI's mission has been to create the highest quality and latest evidence-based content and products to serve the mental health community. In fact, it's our passion to "connect knowledge with need" and provide you the continuing education experiences that can advance your practice and be life-changing for your clients.

Welcome to PESI's Spring 2019 Continuing Education Training Catalog. We hope you find this convenient guide your roadmap to your future success.



Mike Conner

Mike Conner
Executive Director, PESI, Inc.

PS: To celebrate this new catalog, you can save \$50 on your next event. Be sure to use the promo code **CATBHM**. See the next page for all the details.

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FEATURED EVENTS



Bessel van der Kolk, MD

World's leading expert in the field of Traumatic Stress and *The New York Times* bestselling author.

2-Day: Trauma Conference: The Body Keeps Score-Trauma Healing with Bessel van der Kolk, MD

January 31-February 1, 2019

★San Francisco, CAID: 67321



Richard Schwartz, PhD

World-renowned psychotherapist and developer of the revolutionary Internal Family Systems (IFS) model of therapy.

Internal Family Systems Therapy (IFS): 2-Day Experiential Workshop

February 21-22, 2019

★Sacramento, CAID: 68637



Sue Johnson, EdD

Bestselling author, clinical psychologist, researcher, professor and a leading innovator in the fields of couples therapy and adult attachment.

2-Day: Emotionally Focused Couples Therapy (EFT)

March 28-29, 2019

★Seattle, WAID: 67446



Peter Levine, PhD

Developer of Somatic Experiencing, bestselling author and a leading expert in the field of trauma and body-psychotherapy.

2-Day Trauma Course: Trauma & Memory with Peter Levine, PhD

May 1-2, 2019

★San Francisco, CAID: 69722



Dan Siegel, MD

World's leading expert on the integration of neuroscience, attachment theory and psychotherapy and *New York Times* best-selling author.

Mindsight in Childhood and Adolescence: Strategies and Techniques to Help Kids Thrive with Daniel Siegel, MD

May 22-23, 2019

★Bloomington, MNID: 69719



Jeff Zeig, PhD

World's leading expert in Ericksonian Hypnosis and founder and director of the Milton H. Erickson Foundation.

2-Day Intensive Training: Clinical Hypnosis Certificate Course: Step-By-Step with Master Therapist Jeff Zeig

April 2-3, 2019

★Manhattan, NYID: 69127



Janina Fisher, PhD

World-renowned trauma expert, licensed clinical psychologist, author and instructor.

2-Day Certificate Course: Treating Trauma in Intimate Relationships - Healing the Trauma Legacy in Couples Therapy

February 11-12, 2019

★Manhattan, NYID: 67629

2-Day: Complex Trauma: Healing the Fragmented Selves and Overcoming Self-Alienation

March 19-20, 2019

★Ellicott City, MDID: 68825

2-Day: Shame and Self-Loathing in the Treatment of Trauma

April 25-26, 2019

★Portland, ORID: 68950

★ = A webcast is also available this day

DBT (DIALECTICAL BEHAVIOR THERAPY)

Transform your practice by learning Dialectical Behavior Therapy (DBT) inside and out. DBT is one of the most recognized and sought after therapies. If you have felt limited, stuck or ready to give up, learn DBT and breathe new life into your work. DBT will show you how to use essentials such as validation, dialectical strategies and communication styles to effectively balance acceptance and change with your clients.

CONNECTICUT

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

1/31 Cromwell, CT ID: 66615

ILLINOIS

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

3/7 Tinley Park, IL ID: 68131

3/11 ★Arlington Heights, IL ID: 68131

LOUISIANA

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

3/11 Baton Rouge, LA ID: 68589

3/14 Metairie, LA ID: 68589

MAINE

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

4/4 Portland, ME ID: 68962

MASSACHUSETTS

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

2/21 ★Dedham, MA ID: 67240

MICHIGAN

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

4/15 Grand Rapids, MI ID: 68961

4/18 Livonia, MI ID: 68961

MISSOURI

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

2/4 St Louis, MO ID: 67242

MONTANA

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

4/8 Missoula, MT ID: 68964

4/11 Billings, MT ID: 68964

NEVADA

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

3/20 Reno, NV ID: 68586

Dialectical Behavior Therapy (DBT): 4-day Intensive Certificate Course

4/29 Las Vegas, NV ID: 69515

NEW JERSEY

Adapting Dialectical Behavior Therapy for Everyday Clinical Needs

4/26 Cherry Hill, NJ ID: 68958

NEW YORK

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

4/25 Syracuse, NY ID: 68960

Dialectical Behavior Therapy (DBT): 4-day Intensive Certificate Course

3/5 Manhattan, NY ID: 68135

NORTH CAROLINA

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

2/18 Charlotte, NC ID: 67241

2/21 Raleigh, NC ID: 67241

PENNSYLVANIA

Adapting Dialectical Behavior Therapy for Everyday Clinical Needs

4/24 Trevese, PA ID: 68958

4/25 King of Prussia, PA ID: 68958

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

2/21 Pittsburgh, PA ID: 67474

TENNESSEE

Dialectical Behavior Therapy (DBT): 4-day Intensive Certificate Course

2/5 Brentwood, TN ID: 67303

TEXAS

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

3/7 Austin, TX ID: 68132

3/21 San Antonio, TX ID: 68132

3/28 Houston, TX ID: 68132

UTAH

Dialectical Behavior Therapy (DBT) Certificate Course; 2-Day Intensive Training

3/21 Salt Lake City, UT ID: 68656

WASHINGTON

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4/11 Spokane, WA ID: 68963

4/25 Lynnwood, WA ID: 68963

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Gain innovative, practical techniques and strategies for treating one of the most frequently diagnosed mental health disorders in the United States.

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ARKANSAS

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 4/8 Jonesboro, AR.....ID: 68944
- 4/9 Little Rock, AR.....ID: 68944
- 4/10 Fayetteville, AR.....ID: 68944

CALIFORNIA

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 3/13 Bakersfield, CA.....ID: 68318
- 3/14 ★Ventura, CA.....ID: 68318
- 3/15 Santa Barbara, CA.....ID: 68318

Chronic Anxiety: Powerful Treatment Methods to Break the Anxiety Cycle

- 4/10 San Diego, CA.....ID: 68941
- 4/11 Temecula, CA.....ID: 68941
- 4/12 Palm Springs, CA.....ID: 68941
- 4/16 Berkeley, CA.....ID: 68942
- 4/17 San Jose, CA.....ID: 68942
- 4/18 San Mateo, CA.....ID: 68942

COLORADO

Chronic Anxiety: Powerful Treatment Methods to Break the Anxiety Cycle

- 3/13 Colorado Springs, CO.....ID: 68317
- 3/14 ★Boulder, CO.....ID: 68317
- 3/15 Denver, CO.....ID: 68317

DELAWARE

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 4/12 Wilmington, DE.....ID: 68938

FLORIDA

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 3/7 Winter Garden, FL.....ID: 68313
- 3/8 ★Miami, FL.....ID: 68313

IDAHO

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 2/13 Idaho Falls, ID.....ID: 67584
- 2/15 Boise, ID.....ID: 67584

ILLINOIS

Chronic Anxiety: Powerful Treatment Methods to Break the Anxiety Cycle

- 2/20 Springfield, IL.....ID: 67578

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Ten Best-Ever Anxiety Treatment Techniques

- 3/25 Champaign, IL.....ID: 68311
- 3/26 ★Peoria, IL.....ID: 68311
- 3/27 Rockford, IL.....ID: 68311

Treat Anxiety, Trauma, Addiction & Depression through Bibliotherapy: Powerful Poems, Stories & Journaling Techniques to Rewire the Brain

- 4/1 Oak Lawn, IL.....ID: 68980
- 4/2 ★Naperville, IL.....ID: 68980
- 4/3 Schaumburg, IL.....ID: 68980

INDIANA

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 3/4 South Bend, IN.....ID: 68312
- 3/5 Fort Wayne, IN.....ID: 68312
- 3/6 Indianapolis, IN.....ID: 68312

Ten Best-Ever Anxiety Treatment Techniques

- 4/5 Evansville, IN.....ID: 68946

KANSAS

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 4/8 Wichita, KS.....ID: 68943
- 4/9 Topeka, KS.....ID: 68943
- 4/10 Overland Park, KS.....ID: 68943

KENTUCKY

Ten Best-Ever Anxiety Treatment Techniques

- 4/3 Lexington, KY.....ID: 68946
- 4/4 Louisville, KY.....ID: 68946

LOUISIANA

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 2/13 Shreveport, LA.....ID: 67893

MAINE

Art Therapy for Anxiety, Addictions and Chronic Pain

- 3/29 Portland, ME.....ID: 68469

Ten Best-Ever Anxiety Treatment Techniques

- 2/27 Portland, ME.....ID: 67897

MISSISSIPPI

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 1/28 Tupelo, MS.....ID: 66699
- 1/29 ★Jackson, MS.....ID: 66699
- 1/30 Biloxi, MS.....ID: 66699

MISSOURI

Chronic Anxiety: Powerful Treatment Methods to Break the Anxiety Cycle

- 2/21 St Louis, MO.....ID: 67578
- 2/22 ★Clayton, MO.....ID: 67578

NEW HAMPSHIRE

Art Therapy for Anxiety, Addictions and Chronic Pain

- 3/28 Manchester, NH.....ID: 68469

Ten Best-Ever Anxiety Treatment Techniques

- 2/26 Manchester, NH.....ID: 67897

NEW JERSEY

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 4/11 Mt Laurel, NJ.....ID: 68938

NEW YORK

Art Therapy for Anxiety, Addictions and Chronic Pain

- 4/10 ★Buffalo, NY.....ID: 69193
- 4/11 Rochester, NY.....ID: 69193
- 4/12 Syracuse, NY.....ID: 69193

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NORTH DAKOTA

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 2/25 Fargo, NDID: 67573

PENNSYLVANIA

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 3/27 Altoona, PAID: 68319
 3/28 Pittsburgh, PAID: 68319
 3/29 Erie, PAID: 68319
 4/10 King of Prussia, PA.....ID: 68938

SOUTH DAKOTA

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 2/26 Sioux Falls, SDID: 67573

TEXAS

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 2/28 Sugar Land, TX.....ID: 67575
 3/1 ★The Woodlands, TX.....ID: 67575

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 2/11 Arlington, TXID: 67893
 2/12 Plano, TXID: 67893

UTAH

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 2/14 ★Salt Lake City, UTID: 67584

VERMONT

Art Therapy for Anxiety, Addictions and Chronic Pain

- 3/27 Burlington, VTID: 68469

Ten Best-Ever Anxiety Treatment Techniques

- 2/25 Burlington, VTID: 67897

WEST VIRGINIA

Anxiety, Worry & Panic: Effective Strategies to Calm the Anxious Mind

- 4/24 Huntington, WVID: 68939
 4/25 Charleston, WVID: 68939
 4/26 Morgantown, WVID: 68939

WISCONSIN

Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry

- 4/3 Neenah, WI.....ID: 68945
 4/4 Madison, WI.....ID: 68945
 4/5 Brookfield, WI.....ID: 68945

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Master core CBT skills while earning your certificate in the most widely used evidence-based practice for improving mental health.

CALIFORNIA

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 2/13 Pasadena, CAID: 67625
 3/20 San Diego, CA.....ID: 68411

FLORIDA

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 4/10 Jacksonville, FL.....ID: 69218

ILLINOIS

2-Day: CBT for Anxiety and OCD

- 3/14 Schaumburg, IL.....ID: 68320

INDIANA

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 2/20 Carmel, IN.....ID: 67623

KANSAS

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 3/25 Overland Park, KS.....ID: 68414

MAINE

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 2/27 Portland, ME.....ID: 67624

MARYLAND

2-Day: CBT for Anxiety and OCD

- 4/25 ★Ellicott City, MDID: 69229

NEBRASKA

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 3/20 Omaha, NEID: 68414

NEW JERSEY

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 4/10 Parsippany, NJID: 69216

NEW MEXICO

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 3/25 Albuquerque, NMID: 68412

OHIO

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 4/1 Columbus, OHID: 69215

OREGON

Cognitive Behavioral Therapy Certificate Course: 4-Day Experiential Training

- 4/1 Portland, OR.....ID: 69214

PENNSYLVANIA

Advanced CBT-I 2019

- 4/18 Philadelphia, PAID: 66788

TEXAS

Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 3/20 Dallas, TXID: 68413
 4/10 Houston, TX.....ID: 69217
 4/15 San Antonio, TXID: 69217

VIRGINIA

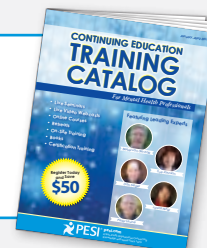
Cognitive Behavioral Therapy Certificate Course: 3-Day Intensive Training

- 2/18 Fairfax, VAID: 67626

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PSYCHOPHARMACOLOGY

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CALIFORNIA

2-Day: 2019 Psychopharmacology Conference
4/8 Thousand Oaks, CAID: 69114

Psychopharmacology: What You Need to Know Today about Psychiatric Medications

4/10 Sacramento, CAID: 69106
4/11 Santa Rosa, CAID: 69106
4/12 Chico, CAID: 69106

CONNECTICUT

2019 Psychopharmacology 2-Day Conference
3/7 Trumbull, CTID: 68283

FLORIDA

2019 Psychopharmacology 2-Day Conference
4/25 ★Miami, FLID: 69116

2-Day: 2019 Psychopharmacology Conference
3/28 Tampa, FLID: 68279

GEORGIA

Psychopharmacology in Plain English

4/10 ★Marietta, GAID: 69108
4/11 Norcross, GAID: 69108
4/12 Decatur, GAID: 69108

HAWAII

2-Day: 2019 Psychopharmacology Conference
2/4 Honolulu, HIID: 67554

IDAHO

Psychopharmacology: What You Need to Know Today About Psychiatric Medications

2/5 Boise, IDID: 67564

ILLINOIS

Psychopharmacology: What You Need to Know Today about Psychiatric Medications

1/30 Northbrook, ILID: 66669
1/31 Oak Brook, ILID: 66669
2/1 Oak Lawn, ILID: 66669

INDIANA

2-Day: 2019 Psychopharmacology Conference
4/25 Carmel, INID: 69115



MARYLAND

2019 Psychopharmacology 2-Day Conference
1/28 Ellicott City, MDID: 66636

MASSACHUSETTS

Psychopharmacology in Plain English

3/11 Hyannis, MAID: 68271
3/12 Taunton, MAID: 68271
3/13 Worcester, MAID: 68271
3/14 Dedham, MAID: 68271
3/15 Woburn, MAID: 68271

MICHIGAN

Psychopharmacology: What You Need to Know Today about Psychiatric Medications

2/13 Kalamazoo, MIID: 67562
2/14 Lansing, MIID: 67562
2/15 Grand Rapids, MIID: 67562
4/24 Saginaw, MIID: 69107
4/25 Ann Arbor, MIID: 69107
4/26 Sterling Heights, MIID: 69107

MINNESOTA

Psychopharmacology: What You Need to Know Today About Psychiatric Medications

4/29 Roseville, MNID: 69101
4/30 Bloomington, MNID: 69101

NEVADA

Psychopharmacology: What You Need to Know Today About Psychiatric Medications

2/4 Las Vegas, NVID: 67564

NEW YORK

Psychopharmacology for Mental Health Professionals

2/4 Nanuet, NYID: 67560
2/5 Poughkeepsie, NYID: 67560
2/6 ★Albany, NYID: 67560

Psychopharmacology: What You Need to Know Today About Psychiatric Medications

3/6 Buffalo, NYID: 68269
3/7 Rochester, NYID: 68269
3/8 Syracuse, NYID: 68269

OHIO

2-Day: 2019 Psychopharmacology Conference
2/4 Independence, OHID: 67552

PENNSYLVANIA

Psychopharmacology for Mental Health Professionals

4/10 Pittsburgh, PAID: 69109
4/11 Altoona, PAID: 69109
4/12 Erie, PAID: 69109

Psychopharmacology: What You Need to Know Today About Psychiatric Medications

3/11 Scranton, PAID: 68268
3/12 Allentown, PAID: 68268
3/13 Harrisburg, PAID: 68268

RHODE ISLAND

2019 Psychopharmacology 2-Day Conference
3/28 Providence, RIID: 68283

TEXAS

Psychopharmacology for Mental Health Professionals

3/11 San Antonio, TXID: 68273
3/12 Austin, TXID: 68273
3/13 Houston, TXID: 68273

UTAH

Psychopharmacology: What You Need to Know Today About Psychiatric Medications

2/6 Salt Lake City, UTID: 67564

WASHINGTON

2-Day: 2019 Psychopharmacology Conference
3/21 Sea Tac, WAID: 68282

WISCONSIN

2-Day: 2019 Psychopharmacology Conference
2/28 Appleton, WIID: 67553

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NEUROSCIENCE

Increase your effectiveness and efficiency in treating anxiety, trauma, stress, depression and other mental health issues by connecting complicated science and biological concepts to therapy!

MARYLAND

Neuroscience for Clinicians: Brain Change for Stress, Anxiety, Trauma, Moods and Substance Abuse

2/28 Ellicott City, MD ID: 67602
3/1 Timonium, MD ID: 67602

OREGON

The Upward Spiral: Connect Neuroscience to the Clinical Treatment of Anxiety, Depression and Related Disorders

3/19 Eugene, OR ID: 68247
3/20 Portland, OR ID: 68247

VIRGINIA

Neuroscience for Clinicians: Brain Change for Stress, Anxiety, Trauma, Moods and Substance Abuse

2/27 Arlington, VA ID: 67602



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CALIFORNIA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

2/25 Pasadena, CA ID: 67628
2/27 Anaheim, CA ID: 67628
4/23 Sacramento, CA ID: 69206
4/25 Berkeley, CA ID: 69206

GEORGIA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

2/12 Decatur, GA ID: 67627

IOWA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

4/1 Des Moines, IA ID: 69209

LOUISIANA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

4/15 New Orleans, LA ID: 69208

MICHIGAN

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

3/19 Grand Rapids, MI ID: 68436
3/21 Livonia, MI ID: 68436

MINNESOTA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

3/28 Roseville, MN ID: 68438

NEW HAMPSHIRE

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

4/25 Manchester, NH ID: 69207

NORTH CAROLINA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

1/29 Charlotte, NC ID: 66729

SOUTH CAROLINA

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

1/31 Columbia, SC ID: 66729

VERMONT

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

4/23 Burlington, VT ID: 69207

WISCONSIN

Acceptance and Commitment Therapy: 2-Day Intensive ACT Training

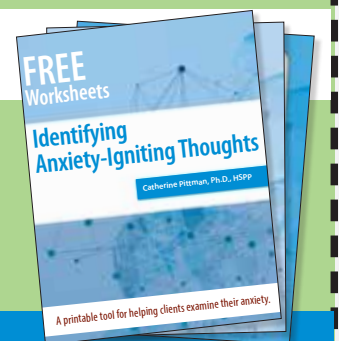
3/12 Middleton, WI ID: 68437
3/14 Wauwatosa, WI ID: 68437

FREE WORKSHEETS

Identifying Anxiety-Igniting Thoughts

By Catherine Pittman, Ph.D. HSPP

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SUICIDE

Transform how you view and work with suicidal clients with trainings that give you the clinical tools you need to save lives. Losing a client to suicide is your worst nightmare, but these trainings will leave you feeling confident and capable in guiding clients out of the darkness and back into the light!

ALABAMA

Suicide & Self-Harm: Stopping the Pain

- 4/10 Huntsville, AL ID: 69104
- 4/11 Birmingham, AL ID: 69104
- 4/12 Montgomery, AL ID: 69104

ARIZONA

Suicide Assessment and Intervention: Assess Suicidal Ideation & Effectively Intervene in Crisis Situations with Confidence, Composure and Sensitivity

- 4/3 Tucson, AZ ID: 69102
- 4/4 ★Phoenix, AZ ID: 69102
- 4/5 Flagstaff, AZ ID: 69102

CALIFORNIA

Suicide & Self-Harm: Stopping the Pain

- 2/20 Modesto, CA ID: 67566
- 2/21 Fresno, CA ID: 67566
- 2/22 Bakersfield, CA ID: 67566
- 2/25 Palm Springs, CA ID: 67569
- 2/26 Carlsbad, CA ID: 67569
- 2/27 San Diego, CA ID: 67569

GEORGIA

Suicide & Self-Harm: Stopping the Pain

- 4/24 Macon, GA ID: 69103
- 4/25 Marietta, GA ID: 69103
- 4/26 Decatur, GA ID: 69103

ILLINOIS

Disarming the Suicidal Mind: Evidence-Based Assessment and Intervention

- 2/25 Tinley Park, IL ID: 67558
- 2/26 Northbrook, IL ID: 67558

LOUISIANA

Suicide & Self-Harm: Stopping the Pain

- 3/20 Shreveport, LA ID: 68264
- 3/21 Lafayette, LA ID: 68264
- 3/22 Metairie, LA ID: 68264

MARYLAND

Suicidal Clients and Self-Harm Behaviors: Clinical Strategies to Confidently Address Two of the Most Daunting (and Potentially Lethal) Scenarios You'll Work With

- 2/14 Rockville, MD ID: 67565

MASSACHUSETTS

Suicidal Clients and Self-Harm Behaviors: Clinical Strategies to Confidently Address Two of the Most Daunting (and Potentially Lethal) Scenarios You'll Work With

- 4/3 Hyannis, MA ID: 69105
- 4/4 Taunton, MA ID: 69105
- 4/5 Worcester, MA ID: 69105

MICHIGAN

Disarming the Suicidal Mind: Evidence-Based Assessment and Intervention

- 1/28 Sterling Heights, MI ID: 66716
- 1/29 Ann Arbor, MI ID: 66716

Suicide & Self-Harm: Stopping the Pain

- 3/13 Kalamazoo, MI ID: 68267
- 3/14 Lansing, MI ID: 68267
- 3/15 Grand Rapids, MI ID: 68267

MONTANA

Suicide Assessment and Intervention: Assess Suicidal Ideation & Effectively Intervene in Crisis Situations with Confidence, Composure and Sensitivity

- 3/4 Missoula, MT ID: 68263
- 3/5 Bozeman, MT ID: 68263
- 3/6 Billings, MT ID: 68263

NEW YORK

The Suicidal Client: Identify Suicidal Thoughts, Reduce Suicidal Behaviors, and Effectively Manage Crisis Situations

- 3/19 Buffalo, NY ID: 68246
- 3/20 Rochester, NY ID: 68246
- 3/21 Syracuse, NY ID: 68246

OHIO

Suicide Assessment and Intervention: Assess Suicidal Ideation & Effectively Intervene in Crisis Situations with Confidence, Composure and Sensitivity

- 3/12 Youngstown, OH ID: 68255
- 3/13 Cleveland, OH ID: 68255

PENNSYLVANIA

Suicide Assessment and Intervention: Assess Suicidal Ideation & Effectively Intervene in Crisis Situations with Confidence, Composure and Sensitivity

- 3/11 Pittsburgh, PA ID: 68255

TENNESSEE

Disarming the Suicidal Mind: Evidence-Based Assessment and Intervention

- 3/25 Knoxville, TN ID: 68275
- 3/26 Nashville, TN ID: 68275

VIRGINIA

Suicidal Clients and Self-Harm Behaviors: Clinical Strategies to Confidently Address Two of the Most Daunting (and Potentially Lethal) Scenarios You'll Work With

- 2/13 Winchester, VA ID: 67565
- 2/15 Fairfax, VA ID: 67565

WASHINGTON

Suicide: A New Skills-Based Approach

- 4/10 Spokane, WA ID: 69167
- 4/11 Lynnwood, WA ID: 69167
- 4/12 Tacoma, WA ID: 69167

★ = A webcast is also available this day



GRIEF



Join David Kessler, international grief expert, author and practitioner as he teaches you the art of caring for the grieving. Walk away with the right words and actions to truly be of help to your clients and transform your practice. Don't miss this special opportunity to learn from one of the world's most well-known grief experts!

ARIZONA

David Kessler On Grief and Grieving

- 3/4 Phoenix, AZID: 68316
- 3/5 ★Tucson, AZID: 68316

CALIFORNIA

David Kessler On Grief and Grieving

- 4/29 Sacramento, CAID: 69497
- 4/30 Oakland, CA.....ID: 69497
- 5/1 San Jose, CA.....ID: 69497

COLORADO

David Kessler On Grief and Grieving

- 2/18 Colorado Springs, COID: 67581
- 2/19 ★Boulder, CO.....ID: 67581
- 2/20 Denver, COID: 67581

NEW YORK

2-Day Comprehensive Grief Certificate Course: Assessment and Interventions for Grief, Loss and Mourning

- 4/25 Manhattan, NYID: 69022

IFS (INTERNAL FAMILY SYSTEMS)

Revolutionize your clinical work with the Internal Family Systems (IFS) therapy model. IFS has been adopted by thousands of respected senior practitioners around the world, including Dr. van der Kolk, the world's leading expert in trauma, who has stated that IFS is a treatment method that all clinicians should know.

CALIFORNIA

Internal Family Systems Therapy (IFS): 2-Day Experiential Workshop

- 2/21 ★Sacramento, CAID: 68637

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 3/25 Palm Springs, CAID: 68745
- 3/26 Temecula, CAID: 68745
- 3/27 San Diego, CA.....ID: 68745

Treating Complex Trauma with Internal Family Systems (IFS): 2-Day Certificate Training

- 1/29 ★Pasadena, CAID: 66740

COLORADO

Treating Complex Trauma with Internal Family Systems (IFS): 2-Day Certificate Training

- 4/4 ★Denver, COID: 68955

FLORIDA

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 2/14 Tampa, FLID: 67620
- 2/15 Orlando, FL.....ID: 67620

★ = A webcast is also available this day

MAINE

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 4/25 Portland, ME.....ID: 68952

MARYLAND

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 2/5 Ellicott City, MD.....ID: 67919

MINNESOTA

Internal Family Systems Therapy (IFS)

- 3/7 Roseville, MN.....ID: 68861
- 3/8 Bloomington, MNID: 68861

NEW MEXICO

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 4/25 Santa Fe, NMID: 68954
- 4/26 Albuquerque, NMID: 68954

NEW YORK

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 1/28 Buffalo, NY.....ID: 66735
- 1/29 Rochester, NYID: 66735
- 1/30 Syracuse, NYID: 66735

OHIO

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 4/25 Columbus, OHID: 68953
- 4/26 Cincinnati, OH.....ID: 68953

OREGON

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 2/21 Eugene, ORID: 67619
- 2/22 Portland, ORID: 67619

TEXAS

Treating Complex Trauma with Internal Family Systems (IFS): 2-Day Certificate Training

- 2/14 ★Houston, TXID: 67616

VIRGINIA

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More

- 2/4 Fairfax, VAID: 67919

MINDFULNESS & MBSR (MINDFULNESS-BASED STRESS REDUCTION)

Bring this safe, powerful and clinically-effective tool into your sessions with trainings that teach you to utilize mindfulness with the specific disorders and therapeutic situations you face each day. Full of real-life case examples, these trainings also provide you with the opportunity to practice the mindfulness skills you learn, giving you the confidence and competence you need to utilize them in your very next session!

ALASKA

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop
3/7 Anchorage, AK ID: 67992

ARIZONA

Mindfulness Certificate Course: 2-Day Intensive Training
4/25 Phoenix, AZ ID: 68984

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop
2/7 Scottsdale, AZ ID: 67549

CALIFORNIA

2-Day Certificate Course: MBSR: Mindfulness Based Stress Reduction
4/4 Anaheim, CA ID: 69023

3-Day Intensive Training: Advanced Mindfulness Certificate Course
4/24 Sacramento, CA ID: 69020

Mindfulness Certificate Course: 2-Day Intensive Training
3/11 Thousand Oaks, CA ID: 67995

COLORADO

Mindfulness Certificate Course: 2-Day Intensive Training
2/11 Denver, CO ID: 67547

FLORIDA

Mindfulness Certificate Course: 2-Day Intensive Training
4/9 Orlando, FL ID: 68986
4/11 Tampa, FL ID: 68986

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop
2/19 Tallahassee, FL ID: 67551
2/21 Jacksonville, FL ID: 67551



HAWAII

Mindfulness Certificate Course: 2-Day Intensive Training
1/28 Honolulu, HI ID: 66758

ILLINOIS

3-Day Comprehensive Training: Advanced Mindfulness Practitioner Certificate Course
4/24 Downers Grove, IL ID: 69130

LOUISIANA

2-Day Certificate Course: MBSR: Mindfulness Based Stress Reduction
2/4 New Orleans, LA ID: 67539

MAINE

Mindfulness Certificate Course: 2-Day Intensive Training
3/27 Portland, ME ID: 67994

MARYLAND

3-Day Intensive Training: Advanced Mindfulness Certificate Course
4/15 Ellicott City, MD ID: 69021

MASSACHUSETTS

3-Day Intensive Training: Advanced Mindfulness Certificate Course
2/4 Dedham, MA ID: 67541

NEVADA

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop
3/14 Las Vegas, NV ID: 67991

NEW JERSEY

100 Brain-Changing Mindfulness Techniques to Integrate Into Your Clinical Practice
4/3 Cherry Hill, NJ ID: 69024

Mindfulness Certificate Course: 2-Day Intensive Training
2/25 Parsippany, NJ ID: 67548

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop
4/11 Edison, NJ ID: 68982

NEW MEXICO

3-Day Intensive Training: Advanced Mindfulness Certificate Course
2/25 Albuquerque, NM ID: 67542

NORTH CAROLINA

Mindfulness Certificate Course: 2-Day Intensive Training
4/24 ★Charlotte, NC ID: 68985

OREGON

3-Day Intensive, Experiential Certificate in Mindfulness, Yoga & Meditation: Applications for Mental Health Clinical Practice
2/27 Portland, OR ID: 67647

Mindfulness Certificate Course: 2-Day Intensive Training
3/7 Portland, OR ID: 67990

PENNSYLVANIA

100 Brain-Changing Mindfulness Techniques to Integrate Into Your Clinical Practice
4/1 Lancaster, PA ID: 69024
4/2 King of Prussia, PA ID: 69024

★ = A webcast is also available this day

YOGA

Discover yoga-based interventions that can help regulate the autonomic nervous system and learn how to incorporate these interventions into your psychotherapy session. Through lecture, experiential exercises, video clips and case studies, you will leave the workshop equipped to add elements of yoga to whatever style of therapy you currently practice.

3-Day Intensive Training: Advanced Mindfulness Certificate Course

3/18 Tarentum, PA.....ID: 67984

SOUTH CAROLINA

Mindfulness Certificate Course: 2-Day Intensive Training

4/22 Columbia, SC.....ID: 68985

TEXAS

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop

2/28 Dallas, TX.....ID: 67550

WASHINGTON

Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course: 2-Day Experiential Workshop

4/23 Spokane, WA.....ID: 68983

4/25 ★Seattle, WA.....ID: 68983

WISCONSIN

2-Day Certificate Course: MBSR: Mindfulness Based Stress Reduction

3/7 Brookfield, WI.....ID: 67983

★ = A webcast is also available this day

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ALABAMA

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

3/7 Mobile, AL.....ID: 68277

CALIFORNIA

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

4/24 ★Irvine, CA.....ID: 69113

4/25 Ontario, CA.....ID: 69113

4/26 Sherman Oaks, CA.....ID: 69113

Tai Chi in Mental Health Clinical Practice

2/6 Sacramento, CA.....ID: 67599

2/7 Oakland, CA.....ID: 67599

2/8 San Jose, CA.....ID: 67599

FLORIDA

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

2/18 Gainesville, FL.....ID: 67556

2/20 Tampa, FL.....ID: 67556

2/22 Orlando, FL.....ID: 67556

IOWA

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

3/6 Davenport, IA.....ID: 68278

3/7 Cedar Rapids, IA.....ID: 68278

3/8 Des Moines, IA.....ID: 68278

MARYLAND

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

4/22 Timonium, MD.....ID: 69111

4/24 Columbia, MD.....ID: 69111

4/26 Annapolis, MD.....ID: 69111

Yoga & Mindfulness: Clinical Interventions for Anxiety, Depression and Trauma

1/31 Hagerstown, MD.....ID: 66652

MISSISSIPPI

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

3/6 Jackson, MS.....ID: 68277

3/8 Biloxi, MS.....ID: 68277

MONTANA

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

2/20 Missoula, MT.....ID: 67557

2/21 Bozeman, MT.....ID: 67557

2/22 Billings, MT.....ID: 67557

NEW JERSEY

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

2/22 Cherry Hill, NJ.....ID: 67555

OHIO

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

3/25 Cincinnati, OH.....ID: 68276

3/26 Columbus, OH.....ID: 68276

3/27 Cleveland, OH.....ID: 68276

OREGON

3-Day Intensive, Experiential Certificate in Mindfulness, Yoga & Meditation: Applications for Mental Health Clinical Practice

2/27 Portland, OR.....ID: 67647

PENNSYLVANIA

Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

2/20 Langhorne, PA.....ID: 67555

2/21 King of Prussia, PA.....ID: 67555

Yoga & Mindfulness: Clinical Interventions for Anxiety, Depression and Trauma

2/1 ★Harrisburg, PA.....ID: 66652

VIRGINIA

Yoga & Mindfulness: Clinical Interventions for Anxiety, Depression and Trauma

1/30 Winchester, VA.....ID: 66652

★ = A webcast is also available this day

TRAUMA



Learn the latest advances in trauma treatment and the approaches that can help increase your effectiveness in your work with trauma survivors. Choose from a variety of seminars that offer tools and techniques drawn from the most effective trauma modalities to move trauma survivors and therapy forward.

CALIFORNIA

2-Day: Trauma Conference: The Body Keeps Score-Trauma Healing with Bessel van der Kolk, MD
1/31 ★San Francisco, CAID: 67321

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

4/2 Pasadena, CAID: 69221
4/4 Anaheim, CAID: 69221
4/8 San Diego, CAID: 69221

Transforming Grief & Loss: Strategies for Your Clients to Heal the Past, Change the Present and Transform the Future

1/23 Palm Springs, CAID: 66707
1/24 Temecula, CAID: 66707
1/25 San Diego, CAID: 66707

COLORADO

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
1/31 Denver, COID: 66752

The New Rules for Treating Trauma: Integrating Neuroscience to Rewire the Brain
4/24 Fort Collins, COID: 68933
4/25 Boulder, COID: 68933
4/26 Aurora, COID: 68933

CONNECTICUT

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
2/11 Cromwell, CTID: 67598

FLORIDA

2-Day: Trauma Treatment Certificate Course: Comprehensive Strategies and Customizable Interventions for Enhanced Recovery
1/21 ★Tampa, FLID: 66641

GEORGIA

Trauma & Attachment: Effective Treatment Strategies for Helping Challenging Clients
2/27 Marietta, GAID: 67678
2/28 Decatur, GAID: 67678

ILLINOIS

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
2/19 Northbrook, ILID: 67590
2/21 Tinley Park, ILID: 67590
2/27 ★Rockford, ILID: 67592

Counseling Grief Clients: Functional Interventions for Everyday Use

4/9 Northbrook, ILID: 69018
4/10 Oak Brook, ILID: 69018
4/11 Oak Lawn, ILID: 69018

Treat Anxiety, Trauma, Addiction & Depression through Bibliotherapy: Powerful Poems, Stories & Journaling Techniques to Rewire the Brain

4/1 Oak Lawn, ILID: 68980
4/2 ★Naperville, ILID: 68980
4/3 Schaumburg, ILID: 68980

INDIANA

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
3/11 Indianapolis, INID: 68405

IOWA

Counseling Grief Clients: Functional Interventions for Everyday Use
1/16 Cedar Rapids, IAID: 66715
1/17 Des Moines, IAID: 66715

KENTUCKY

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
4/23 Louisville, KYID: 69219

MAINE

Counseling Grief Clients: Functional Interventions for Everyday Use
3/20 Portland, MEID: 67986

The New Rules for Treating Trauma: Integrating Neuroscience to Rewire the Brain
2/15 Portland, MEID: 67617

MARYLAND

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
1/17 Ellicott City, MDID: 66751
2/18 Frederick, MDID: 67597

Trauma, PTSD & Complicated Grief: Effective Assessments and Immediate Interventions for Children, Adolescents and Adults

4/10 Frederick, MDID: 68935
4/11 College Park, MDID: 68935

MASSACHUSETTS

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
3/5 Dedham, MAID: 68408
3/7 Taunton, MAID: 68408

Grief Treatment: Current Evidence Based Approaches to Care Across the Lifespan
1/16 Woburn, MAID: 66784
1/17 Waltham, MAID: 66784
1/18 Dedham, MAID: 66784

Trauma & Attachment: Effective Treatment Strategies for Helping Challenging Clients
1/29 Woburn, MAID: 66760
1/30 Waltham, MAID: 66760
1/31 Dedham, MAID: 66760
3/27 Springfield, MAID: 68363

MINNESOTA

2-Day: Shattered Self Certificate Program
4/25 ★Bloomington, MNID: 68951

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
2/11 Bloomington, MNID: 67595

MISSOURI

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference
3/14 St Louis, MOID: 68406

NEBRASKA

Counseling Grief Clients: Functional Interventions for Everyday Use
1/18 Omaha, NEID: 66715

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NEW HAMPSHIRE

Counseling Grief Clients: Functional Interventions for Everyday Use

3/21 Manchester, NHID: 67986

The New Rules for Treating Trauma:

Integrating Neuroscience to Rewire the Brain

2/14 Manchester, NHID: 67617

NEW JERSEY

Accelerated Resolution Therapy for Trauma: Rapid Recovery with a New Approach to Rewire Traumatic Images and Memories

3/22 Cherry Hill, NJID: 68238

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

3/11 Parsippany, NJID: 68409

The New Rules for Treating Trauma:

Integrating Neuroscience to Rewire the Brain

1/16 Parsippany, NJID: 66739

1/17 Edison, NJID: 66739

1/18 Princeton, NJID: 66739

NEW YORK

2-Day Certificate Course: Treating Trauma in Intimate Relationships - Healing the Trauma Legacy in Couples Therapy

2/11 ★Manhattan, NYID: 67629

2-Day: Complex Trauma: Healing the Fragmented Selves and Overcoming Self-Alienation

3/19 ★Manhattan, NYID: 68825

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

3/7 Ronkonkoma, NYID: 68410

3/11 Nanuet, NYID: 68410

Trauma & Attachment: Effective Treatment Strategies for Helping Challenging Clients

3/28 Albany, NYID: 68363

3/29 Poughkeepsie, NYID: 68363

OHIO

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

4/8 Cleveland, OHID: 69224

OKLAHOMA

Trauma & Attachment: Effective Treatment Strategies for Helping Challenging Clients

4/18 Oklahoma City, OKID: 68934

OREGON

2-Day: Shame and Self-Loathing in the Treatment of Trauma

4/25 ★Portland, ORID: 68950

Transforming Grief & Loss: Strategies for Your Clients to Heal the Past, Change the Present and Transform the Future

4/1 Eugene, ORID: 68981

4/2 Portland, ORID: 68981

PENNSYLVANIA

2-Day: Shattered Self Certificate Program

3/28 King of Prussia, PAID: 68742

Accelerated Resolution Therapy for Trauma: Rapid Recovery with a New Approach to Rewire Traumatic Images and Memories

3/21 King of Prussia, PAID: 68238

Certified Clinical Trauma Professional - Level 2: Three-Day Trauma Competency Conference

4/3 Pittsburgh, PAID: 69225

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

2/21 Harrisburg, PAID: 67597

RHODE ISLAND

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

2/14 Providence, RIID: 67598

TENNESSEE

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

4/25 Brentwood, TNID: 69219

TEXAS

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

4/11 Austin, TXID: 69226

Trauma & Attachment: Effective Treatment Strategies for Helping Challenging Clients

4/16 Dallas, TXID: 68934

4/17 Plano, TXID: 68934

UTAH

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

4/11 Salt Lake City, UTID: 69222

VERMONT

Counseling Grief Clients: Functional Interventions for Everyday Use

3/22 Burlington, VTID: 67986

The New Rules for Treating Trauma: Integrating Neuroscience to Rewire the Brain

2/13 Burlington, VTID: 67617

VIRGINIA

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

1/14 Arlington, VAID: 66751

The New Rules for Treating Trauma:

Integrating Neuroscience to Rewire the Brain

3/18 Norfolk, VAID: 68663

3/19 Richmond, VAID: 68663

Trauma, PTSD & Complicated Grief: Effective Assessments and Immediate Interventions for Children, Adolescents and Adults

4/12 Fairfax, VAID: 68935

WASHINGTON

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

3/18 Seattle, WAID: 68407

3/21 Spokane, WAID: 68407

Grief Treatment: Current Evidence Based Approaches to Care Across the Lifespan

2/6 Spokane, WAID: 67540

2/7 Lynnwood, WAID: 67540

2/8 Tacoma, WAID: 67540

Transforming Grief & Loss: Strategies for Your Clients to Heal the Past, Change the Present and Transform the Future

4/3 Vancouver, WAID: 68981

WISCONSIN

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

2/25 Wauwatosa, WIID: 67592

Counseling Grief Clients: Functional Interventions for Everyday Use

2/26 Appleton, WIID: 67544

2/27 Madison, WIID: 67544

2/28 Brookfield, WIID: 67544

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Nutritional psychology is an emerging field outlining how nutrients can affect mood and behavior. Attend one of these seminars and you will discover the nutrients most essential to help treat your clients and simple strategies that can be integrated with other clinical interventions.

ALABAMA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 3/25 Huntsville, AL ID: 68422
- 3/26 Birmingham, AL ID: 68422
- 3/27 Montgomery, AL ID: 68422
- 4/2 Mobile, AL ID: 69081

ARKANSAS

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 2/20 Jonesboro, AR ID: 67381
- 2/21 Little Rock, AR ID: 67381
- 2/22 Fayetteville, AR ID: 67381

FLORIDA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 1/28 Tallahassee, FL ID: 66926
- 1/29 Gainesville, FL ID: 66926
- 1/30 Jacksonville, FL ID: 66926
- 4/3 Pensacola, FL ID: 69081

GEORGIA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 3/6 Savannah, GA ID: 68420

IDAHO

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 4/1 Boise, ID ID: 69082

ILLINOIS

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 2/27 Arlington Heights, IL ID: 67385
- 2/28 Downers Grove, IL ID: 67385
- 3/1 Orland Park, IL ID: 67385

IOWA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 2/25 Cedar Rapids, IA ID: 67380
- 2/26 Des Moines, IA ID: 67380

★ = A webcast is also available this day

KANSAS

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 3/11 Wichita, KS ID: 68421
- 3/12 Topeka, KS ID: 68421
- 3/13 Overland Park, KS ID: 68421

MASSACHUSETTS

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 4/24 Woburn, MA ID: 69079
- 4/25 Waltham, MA ID: 69079
- 4/26 Dedham, MA ID: 69079

MISSISSIPPI

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 4/1 Biloxi, MS ID: 69081

NEBRASKA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 2/27 Omaha, NE ID: 67380

NEVADA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 4/3 Las Vegas, NV ID: 69082

NEW YORK

Emotional Eating, Chronic Dieting, Bingeing and Body Image: What Every Clinician Needs to Know

- 4/1 Plainview, NY ID: 69227
- 4/2 ★Flushing, NY ID: 69227
- 4/3 Manhattan, NY ID: 69227

NORTH CAROLINA

Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 2/25 Asheville, NC ID: 67386
- 2/26 Charlotte, NC ID: 67386
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Nutritional and Integrative Interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD

- 3/7 Charleston, SC ID: 68420
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TEXAS

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- 4/25 Pearland, TX ID: 69240
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- 1/31 Yakima, WA ID: 66722
- 2/1 Kennewick, WA ID: 66722
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KENTUCKY

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- 2/27 San Antonio, TX.....ID: 67391
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- 2/7 Cincinnati, OH.....ID: 67376

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Legal and Ethical Issues in Behavioral Health in New Jersey

- 3/6 Hasbrouck Heights, NJID: 68300
- 3/7 Parsippany, NJID: 68300
- 3/8 Tinton Falls, NJID: 68300

NORTH CAROLINA

Ethical Principles in the Practice of North Carolina Mental Health Professionals

- 4/24 Raleigh, NCID: 69037
- 4/25 Winston-Salem, NCID: 69037
- 4/26 ★Charlotte, NCID: 69037

NORTH DAKOTA

North Dakota Legal and Ethical Issues for Mental Health Clinicians

- 3/11 Bismarck, NDID: 68295
- 3/12 ★Fargo, NDID: 68295

OHIO

Legal & Ethical Issues in Behavioral Health in Ohio

- 2/13 Cleveland, OHID: 67328
- 2/14 Columbus, OHID: 67328
- 2/15 Cincinnati, OHID: 67328

OKLAHOMA

Boundary Setting in Clinical Practice: The Best Ethical Practices

- 4/1 Tulsa, OKID: 69042
- 4/2 Oklahoma City, OKID: 69042

★ = A webcast is also available this day

* Please check with your state licensing board for specific ethics CE hour requirements and restrictions.

OREGON

Oregon Legal and Ethical Issues for Mental Health Clinicians

- 2/4 Eugene, OR ID: 67332
2/5 ★Portland, OR ID: 67332

PENNSYLVANIA

Ethics 2.0: When Clinical Goes Digital

- 2/18 Erie, PA ID: 67559
2/19 Altoona, PA ID: 67559
2/20 Pittsburgh, PA ID: 67559

RHODE ISLAND

Rhode Island Mental Health & The Law - 2019

- 4/5 Warwick, RI ID: 69026

SOUTH DAKOTA

South Dakota Legal and Ethical Issues for Mental Health Clinicians

- 3/13 ★Sioux Falls, SD ID: 68294

TENNESSEE

Legal and Ethical Issues in Behavioral Health in Tennessee

- 4/15 Nashville, TN ID: 69031

TEXAS

Boundary Setting in Clinical Practice: The Best Ethical Practices

- 4/3 Dallas, TX ID: 69042

Texas Mental Health & The Law - 2019

- 3/8 San Antonio, TX ID: 68293
3/22 Houston, TX ID: 68291

UTAH

Utah Legal and Ethical Issues for Mental Health Clinicians

- 4/22 Salt Lake City, UT ID: 69025

VIRGINIA

Ethical Principles in the Practice of Virginia Mental Health Professionals

- 2/20 Roanoke, VA ID: 67326
2/21 Richmond, VA ID: 67326
2/22 Norfolk, VA ID: 67326
3/27 Charlottesville, VA ID: 67326
3/28 Winchester, VA ID: 67326
3/29 Fairfax, VA ID: 67326

WASHINGTON

Legal and Ethical Issues with Technology in Mental Health

- 3/5 Lynnwood, WA ID: 68298
3/6 Tacoma, WA ID: 68298
3/8 Spokane, WA ID: 68298

WISCONSIN

Wisconsin Mental Health & The Law - 2019

- 2/7 Pewaukee, WI ID: 67334

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Earn up to 22 CE Hours! Event ID: 68823

May 13-17, 2019

Mindfulness & Meditation in Clinical Practice Retreat: 5-Day Certificate Program

Featuring: Terry Fralich, LCPC

Earn up to 22 CE Hours! Event ID: 68869



Sedona Mago Retreat Center • Sedona, Arizona

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Nutritional and Integrative Medicine for Mental Health Professionals: 5-Day Certification Retreat

Featuring: Leslie Korn, PH.D., MPH, LMHC

Become a Certified Mental Health Integrative

Medicine Provider (CMHIMP) and Earn up to 23 CE Hours! Event ID: 67177

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Certified Clinical Trauma Professional Retreat: 6-Day Certificate Program

Featuring: Eric Gentry, PH.D., LMHC

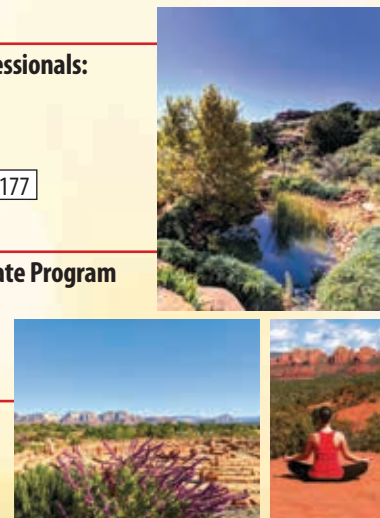
Earn up to 25 CE Hours! Event ID: 67937

September 24-29, 2019

Yoga and Meditation Retreat: 6-Day Certificate Program

Featuring: Mary NurrieStearns, MSW, LCSW, RYT and Rick NurrieStearns

Earn up to 27 CE Hours! Event ID: 67939



EarthRise at IONS • Petaluma, California

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Hypnosis for Trauma & PTSD Retreat: 5-Day Certificate Program

Featuring: Carol Kershaw, Ed.D. & Bill Wade, M.Div., LPC, LMFT

Earn up to 22 CE Hours! Event ID: 67941

September 25-29, 2019

Yoga & Art Therapy Retreat: 5-Day Certificate Program

Featuring: Ellen G. Horovitz, ATR-BC, LCAT, E-RYT, C-IAYTC

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ALASKA

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Adolescents
4/25 Anchorage, AK.....ID: 69200

ARIZONA

Attachment Centered Play Therapy: Repair Relational Trauma and Build Secure Attachment to Accelerate Family Treatment
2/7 Tucson, AZ.....ID: 68447
2/8 ★Phoenix, AZ.....ID: 68447

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults
3/27 Tucson, AZ.....ID: 68464
3/28 Scottsdale, AZ.....ID: 68464
3/29 Phoenix, AZ.....ID: 68464

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors
1/28 Tucson, AZ.....ID: 66630
1/29 Scottsdale, AZ.....ID: 66630
1/30 Phoenix, AZ.....ID: 66630

★ = A webcast is also available this day

Special Education Law in Arizona

4/10 Flagstaff, AZ.....ID: 68976
4/11 Phoenix, AZ.....ID: 68976
4/12 Tucson, AZ.....ID: 68976

ARKANSAS

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults
2/6 Jonesboro, AR.....ID: 67631
2/7 Little Rock, AR.....ID: 67631
2/8 Fayetteville, AR.....ID: 67631

Play Therapy: Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!
3/13 Jonesboro, AR.....ID: 68685
3/14 Little Rock, AR.....ID: 68685
3/15 Fayetteville, AR.....ID: 68685

Trauma Informed Compassionate Classrooms: Strategies to Reduce Challenging Behavior, Improve Learning Outcomes and Increase Student Engagement
4/24 ★Jonesboro, AR.....ID: 68979
4/25 Little Rock, AR.....ID: 68979
4/26 Fayetteville, AR.....ID: 68979

CALIFORNIA

2-Day: Yoga and Art Therapy: Interventions for Anxiety and Mood Disorders
3/28 Anaheim, CA.....ID: 68114

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Adolescents
2/14 San Diego, CA.....ID: 67881
2/18 Irvine, CA.....ID: 67881

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!
1/30 Thousand Oaks, CA.....ID: 66661
1/31 Ventura, CA.....ID: 66661
2/1 Santa Barbara, CA.....ID: 66661

Attachment Focused Play Therapy: Theraplay® Techniques to Transform Your Most Challenging, Resistant & Dysregulated Children
3/5 Sacramento, CA.....ID: 68130
3/6 Oakland, CA.....ID: 68130
3/7 Palo Alto, CA.....ID: 68130

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults
4/10 Bakersfield, CA.....ID: 69098
4/10 San Jose, CA.....ID: 69462
4/11 Palo Alto, CA.....ID: 69462
4/11 San Luis Obispo, CA.....ID: 69098
4/12 San Francisco, CA.....ID: 69462
4/12 Santa Barbara, CA.....ID: 69098

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed
2/27 Sacramento, CA.....ID: 67676
2/28 Oakland, CA.....ID: 67676
3/1 San Jose, CA.....ID: 67676

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors
3/6 Temecula, CA.....ID: 68138
3/7 Carlsbad, CA.....ID: 68138
3/8 San Diego, CA.....ID: 68138
3/18 San Jose, CA.....ID: 68141
3/19 Walnut Creek, CA.....ID: 68141
3/20 Oakland, CA.....ID: 68141

Smart But Scattered: Executive Dysfunction at Home and at School
3/11 Sherman Oaks, CA.....ID: 68145
3/12 Anaheim, CA.....ID: 68145
3/13 Irvine, CA.....ID: 68145





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COLORADO

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches For the Most Challenging Behaviors

- 4/1 Grand Junction, CO ID: 68966
- 4/2 Colorado Springs, CO ID: 68966
- 4/3 Denver, CO ID: 68966

CONNECTICUT

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

- 3/4 Bridgeport, CT ID: 68462
- 3/5 Rocky Hill, CT ID: 68462

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 4/23 Bridgeport, CT ID: 68969
- 4/24 Hartford, CT ID: 68969

Special Education Law in Connecticut

- 4/3 Cromwell, CT ID: 68977

FLORIDA

Art Therapy: 77 Creative Interventions for Challenging Children who Shut Down, Meltdown, or Act Out

- 4/16 Miami, FL ID: 69191
- 4/17 Orlando, FL ID: 69191
- 4/18 Tampa, FL ID: 69191

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

- 4/22 West Palm Beach, FL ID: 69359
- 4/23 Ft Lauderdale, FL ID: 69359
- 4/24 Miami, FL ID: 69359

GEORGIA

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Teens

- 2/14 Decatur, GA ID: 67481

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

- 2/6 Athens, GA ID: 67901
- 2/7 Marietta, GA ID: 67901
- 2/8 Decatur, GA ID: 67901

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

- 4/8 Macon, GA ID: 68972
- 4/9 Atlanta, GA ID: 68972
- 4/10 Norcross, GA ID: 68972

Therapeutic Art Interventions: Creative Techniques for Challenging Children Who Act Out, Melt Down or Shut Down

- 3/27 Athens, GA ID: 68105
- 3/28 Roswell, GA ID: 68105
- 3/29 Atlanta, GA ID: 68105



HAWAII

2-Day: High Functioning Autism: Proven and Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults AND Mental Health Issues in the Classroom

- 3/12 Honolulu, HI ID: 68579
- 3/13 Honolulu, HI ID: 68579

2-Day: Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors AND Executive Dysfunction: Effective Strategies & Interventions for Children & Adolescents

- 4/15 Honolulu, HI ID: 68956
- 4/16 Honolulu, HI ID: 68956

IDAHO

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

- 1/30 Boise, ID ID: 66756

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 2/19 Boise, ID ID: 67249

ILLINOIS

1-2-3 Magic: 3-Step Discipline for Calm, Effective & Happy Parenting

- 3/8 ★Lisle, IL ID: 68435

2-Day: ADHD Certificate

- 4/29 ★Schaumburg, IL ID: 69494

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Adolescents

- 1/29 Schaumburg, IL ID: 66659
- 1/31 Orland Park, IL ID: 66659

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

- 3/14 ★Springfield, IL ID: 68479

Improving Executive Functions with George McCloskey, Ph.D.: Strategies for Children, Adolescents and Adults

- 2/20 Tinley Park, IL ID: 67243
- 2/21 Northbrook, IL ID: 67243
- 2/22 Downers Grove, IL ID: 67243

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

- 1/30 Waukegan, IL ID: 66755
- 1/31 Rockford, IL ID: 66755
- 2/1 Bourbonnais, IL ID: 66755
- 2/11 Arlington Heights, IL ID: 67600
- 2/12 Lisle, IL ID: 67600
- 2/13 Tinley Park, IL ID: 67600

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches For the Most Challenging Behaviors

- 2/4 Springfield, IL ID: 67244
- 2/5 Peoria, IL ID: 67244
- 2/6 Bradley, IL ID: 67244

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 2/25 Rockford, IL ID: 67245
- 2/26 Waukegan, IL ID: 67245
- 3/19 Orland Park, IL ID: 68139
- 3/20 Downers Grove, IL ID: 68139
- 3/21 Northbrook, IL ID: 68139

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

- 4/24 Peoria, IL ID: 68973
- 4/25 Bourbonnais, IL ID: 68973
- 4/26 Rockford, IL ID: 68973

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CHILDREN & ADOLESCENTS

Self-Regulation in Children: Keeping the Body, Mind and Emotions on Task in Children with Autism, ADHD or Sensory Disorders

- 3/27 Rockford, ILID: 68695
- 3/28 Bourbonnais, ILID: 68695
- 3/29 Peoria, ILID: 68695

Special Education Law in Illinois

- 2/1 Northbrook, ILID: 67255
- 2/7 Oak Brook, ILID: 67255
- 2/27 Tinley Park, ILID: 67255

Trauma and Attachment in Children and Families: Play, Art and CBT to Reduce Symptomology and Repair Connection

- 2/11 Orland Park, ILID: 67487
- 2/12 Lisle, ILID: 67487
- 2/13 ★Arlington Heights, ILID: 67487

Trauma Informed Compassionate Classrooms: Strategies to Reduce Challenging Behavior, Improve Learning Outcomes and Increase Student Engagement

- 4/15 Tinley Park, ILID: 68978
- 4/16 Downers Grove, ILID: 68978
- 4/17 Northbrook, ILID: 68978

INDIANA

1-2-3 Magic: 3-Step Discipline for Calm, Effective & Happy Parenting

- 4/5 ★Carmel, INID: 69091

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 1/28 South Bend, INID: 66619
- 1/29 Merrillville, INID: 66619
- 1/30 Indianapolis, INID: 66619
- 2/11 Evansville, INID: 67246

IOWA

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

- 4/10 Davenport, IAID: 69133
- 4/11 Cedar Rapids, IAID: 69133
- 4/12 Des Moines, IAID: 69133

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KANSAS

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

- 2/11 Wichita, KSID: 67601
- 2/12 Topeka, KSID: 67601
- 2/13 Overland Park, KSID: 67601

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 3/5 Wichita, KSID: 68140
- 3/6 Topeka, KSID: 68140

KENTUCKY

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 2/12 Louisville, KYID: 67246
- 2/13 Lexington, KYID: 67246

LOUISIANA

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Adolescents

- 3/28 Metairie, LAID: 68113

Executive Function in the Classroom: 30 Cognitive-Motor Activities to Improve Attention, Memory & Self Regulation

- 2/20 Lafayette, LAID: 67531
- 2/21 Baton Rouge, LAID: 67531
- 2/22 Metairie, LAID: 67531

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

- 4/10 Shreveport, LAID: 69134
- 4/11 Lafayette, LAID: 69134
- 4/12 Metairie, LAID: 69134

MAINE

Interventions to Improve Executive Functions with George McCloskey, Ph.D.: Evidence Based Strategies to Change Behavior

- 4/1 Portland, MEID: 68965

Self-Regulation Interventions for the Classroom

- 4/12 Portland, MEID: 69100

MARYLAND

Art Therapy: Hands-on Approaches to Assessment, Diagnosis and Treatment

- 1/30 Towson, MDID: 66664
- 1/31 Columbia, MDID: 66664
- 2/1 Annapolis, MDID: 66664

Changing the ADHD Brain: Moving Beyond Medication

- 4/3 Towson, MDID: 69019
- 4/4 Columbia, MDID: 69019
- 4/5 Bowie, MDID: 69019

Play Therapy for Young Children: Innovative Attachment-Based Interventions to Treat Behavioral and Sensory Challenges

- 2/20 ★Frederick, MDID: 67534
- 2/21 Rockville, MDID: 67534

MASSACHUSETTS

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

- 2/6 Wakefield, MAID: 67640
- 2/7 Waltham, MAID: 67640
- 2/8 Dedham, MAID: 67640

LGBTQ Youth: Clinical Strategies to Support Sexual Orientation and Gender Identity

- 2/6 Hyannis, MAID: 67478
- 2/7 Taunton, MAID: 67478
- 2/8 Worcester, MAID: 67478

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 3/18 Peabody, MAID: 68137
- 3/19 Waltham, MAID: 68137
- 3/20 Dedham, MAID: 68137

Special Education Law in Massachusetts

- 2/1 Taunton, MAID: 67256
- 2/7 Springfield, MAID: 67256
- 2/27 Woburn, MAID: 67256
- 3/7 Natick, MAID: 67256

MICHIGAN

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Teens

- 4/25 Grand Rapids, MIID: 69194

Changing the ADHD Brain: Moving Beyond Medication

- 3/6 Grand Rapids, MIID: 67985
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**Art Therapy: Creative Interventions for Kids
with Trauma, Anxiety, ADHD and More!**
2/13 Duluth, MN ID: 67484
2/14 Roseville, MN ID: 67484
2/15 Bloomington, MN ID: 67484

**Autism: De-Escalate Meltdowns and Diffuse
Explosive Behaviors in Children and Adolescents**
3/13 St Cloud, MN ID: 68603
3/14 Roseville, MN ID: 68603
3/15 Bloomington, MN ID: 68603

**Classroom Management for Mental Health
and Behavioral Issues: Surefire Solutions to
Help Students with Autism, ODD, ADHD and
Other Challenges Thrive at School**
1/28 Mankato, MN ID: 66753
1/29 ★Roseville, MN ID: 66753
1/30 Bloomington, MN ID: 66753

**Mental Health Issues in the Classroom:
Practical Strategies for Helping Children and
Adolescents Succeed**
3/21 Rochester, MN ID: 68243
3/22 Mankato, MN ID: 68243

**Oppositional, Defiant & Disruptive Children
and Adolescents: Non-medication Approaches
to the Most Challenging Behaviors**
4/15 Duluth, MN ID: 68968
4/16 Roseville, MN ID: 68968
4/17 Bloomington, MN ID: 68968

**The Healing Power of Play Therapy: Advance Your
Trauma Treatment with Children & Adolescents**
3/21 ★Roseville, MN ID: 68485
3/22 Bloomington, MN ID: 68485

MISSISSIPPI

**Art Therapy: Creative Interventions for Kids
with Trauma, Anxiety, ADHD and More!**
2/6 Tupelo, MS ID: 67485
2/7 Jackson, MS ID: 67485
2/8 Biloxi, MS ID: 67485

**Over 75 Quick "On-The-Spot" Techniques for
Children and Adolescents with Emotional and
Behavior Problems**
3/18 Biloxi, MS ID: 68142
3/19 Jackson, MS ID: 68142
3/20 Tupelo, MS ID: 68142

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MISSOURI

**An Intensive 2-Day Workshop on: Treating
Anxiety Disorders in Children & Adolescents**
4/25 St Louis, MO ID: 69196

**Art Therapy: Creative Interventions for Kids
with Trauma, Anxiety, ADHD and More!**
3/15 St Louis, MO ID: 68479

**Oppositional, Defiant & Disruptive Children
and Adolescents: Non-medication Approaches
to the Most Challenging Behaviors**
3/7 Kansas City, MO ID: 68140

NEBRASKA

**Oppositional, Defiant & Disruptive Children
and Adolescents: Non-medication Approaches
For the Most Challenging Behaviors**
3/1 Kearney, NE ID: 68133
3/4 Omaha, NE ID: 68133
3/5 Lincoln, NE ID: 68133

NEVADA

**Mental Health Issues in the Classroom:
Practical Strategies for Helping Children and
Adolescents Succeed**
2/1 Las Vegas, NV ID: 66756

**Oppositional, Defiant & Disruptive Children
and Adolescents: Non-medication Approaches
to the Most Challenging Behaviors**
2/21 Las Vegas, NV ID: 67249

NEW HAMPSHIRE

**Interventions to Improve Executive Functions
with George McCloskey, Ph.D.: Evidence Based
Strategies to Change Behavior**
4/2 ★Manchester, NH ID: 68965

Self-Regulation Interventions for the Classroom
4/11 ★Manchester, NH ID: 69100

NEW JERSEY

**Therapeutic Art Interventions for Children and
Teens: Creative Ways to Calm Anxiety, Reduce
Social Withdrawal, & Diffuse Anger and Rage**
3/1 Cherry Hill, NJ ID: 67482

**Art Therapy: Hands-on Approaches to
Assessment, Diagnosis and Treatment**
2/27 South Plainfield, NJ ID: 67486
2/28 Princeton, NJ ID: 67486
3/1 Eatontown, NJ ID: 67486

**High-Functioning Autism: Proven & Practical
Interventions for Challenging Behaviors in
Children, Adolescents & Young Adults**
3/18 Fairfield, NJ ID: 68463
3/19 ★Edison, NJ ID: 68463
3/20 Spring Lake, NJ ID: 68463

Mental Health Issues in the Classroom
3/8 Cherry Hill, NJ ID: 68240

**Oppositional, Defiant & Disruptive Children
and Adolescents: Non-medication Approaches
to the Most Challenging Behaviors**
4/4 Parsippany, NJ ID: 68970
4/5 South Plainfield, NJ ID: 68970

**Over 75 Quick "On-The-Spot" Techniques for
Children and Adolescents with Emotional and
Behavior Problems**

4/18 Cherry Hill, NJ ID: 68974

**Section 504 in New Jersey: An Updated Guide
to Identifying & Planning for Students with
Disabilities in the Schools**

2/6 Edison, NJ ID: 67253
2/11 Cherry Hill, NJ ID: 67253
2/22 Parsippany, NJ ID: 67253

**Self-Regulation in Children: Keeping the Body,
Mind and Emotions on Task in Children with
Autism, ADHD or Sensory Disorders**

3/6 Parsippany, NJ ID: 68609
3/7 Edison, NJ ID: 68609
3/8 Spring Lake, NJ ID: 68609

**Yoga and Mindfulness in the Classroom: Tools
to Improve Self-Regulation, Learning and
Classroom Climate**

1/28 Eatontown, NJ ID: 66634
1/29 Edison, NJ ID: 66634
1/30 Fairfield, NJ ID: 66634

NEW MEXICO

**Anxiety Disorders in Children and Adolescents:
Recognizing & Treating the Emerging Epidemic**
3/27 Santa Fe, NM ID: 68111
3/28 Albuquerque, NM ID: 68111

**Art Therapy: Creative Interventions for Kids
with Trauma, Anxiety, ADHD and More!**
2/20 Santa Fe, NM ID: 67483
2/21 Albuquerque, NM ID: 67483

NEW YORK

**2-Day Experiential Workshop: Activity-Based
Mindfulness for Kids**
1/31 Nanuet, NY ID: 66657

**2-Day: Yoga and Art Therapy: Interventions for
Anxiety and Mood Disorders**
4/11 ★Manhattan, NY ID: 69203

**Early Intervention for Autism: A Developmental
Approach to Assessment & Treatment**
2/11 Buffalo, NY ID: 67902
2/12 Rochester, NY ID: 67902
2/13 Syracuse, NY ID: 67902

**High-Functioning Autism: Proven & Practical
Interventions for Challenging Behaviors in
Children, Adolescents & Young Adults**
3/6 White Plains, NY ID: 68461
3/7 Plainview, NY ID: 68461
3/8 Manhattan, NY ID: 68461
4/8 Buffalo, NY ID: 69099
4/9 Rochester, NY ID: 69099
4/10 Syracuse, NY ID: 69099

**Oppositional, Defiant & Disruptive Children
and Adolescents: Non-medication Approaches
to the Most Challenging Behaviors**
2/25 Binghamton, NY ID: 67449
2/26 Albany, NY ID: 67449
2/27 Poughkeepsie, NY ID: 67449
4/3 Nanuet, NY ID: 68970

CHILDREN & ADOLESCENTS

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

- 3/27 Syracuse, NYID: 68144
- 3/28 Rochester, NYID: 68144
- 3/29 Buffalo, NYID: 68144

Smart But Scattered: Executive Dysfunction at Home and at School

- 4/15 White Plains, NYID: 68975
- 4/16 Plainview, NYID: 68975
- 4/17 Manhattan, NYID: 68975

Trauma and Attachment in Children and Families: Play, Art and CBT to Reduce Symptomology and Repair Connection

- 1/30 White Plains, NYID: 66665
- 1/31 Plainview, NYID: 66665
- 2/1 Manhattan, NYID: 66665

Treating Traumatic Stress in Kids: Sensory, Yoga & Mindfulness Techniques to Rewire the Young Brain

- 3/13 Tarrytown, NYID: 68674
- 3/14 Plainview, NYID: 68674
- 3/15 Manhattan, NYID: 68674

Yoga and Mindfulness in the Classroom: Tools to Improve Self-Regulation, Learning and Classroom Climate

- 2/11 Plainview, NYID: 67257
- 2/12 Rockville Centre, NYID: 67257

NORTH CAROLINA

Art Therapy: 77 Creative Interventions for Challenging Children who Shut Down, Meltdown, or Act Out

- 3/19 Charlotte, NCID: 68110
- 3/20 Greensboro, NCID: 68110
- 3/21 Raleigh, NCID: 68110

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 2/4 Asheville, NCID: 67248
- 2/5 Charlotte, NCID: 67248
- 2/6 Greensboro, NCID: 67248

Self-Regulation in Children: Keeping the Body, Mind and Emotions on Task in Children with Autism, ADHD or Sensory Disorders

- 4/3 Raleigh, NCID: 69390
- 4/4 Charlotte, NCID: 69390

OHIO

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

- 3/13 Maumee, OHID: 68478
- 3/14 ★Cleveland, OHID: 68478
- 3/15 Youngstown, OHID: 68478

Autism: De-Escalate Meltdowns and Diffuse Explosive Behaviors in Children and Adolescents

- 4/1 Maumee, OHID: 69096
- 4/2 Beachwood, OHID: 69096
- 4/3 Youngstown, OHID: 69096

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 4/8 Columbus, OHID: 68967
- 4/9 Dayton, OHID: 68967
- 4/10 Cincinnati, OHID: 68967

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

- 2/26 Columbus, OHID: 67251
- 2/27 Dayton, OHID: 67251
- 2/28 Cincinnati, OHID: 67251

OKLAHOMA

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

- 4/26 Oklahoma City, OKID: 69376

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

- 3/4 Oklahoma City, OKID: 68819

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 1/29 Tulsa, OKID: 66629
- 1/30 Oklahoma City, OKID: 66629

OREGON

Executive Function in the Classroom: 30 Cognitive-Motor Activities to Improve Attention, Memory & Self Regulation

- 4/18 Portland, ORID: 69179

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 2/27 Eugene, ORID: 67247
- 2/28 Portland, ORID: 67247

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

- 3/6 Eugene, ORID: 68143
- 3/7 Portland, ORID: 68143

PENNSYLVANIA

2-Day: Trauma and Attachment Issues for Children, Adolescents and Families

- 4/25 King of Prussia, PAID: 69093

Therapeutic Art Interventions for Children and Teens: Creative Ways to Calm Anxiety, Reduce Social Withdrawal, & Diffuse Anger and Rage

- 2/27 Lancaster, PAID: 67482
- 2/28 King of Prussia, PAID: 67482

Mental Health Issues in the Classroom

- 3/6 Lancaster, PAID: 68240
- 3/7 King of Prussia, PAID: 68240

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

- 3/25 Altoona, PAID: 68242
- 3/26 Pittsburgh, PAID: 68242
- 3/27 Erie, PAID: 68242

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

- 3/25 Scranton, PAID: 68136
- 3/26 Allentown, PAID: 68136
- 3/27 Harrisburg, PAID: 68136

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

- 2/13 Erie, PAID: 67250
- 2/14 Pittsburgh, PAID: 67250
- 2/15 Altoona, PAID: 67250
- 4/16 Trevoze, PAID: 68974
- 4/17 King of Prussia, PAID: 68974

Self-Regulation Interventions for Children & Adolescents: Reduce Frustration, Emotional Outbursts & Oppositional Behaviors

- 1/30 Erie, PAID: 66781
- 1/31 Altoona, PAID: 66781
- 2/1 ★Pittsburgh, PAID: 66781

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High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

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Self-Regulation in Children: Keeping the Body, Mind and Emotions on Task in Children with Autism, ADHD or Sensory Disorders

4/5 Columbia, SC.....ID: 69390

TENNESSEE

Trauma Informed Compassionate Classrooms: Strategies to Reduce Challenging Behavior, Improve Learning Outcomes and Increase Student Engagement

3/27 Memphis, TNID: 68146

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TEXAS

Anxiety Disorders in Children and Adolescents: Recognizing & Treating the Emerging Epidemic

3/29 El Paso, TX.....ID: 68111

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

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4/10 San Antonio, TX.....ID: 69189

4/11 Austin, TX.....ID: 69189

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4/24 Dallas, TX.....ID: 69376

4/25 Plano, TXID: 69376

High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

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Mindfulness for the Classroom & School Community: Powerful Strategies to Improve Social Emotional Learning

1/30 Austin, TX.....ID: 66677

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Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

1/31 Arlington, TXID: 66629

3/18 Odessa, TX.....ID: 68134

3/19 Lubbock, TX.....ID: 68134

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Smart But Scattered: Executive Dysfunction at Home and at School

2/11 San Antonio, TX.....ID: 67254

2/12 Austin, TX.....ID: 67254

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Special Education Law in Texas

3/27 San Antonio, TX.....ID: 68592

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UTAH

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

1/31 Salt Lake City, UTID: 66756

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

2/20 Salt Lake City, UTID: 67249

VERMONT

Interventions to Improve Executive Functions with George McCloskey, Ph.D.: Evidence Based Strategies to Change Behavior

4/3 Burlington, VT.....ID: 68965

Self-Regulation Interventions for the Classroom

4/10 Burlington, VT.....ID: 69100

VIRGINIA

An Intensive 2-Day Workshop on: Treating Anxiety Disorders in Children & Adolescents

3/21 Fairfax, VAID: 68112

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

4/24 Roanoke, VA.....ID: 69448

4/25 Richmond, VAID: 69448

4/26 Norfolk, VAID: 69448

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

1/28 Roanoke, VA.....ID: 66631

1/29 Richmond, VAID: 66631

1/30 Norfolk, VAID: 66631

Play Therapy for Young Children: Innovative Attachment-Based Interventions to Treat Behavioral and Sensory Challenges

2/22 Fairfax, VAID: 67534

WASHINGTON

Changing the ADHD Brain: Moving Beyond Medication

2/13 Lynnwood, WAID: 67543

2/14 Bellevue, WA.....ID: 67543

2/15 Tacoma, WAID: 67543

Executive Function in the Classroom: 30 Cognitive-Motor Activities to Improve Attention, Memory & Self Regulation

4/15 Spokane, WAID: 69179

4/16 Lynnwood, WAID: 69179

4/17 Tacoma, WAID: 69179

Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

3/1 Vancouver, WA.....ID: 67247

4/8 Yakima, WAID: 68971

4/9 Kennewick, WA.....ID: 68971

4/10 Spokane, WAID: 68971

Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems

2/6 Spokane, WAID: 67252

2/7 Lynnwood, WAID: 67252

2/8 Tacoma, WAID: 67252

3/8 Vancouver, WA.....ID: 68143

WISCONSIN

Anxiety Disorders in Children and Adolescents: Recognizing & Treating the Emerging Epidemic

2/28 Onalaska, WI.....ID: 67844

3/1 Eau Claire, WI.....ID: 67844

Changing the ADHD Brain: Moving Beyond Medication

1/28 Appleton, WIID: 66701

1/29 Madison, WIID: 66701

1/30 ★Milwaukee, WIID: 66701

Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed

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Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors

2/27 Racine, WIID: 67245

Self-Regulation Interventions for the Classroom

3/13 Appleton, WIID: 68466

3/14 Madison, WIID: 68466

3/15 Brookfield, WI.....ID: 68466

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Mastering Differential Diagnosis with the DSM-5: A Symptom-Based Approach

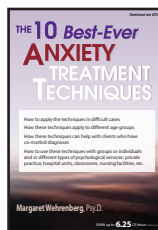
Margaret Bloom, Ph.D.

This advanced seminar is designed specifically for mental health professionals seeking to master clinical diagnosis and differential diagnosis using the DSM-5®, ICD-10 and online assessment tools. The focus is on the key symptoms for each diagnosis, common differential diagnoses and frequent comorbid disorders of anxiety, depressive, trauma-related, substance-related, psychotic and neurodevelopmental disorders.

Item #051225

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The Ten Best-Ever Anxiety Treatment Techniques

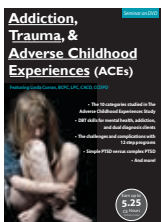
Margaret Wehrenberg, Psy.D.

Learn powerful techniques that cool off worry and challenge faulty cognitions. You can help your clients identify and change the ways they avoid their social anxiety. Margaret Wehrenberg, will present case examples to clarify planned re-entry to triggering situations, handling the stress of preparation and conducting in vivo exposure.

Item #012570

EARN UP TO 6.25 CE HOURS

~~\$199.99~~ **\$149.99**



Addiction, Trauma, & Adverse Childhood Experiences (ACEs)

Linda Curran, BCPC, LPC, CACD, CCDPD and Leading Experts

In this recording, you will learn key insights regarding the neuroscience of addiction from the Adverse Childhood Experiences (ACE) Study, one of the largest investigations of childhood abuse and neglect, and the impact on later-life health and well-being. You will understand the important assessment and treatment implications from neuroscience that show us addiction is experience dependent, not substance dependent.

Item #051500

EARN UP TO 5.25 CE HOURS

~~\$199.99~~ **\$149.99**



Psychopharmacology: What You Need to Know Today About Psychiatric Medications

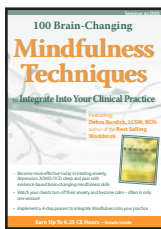
Thomas Smith, PD, LMHC, NCP, FAPA, BCCP

Most Up-To-Date Psychotropic Medication Info: Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before . . . not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information and use it most effectively for your client.

Item #050515

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Emotional Eating, Chronic Dieting, Bingeing and Body Image: What Every Clinician Needs to Know

Judith Matz, MSW, LCSW

This kind of language runs rampant in our society and has no doubt made its way to your office. Clients who struggle with weight and food issues get caught in a vortex of shame, preoccupation and hopelessness. Trapped between the rigidity of dieting and the chaos of overeating, every day can be an emotional battle that may exacerbate or even result in low self-worth, eating disorders, anxiety or depression.

Item #054335

EARN UP TO 6 CE HOURS

~~\$199.99~~ **\$149.99**



Peter Levine PhD on Trauma: How the Body Releases Trauma and Restores Goodness

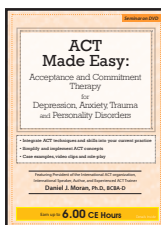
Peter A. Levine, Ph.D.

Representing the full scope of his life's work, Dr. Levine discusses the evolutionary underpinnings of trauma. This recording includes an in-depth review of how trauma is related to the ethnological concept of tonic immobility, as well as the roadmap of the Polyvagal system – a fascinating neurophysiological model for understanding how we shift between the states of fight-or-flight, shutdown, and social engagement.

Item #046460

EARN UP TO 5 CE HOURS

~~\$199.99~~ **\$149.99**



ACT Made Easy: Acceptance and Commitment Therapy for Depression, Anxiety, Trauma and Personality Disorders

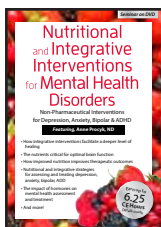
Daniel J. Moran, Ph.D., BCBA-D

Integrating Acceptance and Commitment Therapy into your practice offers a new way for you to achieve positive therapeutic outcomes with difficult-to-treat clients. Experience an exercise and technique-heavy course that will give you the tools needed to more effectively treat clients with depression, anxiety, trauma, and the personality disorders.

Item #047880

EARN UP TO 6.25 CE HOURS

~~\$199.99~~ **\$149.99**



Nutritional and Integrative Interventions for Mental Health Disorders

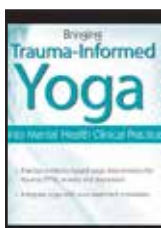
Anne Procyk, ND

Watch Anne Procyk, ND, as she teaches you how to think more holistically about diagnosis, nutritional deficiencies, and hormonal imbalances that may contribute to mental health disorders. Through case analysis, you will experience how addressing core physical and nutritional needs can greatly increase therapeutic results. Complete this recording with the tools and understanding necessary to immediately incorporate these strategies into your clinical practice.

Item #045975

EARN UP TO 6.25 CE HOURS

~~\$199.99~~ **\$149.99**



Bringing Trauma-Informed Yoga into Mental Health Clinical Practice

Debra Premashakti Alvis, Ph.D., RYT

Watch Debra Premashakti Alvis, Ph.D., RYT, in an in-depth training on the principles and practices of trauma-informed yoga, with a special focus on chair yoga postures, yogic breathing exercises, and yoga nidra, the yogic sleep. She is one of the first practitioners to combine yoga with the wisdom of neuroscience and techniques from somatic psychology into a personalized approach for bringing yoga into the session, groups, and yoga classes. The focus of this work is on regulating the client's autonomic nervous system as the groundwork for trauma healing.

Item #052680

EARN UP TO 6 CE HOURS

~~\$199.99~~ **\$149.99**



Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

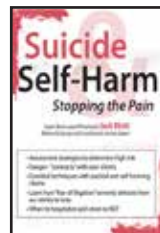
Joe Kort, Ph.D., LMSW

In this workshop, Joe Kort will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

Item #046550

EARN UP TO 6.25 CE HOURS

~~\$199.99~~ **\$149.99**



Suicide & Self-Harm: Stopping the Pain

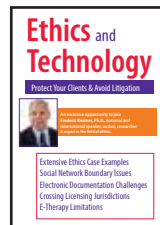
Jack Klott, MSSA, LCSW, CSWW, Suicidologist

Even the most seasoned therapists struggle to develop an empathic view of their clients' devastating methods of managing emotional pain. Learning how to help clients discover the sources of their pain and providing them with healthy options for solving and managing these struggles in their lives is the key to hope. Through case studies observed in his 45 years as a counselor and suicidologist, Jack Klott brings to life the ideas, theories and concepts you need to help your clients.

Item #011110

EARN UP TO 6 CE HOURS

~~\$199.99~~ **\$149.99**



Ethics and Technology: Protect Your Clients and Avoid Litigation

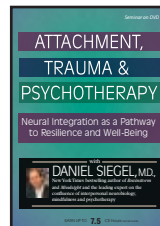
Frederic G. Reamer, Ph.D.

This intense workshop will address emerging issues and a wide range of complex ethical challenges in behavioral health. Through extensive use of case material, Dr. Reamer will move far beyond introductory ethics concepts to investigate ethical dilemmas and challenges related to technology and relationships.

Item #052335

EARN UP TO 6.25 CE HOURS

~~\$199.99~~ **\$149.99**



Attachment, Trauma & Psychotherapy

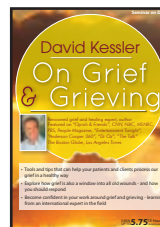
Daniel Siegel, M.D.

Watch Dr. Dan Siegel as he explores the properties of psychological well-being and how new scientific insights are providing us with a deeper understanding of why psychotherapy works. Learn new approaches to clinical assessment that are based on revealing the precise impairment to integration, and offering a new conceptual framework for your clinical practice.

Item #046455

EARN UP TO 6.25 CE HOURS

~~\$199.99~~ **\$149.99**



David Kessler On Grief & Grieving

David Kessler

Join **David Kessler**, international grief expert, author and practitioner and transform your practice, your life, and learn the art of caring for the grieving. You will then know the right words and actions to truly be of help to the dying and grieving.

Item #049945

EARN UP TO 5.75 CE HOURS

~~\$199.99~~ **\$149.99**



EMDR: Step by Step

Linda Curran, BCPC, LPC, CACD, CCDPD

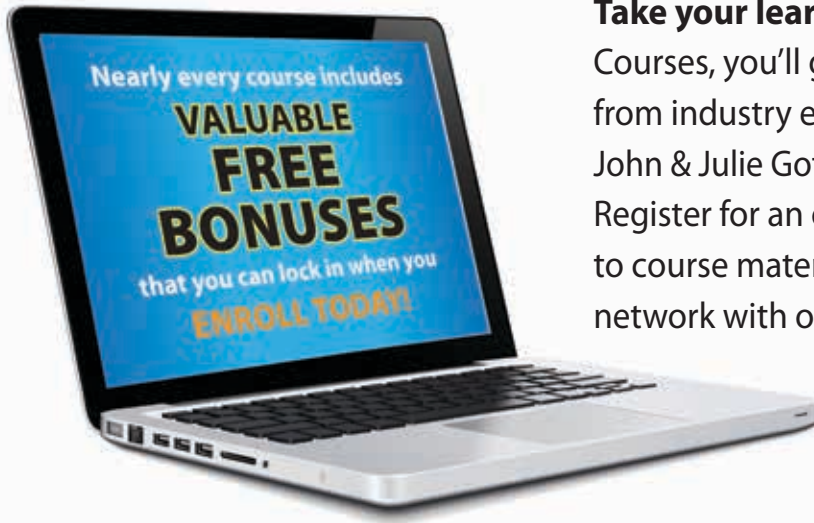
EMDR: Step by Step will provide you with practical strategies for effective implementation of EMDR into your practice. Through in-session demos, instructive commentary, and expert guidance and support, you'll learn to safely and effectively utilize EMDR for traumatic stress treatment.

Item #051150

EARN UP TO 6.25 CE HOURS

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In this intensive CBT certificate course, featuring internationally known CBT expert and author John Ludgate, Ph.D., you'll master the skills and competencies of CBT, preparing you to apply CBT with a wide variety of clinical populations.

Featuring: John Ludgate, Ph.D. & Richard Sears, PSYD, Ph.D., MBA,

ABPP | CRS001223

Earn up to 19 CE Hours

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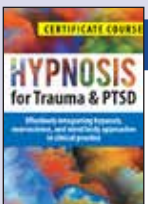
Internal Family Systems (IFS) for Trauma, Anxiety, Depression, Addiction & More

Now is your chance to join IFS creator Richard Schwartz, PhD, and IFS organization chairman Frank Anderson, MD, to learn, step by step, the revolutionary & transformative therapy that works with the various parts that clients find within themselves. This model offers breakthrough healing of trauma, anxiety, depression, substance abuse, eating disorders and more.

Featuring: Dr. Richard Schwartz & Dr. Frank Anderson | CRS001178

Earn up to 13.75 CE Hours

~~\$599.91~~ **\$299.99**



Hypnosis for Trauma & PTSD Certificate Course

Hypnosis is gentle, collaborative and powerful in eliciting lasting change in clients. Now you can join long-time Ericksonian-based practitioners, Drs. Carol Kershaw and Bill Wade, in this **comprehensive certificate course** where they draw on the resource-based approach of **Ericksonian Tradition** as well as modern brain science and neurology to provide you a step-by-step guide for applying hypnosis to your clinical practice.

Featuring: Carol Kershaw, ED.D. & J William Wade, MDIV, LPC, LMFT | CRS001268

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Acceptance and Commitment Therapy (ACT) Intensive Online Course

The transdiagnostic, "third wave" ACT approach is exploding in popularity — because it gets results. In this online training course, you'll join today's leading ACT experts, including Daniel J. Moran, Steven C. Hayes, Kelly G. Wilson and more, to learn how ACT weaves mindfulness strategies with cognitive-behavioral change strategies to revolutionize client outcomes.

Featuring: Steven Hayes, PH.D. & Daniel J. Moran, Ph.D., BCBA-D | CRS001209

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~~\$729.91~~ **\$399.99**



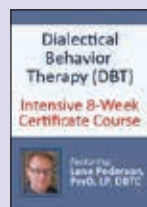
EMDR: Step by Step

Walk the path to trauma resolution - Step by Step. In addition to improved practice outcomes, effective integration of EMDR can lead to the long-term trauma resolution that your clients so desperately desire. Here is your invitation to transform your practice . . . and your clients' lives.

Featuring: Linda Curran, BCPC, LPC, CACD, CCDPD | CRS001000

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Certified Dialectical Behavior Therapy Professional (CDBT) Training: 8-Week Intensive Dialectical Behavior Therapy (DBT) Course

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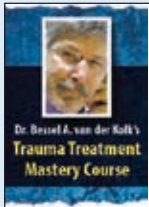
Featuring: Lane Pederson, PSY. D., LP, Jean Eich, PSY. D., LP & Cortney Pederson, MSW, LICSW | CRS001182

Earn up to 31 CE Hours

~~\$959.96~~ **\$499.99**

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In this Trauma Treatment Mastery Course, Dr. van der Kolk offers a brilliant synthesis of evolving neuroscience, trauma research and clinical practices that will help you effectively assess, diagnose and treat trauma and attachment disorders.

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Master the core competencies of trauma, PTSD, grief & loss and become a Certified Clinical Trauma Professional. This training will revolutionize the way you work with trauma survivors and meets the educational requirements for CCTP certification. Plus, get a FREE IATP Membership when you sign up today.

Featuring: Eric Gentry, PH.D., LMHC & Robert Rhoton, PSYD, LPC, D.A.A.E.T.S. | CRS001176

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Peter Levine's Somatic Experiencing, Step by Step: Master the body-oriented approach to trauma and stress disorders

Discover Somatic Experiencing: a life-changing approach to healing that unlocks the change within the client. In this Master Class, experience Somatic Experiencing in action through powerful in-session videos and in-depth, therapist-to-therapist, conversations. Watch Levine demonstrate the essential techniques with three actual clients dealing with deep-rooted trauma, attachment wounds, shame and chronic pain, so you can learn to implement them into your own work.

Featuring: Peter A. Levine, Ph.D. & Richard Simon, Ph.D. | NRS001250

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In this powerfully presented intensive online course, Dr. Parnell combines attachment theory, one of the most dynamic theoretical areas in psychotherapy today, with EMDR to teach you a new way to heal your clients struggling with relational trauma and attachment deficits.

Featuring: Laurel Parnell, PH.D. | CRS001175

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Dr. Robert Rhoton, vice president of the International Association of Trauma Professionals (IATP), will walk you step-by-step through this cutting edge approach of stabilizing families that will improve your outcomes and reduce your client's shame, guilt and judgement that are the lasting results of their trauma.

Featuring: Robert Rhoton, PsyD, LPC, D.A.A.E.T.S. | CRS001138

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Featuring: Leslie Korn, Ph.D., MPH, LMHC | CRS001278

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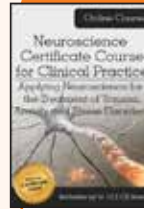
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Featuring: Melanie Greenberg, Ph.D. | CRS001237

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Featuring: John Gottman, Ph.D., Julie Gottman, Ph.D., & Dave Penner, Ph.D. CRS001253

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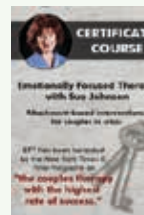
New Ways to Work with Last-Chance Couples with Terry Real: The Relational Life Therapy Approach to Couples Therapy

In this Master Class, you'll learn a new way to help couples on the brink of separation from internationally-recognized therapist Terry Real. Watch Terry in session with Nancy and Dan, a couple on the brink of separation, as he guides them from emotional standoff to vibrant reconnection. Discover the secret to jump-starting compassion and reigniting affection using Terry's Relational Life Therapy (RLT) approach, and witness a dramatic turnaround you won't forget.

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Certificate Course in Emotionally Focused Therapy with Sue Johnson: Attachment-based interventions for couples in crisis

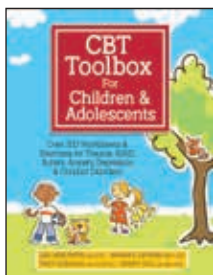
In this comprehensive certificate course, professor, researcher, clinical psychologist, and leading developer of EFT, Dr. Sue Johnson will share with you the science and application of Emotionally Focused Couple Therapy (EFT). Through engaging case studies, in-session videos, and masterfully presented lectures, Dr. Johnson will show you step by step how to apply the most effective, empirically validated EFT interventions to help the couples in your practice grow within their relationships.

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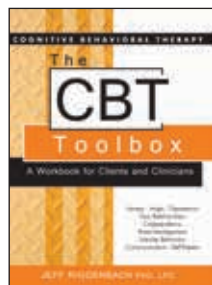
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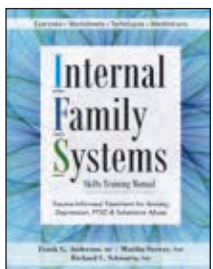
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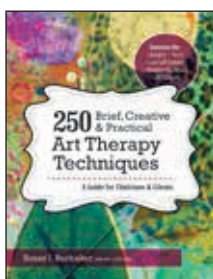
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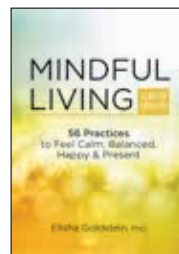
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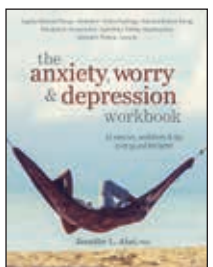
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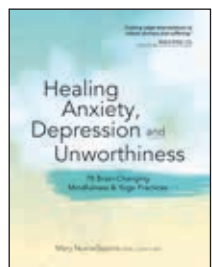
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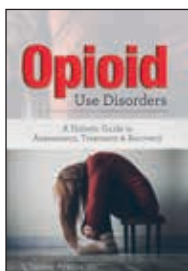
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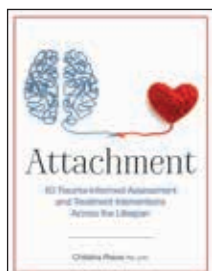
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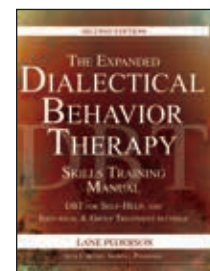
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